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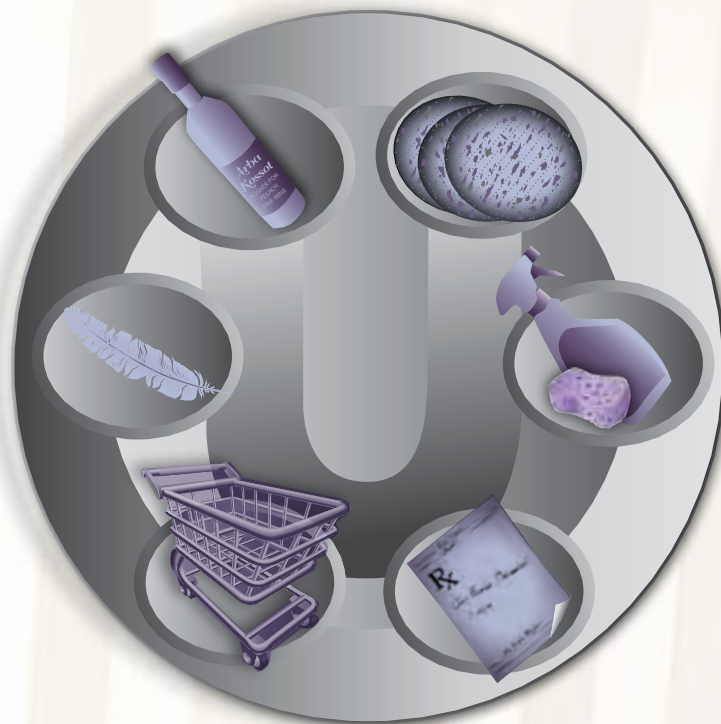
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# OU Guide to Passover



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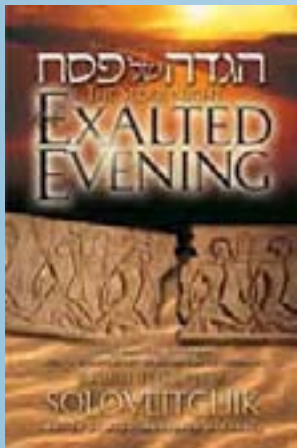
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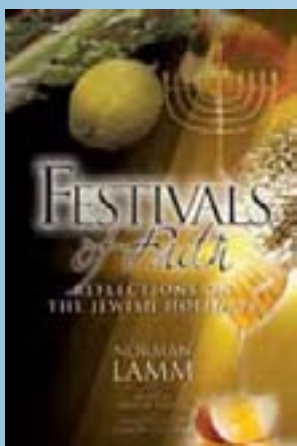


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# HALACHIC TIMES FOR PASSOVER



*EREV PESACH 5773*  
**MONDAY, MARCH 25, 2013**

Where two sets of times are listed, the first column is based on the opinion of Magen Avraham, and the second on that of the Vilna Gaon (Gra). If your city is not listed here, be sure to consult your local Orthodox Rabbi for the times in your area.

	LATEST TIME FOR EATING CHAMETZ (MONDAY MORNING MARCH 25)		LATEST TIME TO ANNUL CHAMETZ (MONDAY MORNING MARCH 25)		CANDLE LIGHTING FIRST NIGHT YOM TOV (MONDAY EVENING MARCH 25)	CANDLE LIGHTING EREV SHABBOS CHOL HAMOED PESACH (FRIDAY EVENING MARCH 29)	CANDLE LIGHTING FIRST NIGHT SHVII SHEL PESACH (SUNDAY EVENING MARCH 31)
	Magen Avraham	Gra	Magen Avraham	Gra			
Atlanta	11:16	11:40	12:29	12:41	7:34	7:37	7:39
Baltimore	10:45	11:09	11:59	12:11	7:05	7:09	7:11
Boston	10:22	10:46	11:36	11:48	6:44	6:48	6:51
Chicago	10:29	10:53	11:43	11:55	6:50	6:55	6:57
Cincinnati	11:16	11:40	12:30	12:42	7:36	7:40	7:42
Cleveland	11:04	11:28	12:18	12:30	7:26	7:30	7:32
Columbus	11:10	11:34	12:24	12:36	7:31	7:35	7:37
Dallas	11:06	11:30	12:19	12:31	7:24	7:27	7:28
Denver	10:38	11:02	11:52	12:04	6:59	7:03	7:05
Halifax	10:52	11:16	12:06	12:18	7:15	7:20	7:22
Hartford	10:29	10:53	11:43	11:55	6:50	6:55	6:57
Houston	11:01	11:25	12:14	12:26	7:18	7:20	7:22
Los Angeles	10:32	10:56	11:45	11:57	6:51	6:54	6:55
Memphis	10:38	11:02	11:51	12:03	6:57	7:00	7:02
Miami Beach	11:00	11:24	12:13	12:25	7:16	7:18	7:18
Milwaukee	10:29	10:53	11:44	11:56	6:52	6:56	6:59
Minneapolis	10:50	11:14	12:05	12:17	7:14	7:19	7:21
Montreal	10:32	10:56	11:47	11:59	6:55	7:01	7:03
New York	10:34	10:58	11:48	12:00	6:55	6:59	7:01
Oak Park	11:11	11:35	12:25	12:37	7:32	7:37	7:39
Orlando	11:04	11:28	12:18	12:30	7:21	7:23	7:24
Philadelphia	10:38	11:02	11:52	12:04	6:59	7:03	7:05
Phoenix	10:07	10:31	11:20	11:32	6:25	6:28	6:30
Pittsburg	10:58	11:22	12:12	12:24	7:19	7:23	7:25
Providence	10:23	10:47	11:37	11:49	6:45	6:50	6:52
Rochester, NY	10:48	11:12	12:02	12:14	7:10	7:15	7:17
San Francisco	10:48	11:12	12:02	12:14	7:08	7:12	7:14
Seattle	10:46	11:10	12:01	12:13	7:11	7:17	7:20
Silver Spring	10:46	11:10	12:00	12:12	7:07	7:10	7:12
St Louis	10:39	11:03	11:53	12:05	6:59	7:03	7:05
Toronto	10:56	11:20	12:10	12:22	7:18	7:23	7:25
Vancouver	10:49	11:13	12:04	12:16	7:15	7:21	7:24
Winnipeg	11:06	11:30	12:20	12:32	7:32	7:38	7:41

# About OU Kosher

BY RABBI AHARON BRUN-KESTLER



**F**OR MILLIONS of consumers and thousands of companies around the world, the federally and internationally protected “OU” symbol is synonymous with kosher certification. The OU is much more than a symbol; it is the premier “go to” source for kosher. Last Passover alone, over 100,000 consumers interacted with OU Kosher in search of guidance and information.

Kosher is interdisciplinary. Kosher is global. From Alaska to Zimbabwe, there are few places OU Kosher has not gone or will not go to service the kosher consumer. The OU functions only through the coordinated efforts of thousands of people worldwide possessing a diverse variety of expertise and abilities. We are called upon to apply age-old questions to the newest technologies; understanding, for example, how the words of the *Talmud* and the *Shulchan Aruch* apply to a modern fermentation process or just how one can kasher a five-story spray drying tower. That knowledge must then be disseminated to both technical and lay people. At the center of this effort are the over 50 Rabbinic Coordinators (Account Executives), each expert in several industries, who make up the OU Kosher World Headquarters in New York.



No less impressive is the in-house professional support structure guaranteeing that the OU provides the most current and accurate data and industry-leading service excellence. The OU maintains the world's largest kosher information database with tens of thousands of entries—chemical compounds, intermediary ingredients, products sorted by brand and type—all at the kosher professionals' fingertips. Through the state-of-the-art OU Direct system, companies have on-line access to kosher "letters of certification", ingredient and product schedules and the ability to update and review information any time of the day or night. Additionally, certified products are listed on the Universal Kosher Database creating a virtual kosher marketplace. The OU staffs' expertise in Jewish law and food technology ensures that questions are answered in a timely manner. No other kosher agency in the world has such a comprehensive infrastructure, and it is why all others are measured against the OU.

The real unsung heroes of OU Kosher are the hundreds of Rabbinic Field Representatives (RFRs) who travel the world monitoring the OU's kosher programs on-site. Often spending weeks away from home (sometimes including Shabbat and holidays) these dedicated professionals crisscross the globe—auditing certified plants, evaluating new facilities, and performing the nuts and bolts work of kosher supervision. It is they who are called on when equipment needs kashering or when a company needs approval of a new source of supply. Without them, there would be no OU Kosher.

OU Kosher works—first and foremost—for the Jewish community. It is not a private business; no individual owns it, no individuals profit from it. A not-for-profit in the classic sense of the word, the money generated from the license of the symbol returns to the community at large in the form of the OU's vital programming. The "OU" is much more than a symbol of kosher certification—it attests to the vitality of the Jewish community.





# PSAGOT

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# Kosher Meat:

## Some Things You Thought You Knew

By Rabbi Seth Mandel

**Surprisingly** little is actually known about the kosher meat and poultry industry—misconceptions abound. While meats are arguably the most sensitive products in the kosher food chain, even many rabbis do not understand some of the issues in kosher meat production. This is not surprising: back in the day animals and chickens were *shechted* and *kashered* in small quantities locally and local rabbis were involved; today production is done in industrial-sized plants that are, for the most part, far from Jewish communities and their local rabbis. Things would be much simpler if only one or two animals/chickens were done at a time, but that would be prohibitively expensive.

It is well known that only certain animals are kosher. But that is just the beginning of the story. Even if the species is kosher, the animal/bird itself must be healthy (there are specific rules about this).

There are major differences between the kosher production of meat and poultry, but first let us address the common requirements: the *shechita*,



*kashering*, and processing. There are many complex rules involved in *shechita*, far beyond just a perfectly sharp knife without nicks. Everyone understands that kosher *shechita* requires a *shochet* with a lot of training, both in the kosher rules and in the technique, so that the cut is made cleanly and painlessly, and the animal bleeds out quickly. Furthermore, *shechita* is physically demanding in an industrial setup. Therefore *shochtim* need to have rest periods. That may necessitate more than one *shochet*, enabling them to rotate.

Some readers may remember their mothers *kashering* chickens at home, which was the norm in the 'old country' and even America, when a housewife would go to a *shochet* and bring home a freshly killed chicken. In those days, women learned how to *kasher* correctly by watching their mothers, just as they learned to cook.

That has disappeared; today most Jews buy their poultry in the kosher store or the supermarket. But *kashering* meat is actually a complex process, and requires a knowledgeable supervisor to oversee all the steps and ensure each is done correctly.



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## Easy Brisket

**PREP TIME** 25 minutes + overnight  
**COOK TIME** 3½ hours  
**SERVES** 12-16

### INGREDIENTS

- 1 5-6 lb. Brisket (First Cut, Second Cut or Whole)
- ½ cup ketchup
- ½ cup blackstrap molasses or brown sugar
- 1 cup red wine, divided
- 1 tablespoon freshly ground black pepper
- 1-2 tablespoons olive oil
- 1 onion, diced

### DIRECTIONS

Preheat oven to 325°F.

Bring meat to room temperature. Pat dry, season with ground pepper. Heat olive oil in a large oven-proof pot or Dutch oven and sear meat on all sides. Remove meat from the pot and set aside.

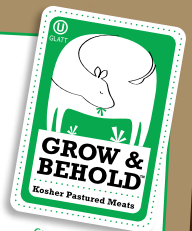
Add more oil if necessary and sauté onions until translucent. Add ½ cup wine, and scrape up browned bits on the bottom of the pot.

In a small bowl, mix remaining ½ cup wine, ketchup and molasses or brown sugar. Add ketchup mixture to pot along with brisket.

Cover pot with lid or use heavy-duty aluminum foil to cover tightly. Roast for 2 hours. Remove pot from the oven, flip brisket, and baste with cooking liquid. Cover pot and return to oven to roast for 1 hour more.

Remove from the oven. Let cool, then refrigerate at least 8 hours or overnight.

To serve, slice brisket and arrange in serving dish. Cover with remaining gravy. Reheat at 300°F for 30 minutes before serving.



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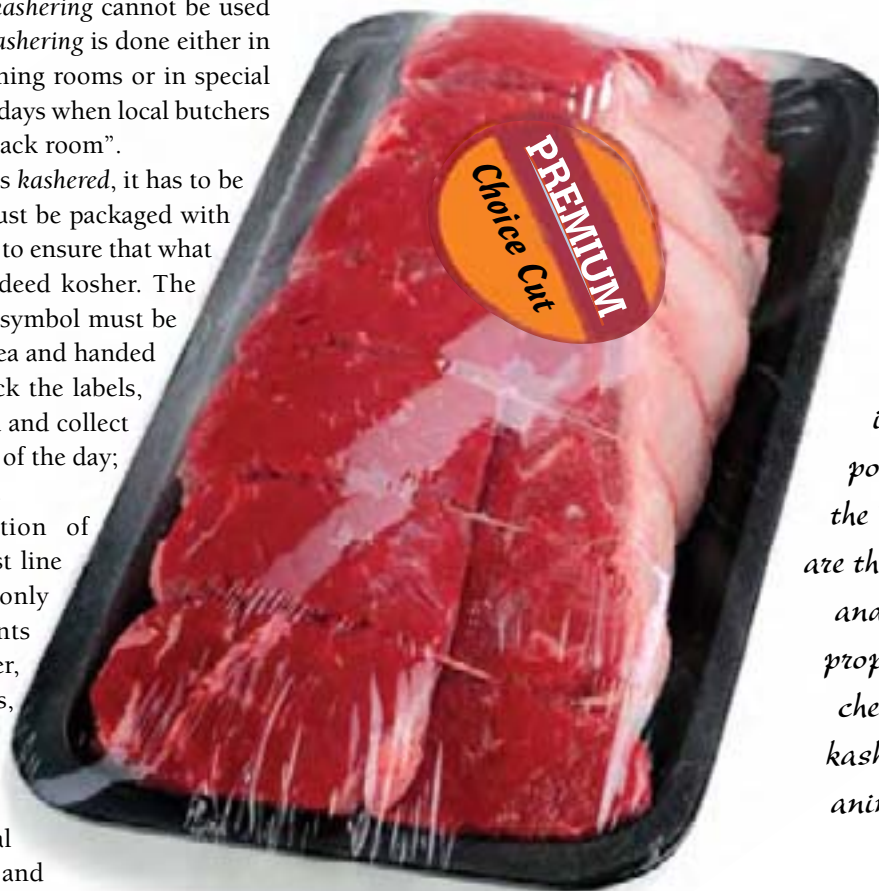
Briefly, the meat/poultry has to first be soaked in water for half an hour, then it must be properly salted from all sides and remain in the salt for an hour, and then washed off thoroughly so that no traces of the salt or blood remain. This requires, in addition to supervision to make sure that every step is done properly, a lot of space and equipment, since some of the equipment used for *kashering* cannot be used for anything else. Today's *kashering* is done either in the slaughterhouse in adjoining rooms or in special facilities. Long gone are the days when local butchers would *kasher* meat in "the back room".

After the meat/poultry is *kashered*, it has to be cut and packaged, and it must be packaged with a *siman kashrut* (kosher seal) to ensure that what the customer receives is indeed kosher. The labels with the certification symbol must be brought to the packaging area and handed out by supervisors who track the labels, supervise how they are used and collect the unused labels at the end of the day; labels cannot be left around.

With kosher production of other kinds of food, the first line of control is making sure only approved kosher ingredients go into the plant. However, in meat and poultry plants, the "ingredients" are the live animals, and only after proper *shechita*, checking, and *kashering* is the animal kosher. All kosher meat and poultry plants, therefore, have non-kosher products in the plant, and an essential element of kosher supervision is how the non-kosher animals, meat and poultry are separated from the kosher. Thus, unless the production is very small and slow, many *mashgichim* may be required.

Kosher poultry production differs from meat production primarily because most poultry is healthy. In a chicken production, only 1%-3% of the birds are usually found to have broken bones or pathologies in their intestines. Sometimes other problems arise, such as tendonitis in chickens or diseased lungs in turkeys, in which case a checking regime for these problems has to be instituted, but that is the exception and not the norm.

In mammals, on the other hand, it is quite normal to find various abnormalities in the lungs. This is true of people as well, but they are not dealt with unless they impede lung function. In animal lungs, however, abnormalities may render the animal not kosher, because they do reflect on the animal's health, even if they are not immediately fatal. For



However, in meat and poultry plants, the "ingredients" are the live animals, and only after proper *shechita*, checking, and *kashering* is the animal kosher.

that reason, the lungs of all mammals are carefully inspected by a trained rabbi, both *in situ* (when the lungs are still in the carcass), and after they have been removed.

The most common abnormalities are adhesions between the lungs and the lung cavity and between various parts of the lungs. Adhesions, called *sirkhos* in Hebrew, can come in all different varieties, from mucous adhesions that come off when they are touched, to fibrous adhesions that are very difficult to peel off and may cause a break in the lung membrane when removed. This is the source of the differences between various "categories" of kosher: *glatt* kosher, *Bet Yosef*, plain kosher. Simply put, "*Bet Yosef*" allows only meat from animals whose *sirkhos*

# Raw Kosher Meat & Poultry for Passover

By Rabbi Moshe Klarberg

Please note that this list is valid only for Passover 5773/2013

**While meat** and poultry in their pristine raw state are inherently *chametz*-free year-round, and should not require any additional special supervision for Passover, contemporary production methods could invalidate the Passover status of even the most simple cut of butchered raw meat.

In some meat packing plants, meat and poultry might be packed on equipment that had previously processed *chametz* products. While cold equipment used with raw product will not have absorbed any *chametz* (kosher law assumes that equipment will absorb only via hot processes), there may be residual *chametz* on the machinery, which could then *chametz*-contaminate the surface of the meat.

In reality, cuts of raw meat can be remedied for Pesach by an effective rinsing of their surface under cold water. Ground meat, though, cannot be sufficiently “cleansed” by rinsing. Furthermore, meat is often processed in grinders that also process *chametz*-containing products such as *kishke*. Without a thorough cleaning of the machinery between different production runs, the ground meat could potentially contain actual *kishke* particles—prohibiting its use for Pesach.

We have compiled a company-by-company directory for retail products from meat packing plants, listing which raw meats may be used on Passover even without an OU-P marking. This list does not address cooked or processed meats, which can never be used without an OU-P designation.

Products from local butcher stores and supermarkets, with the plethora of products (including *Chametz* ones) being processed nearby, cannot be recommended without a special Passover program being in place—even for raw meat and poultry products.

<i>Company</i>	<i>Pesach Status</i>
A&H	Raw unprocessed meat including ground, is acceptable.
A.D. ROSENBLATT	Raw unprocessed products are acceptable.
AGRI ▶ Aaron’s Best ▶ ShorHabor	Raw unprocessed meat and poultry are acceptable, with the exception of ground products.
ALLE PROCESSING ▶ D. Greunspect ▶ Meal Mart	Raw unprocessed meat and poultry are acceptable, with the exception of ground products
DAVID ELLIOTT ▶ Wise Kosher Natural	Raw unprocessed poultry is acceptable, including ground poultry, if produced after September 21 <sup>st</sup> , 2012.
EMPIRE ▶ Malchus ▶ Kosher Valley	All Passover products bear an OU-P, year-round.
FAIRWAY’S	Raw unprocessed products are acceptable, including ground products, if produced after September 24 <sup>th</sup> , 2012.
GROW AND BEHOLD ▶ Sarah’s Spring Chicken	Raw unprocessed meat and poultry are acceptable, with the exception of ground poultry. Ground beef is acceptable, unless otherwise stated on the label.
INTERNATIONAL GLATT ▶ Anash ▶ American Kosher ▶ H.G.I.	Raw beef, veal and lamb are acceptable. Ground meat is acceptable if produced after December 1 <sup>st</sup> , 2012.
KJ POULTRY ▶ Kedas ▶ Koshers Best ▶ Quality Kosher	All raw products are acceptable, including ground products.
KOSHER MEHADRIN	Raw unprocessed poultry, including ground, is acceptable.
MARVID	Raw unprocessed meat excluding ground, is acceptable.
NOAH’S ARK ▶ Fishel’s Glatt L’Mehadrin ▶ Lakewood’s Best ▶ Solomon’s	All raw unprocessed products are acceptable, including ground products.
REAL KOSHER ▶ Good n’ Glatt ▶ Glatt Box ▶ Har Nof ▶ Sagebrush Natural	All raw unprocessed products are acceptable, including ground products.

come off immediately; “Glatt” allows meat from animals whose *sirkhos* come off easily; plain kosher allows meat from animals whose *sirkhos* do not come off easily and need to be peeled off, if they can be, with great care. “Easily,” of course, is not a word so simply defined, but today’s *glatt* refers to a specific standard that all *bodekim* are taught as part of their training, and the standard is the same for almost all productions, whether in America or Israel.

It is obvious that certifying an animal as plain kosher will require a lot more work than certifying only *glatt*, in some cases it may require more than a minute. That is why in large scale productions where there may be 70 or more animals slaughtered an hour, it may not be feasible to do plain kosher, unless you have two *bodekim*, which, of course, increases the expense. Most kashrus agencies only certify *glatt* or *Bet Yosef* for basically this reason: in large productions, one cannot devote the time necessary to make sure the animal is plain kosher as opposed to non-kosher without cutting corners. That is also why consumers understand “*glatt*” as referring to a higher standard: it is, and the consumer is assured that the animal is completely permitted according to Jewish law, even if it is from a fast production. Some *kashrut* agencies, of course, only want to be associated with higher standards, and therefore will only certify *glatt* or *Bet Yosef* as a policy matter. Although only about half of the animals that may meet the plain kosher standard will meet the *glatt* standard, the increased speed makes up for the smaller amount—making the difference in cost almost negligible.

Many consumers ask why it is that the desirable hindquarter cuts are not available as kosher in the United States? Some are under the prohibition of “*gid hanasheh*,” the sciatic nerve and its offshoots referred to at the end of Genesis, Chapter 32. Actually, that is not the case. The sciatic nerve can be easily removed by someone with the proper training. However, there is a forbidden substance called ‘*chelev*’ in Hebrew, roughly corresponding to “suet” in English, which is very strictly forbidden,

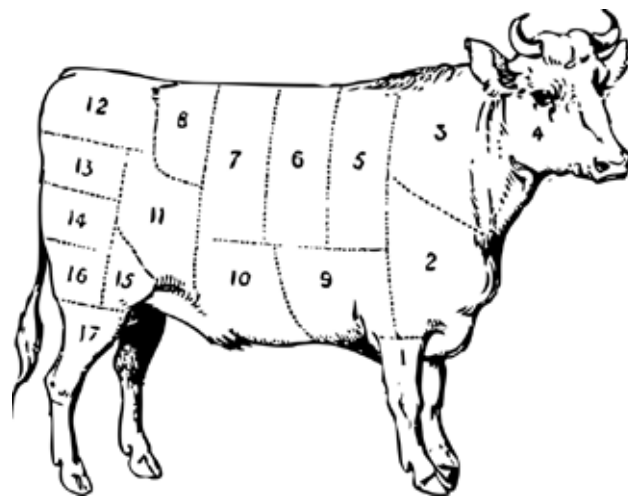
■

*In large scale productions it may not be feasible to do “plain” kosher, unless you have two bodekim, which, of course, increases the expense.*

■

as opposed to regular fat, which is permitted. The *chelev* on the loins is difficult to remove because it extends into the muscle and meat. Furthermore, the cuts it goes into are precisely the cuts most valued by non-kosher consumers (e.g. the sirloin, fillet mignon, T-bone, porterhouse), and removing all the *chelev* would make mincemeat of these cuts. Removing the *chelev* is laborious and time consuming, and requires an expert who has undergone weeks of specialized training and constant monitoring, since even the smallest trace of *chelev* is prohibited. It is much more efficient to let these cuts be

sold to non-Jews, with the *chelev* intact. However, in certain animals, such as deer, there is no *chelev*, and one can have kosher venison, including the



hindquarters, after removing the *gid hanasheh*.

The issue of kosher production is very “meaty,” with much written about it in Jewish law. The purpose of this brief is not to explain all the laws, but to acquaint kosher consumers with many issues not mentioned in the sources, issues that have become relevant in light of current production methods. Large-scale meat and poultry production presents both challenges (administering many kosher personnel, far beyond just the *shochet*), and opportunities (the speed and efficiency resulting in a lower cost to the consumer), far beyond what was the case in the ‘good old days’.

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# My Chametz & Me

## A Long Distance Relationship

By Rabbi Donneal Epstein

With our ever-shrinking globe, a question that was once rare is now very common.

If you are spending Pesach in a different time zone from your home base, how must you deal with selling your chametz

However the rabbis were concerned that human nature being what it is, a person may make this declaration half-heartedly and actually intend to keep his chametz, thereby violating the halacha; as such, they instituted an obligation to search for and destroy all chametz.

If one has large amounts of chametz, one may sell his chametz to a non-Jew prior to the onset of the prohibited time for retaining chametz. Selling chametz is actually mentioned in the Gemara. However, it was not until relatively recently that the universal custom has become to appoint your rabbi as the agent to sell your chametz and having it repurchased following the holiday.

Getting back to our original question, the answer depends upon the following debate: Does the prohibition of owning chametz depend upon where you are—or where your chametz is? Translated into the Brisk methodology—is this prohibition an *issur cheftzah* (object-centric) or an *issur gavrah* (person-centric)?

The *Chesed LAvraham* rules that the prohibition depends upon the owner; the

location of the chametz is irrelevant. However, the *Teshuvot Oneg Yom Tov* contests this and rules that where the chametz is located is the only consideration. (See *Igros Moshe O.C.IV 94* and *Emek Hateshuvah 1:79* who rule in accordance with the former opinion that the physical location of the owner is the only

consideration.)

Current custom is to be stringent in accordance with both opinions.

For example; if you live in New York and travel to Israel for Pesach, many US rabbis will arrange a special early *Mechirat Chametz* so that the Chametz is out of your possession when the holiday starts in Israel. If you've sold through an Israeli-based rabbi instruct him to not repossess your Chametz until the holiday is over in New York.

If you would travel from your home in New York to spend Pesach in California, the prohibition for the Chametz begins earlier than it does for you, the owner. Therefore, you should have your chametz—sold by a New York rabbi, and purchased back for you only after Pesach ends in California (PST).

We eagerly anticipate the entire nation of Israel celebrating together in one time zone, with the final exodus and redemption.



back home? Does it matter if you go to a destination where Pesach begins earlier than where your home and chametz are or if Pesach begins and ends later?

In order to answer these questions we need to explain why chametz is sold. The Torah prohibits us to own or possess chametz on Pesach. There are three *mitzvot* associated with this: 1) The positive *mitzvah* of *Tashbitu*—to destroy your chametz prior to the afternoon of Erev Pesach; 2) *Ba'al Yira'eh*—not seeing chametz; 3) *Ba'al Yimatzeh*—not finding—i.e. not possessing chametz.

According to biblical law, one would be able to fulfill these *mitzvot* (at least the latter two) by performing the verbal declaration called *Bitul Chametz*—nullifying chametz.



# Choco-rific!

# Choco-licious!

THERE ARE FEW FOODS that arouse excitement and stir emotions as passionately as chocolate. Chocolate has been enjoyed for centuries, though developments in the chocolate industry over the years have brought with them unique kosher (and kosher-for-Passover) challenges and opportunities.



The chocolate industry is divided into two basic segments: chocolate makers and confectioners. Chocolate makers are the industrial processors of chocolate from its essential raw materials; confectioners prepare the industrial chocolate for retail sale. Confectioners are the dream makers—to quote Willy

Wonka, they take the processed chocolate and make it into the finished products our children (and we, ourselves) beg for in the store.

To fully appreciate the finished retail chocolate product we enjoy, we have to understand the multiple stages of processing through which chocolate travels as it makes its way to our grocer's shelves.

## Chocolate Makers

Chocolate makers process the raw beans received from growers and add various additions to determine the flavor and richness of the finished product.

Raw *cacao* beans are cleaned and sorted before moving into large roasters. Once roasted, the beans are transferred to de-shelling units and crushing systems to extract cocoa mass or, in its heated state, chocolate liquor. This **bitter chocolate** is composed of 50-60% cocoa butter and 40-



50% cocoa solids; it is sometimes referred to as **unsweetened baking chocolate**. This is unadulterated chocolate: pure, ground, roasted cocoa beans that impart a strong, deep chocolate flavor.

With the addition of more cocoa butter, sugar, lecithin, and vanillin, the product is called **dark chocolate**—or, sometimes, **plain chocolate**.

**Semi-sweet chocolate** is also a form of dark chocolate but with a higher sugar content and often a lower cocoa content than true dark chocolate.

**Bittersweet chocolate** is chocolate liquor to which sugar and more cocoa butter, lecithin, and vanillin have been added. This form has less sugar and more liquor than semi-sweet chocolate.

**Milk chocolate** has added milk powder or condensed milk.

**White Chocolate** is somewhat of a misnomer, as it does not actually contain any cocoa solids at all. So what is it? White chocolate is essentially fat (usually cocoa butter, but sometimes the cocoa butter is further diluted being mixed with vegetable oil) sweetened with sugar.

**Couverture** is a term used for cocoa butter-rich chocolates of the highest quality. These chocolates contain high percentages of chocolate liquor—sometimes 70 percent or more, in addition to the cocoa butter. At least 30 to 40 percent are very fluid when melted and they are generally regarded as having an excellent flavor.

**Compound Chocolate** is the classification for chocolate into which another type of fat or emulsifier has been used in place of or in addition to cocoa butter. This product must be called compound chocolate, never plain chocolate.

The next two steps constitute “the art of chocolate making,” which involves manipulating the crystal structure of the cocoa, fat, and sugar to provide a smooth melt in the mouth. The first step, *refining*, is where fat, cocoa, and sugar are milled to a very fine particle size. The mixture is then





# Choco-kosher?

By Rabbi Kalman Scheiner

subjected to a process called *conching*, considered by chocolatiers to be the true art of the process of making chocolate. Conching involves kneading the chocolate mixture with additional cocoa butter for 24 to 98 hours at temperatures in excess of 150° F to give it its final smoothness and creaminess, and to remove any residual moisture. [The term “conch” is derived from the Latin *concha*, meaning a seashell]. The original *conche* used to process chocolate consisted of a flat granite bed upon which heavy granite rollers attached to steel arms rolled back and forth over the chocolate. These old longitudinal conches looked like shells, hence the name.] Most modern conches vary in construction and use steel rollers, but the essential process of imparting smoothness to the product remains the same.

Chocolate, the seemingly simple confection that literally melts in one’s mouth, achieves its characteristic mouth feel from cocoa butter, which melts at around body temperature. Many chocolate products, however, use alternative fat blends. Such blends are usually less expensive than cocoa butter and allow the manufacturer to change the melting temperature and other characteristics of its product. On the other hand, the definition of chocolate in some European countries is quite broader. Fats and emulsifiers other than cocoa butter may be used in European chocolate. Some European countries choose to use animal fat in their chocolate because of the soft texture that this creates.

While it is now clear that chocolate can possibly contain outright non-kosher material, many of the kosher problems actually lie beneath the surface. For example, vegetable oil-based lecithin would seem to be safe but it may actually contain animal-based additives. For Passover-approved chocolate, lecithin—typically derived



from kitniyot-based oils—needs to be replaced. Whey (a cheese by-product) is commonly used in European chocolate as a replacement for non-fat dry milk. Lactose sometimes is added as a sweetener alongside sugar. Various types of fat-based emulsifiers may be found in chocolate and compound chocolate. These ingredient concerns relate to the chocolate itself. However, even if a chocolate contains no questionable ingredients,

it may still be processed on equipment that is used for non-kosher products. For example, compound chocolate items are often made on the same equipment as real chocolate products. Compound chocolates often contain kosher-sensitive ingredients that can render questionable equipment that may subsequently be used for real chocolate production.

One of the issues relating to chocolate production that necessitates strict kosher supervision is the proper separation and dedication of equipment used to produce milk chocolate and non-dairy parve chocolate. The refiners and conchers used reach temperatures that require the equipment to be designated for either dairy or parve production.

## Confectioners

This is the second branch of the chocolate industry. These companies take the finished bulk liquid or solid chocolate and make it into various forms of chocolate for retail sale. Boxed-chocolate centers are made from a supersaturated solution of sucrose and corn syrup that is blended with other ingredients such as colors or flavors to add diversity.

First, solid chocolate is melted down and heated to reach its proper consistency. Then, *tempering* units prepare the product for depositing into chocolate molds. To temper chocolate, it is heated and cooled under controlled conditions so that a fine, even-grained texture is developed. Typically, chocolate at this stage is not heated above 115° F or cooled below 88° F. As liquid chocolate cools and solidifies, the cocoa butter forms crystals and exactly how those crystals are formed and attach themselves to one another best determines the



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hardened chocolate's sheen, snap and taste. Careful tempering also reduces the tendency of chocolate to *bloom*. Bloom is the fuzzy white haze that forms on the surface of chocolate as cocoa butter melts and recrystallizes.

After the tempering process, the chocolate travels onto enrobers, the depositors or molding areas. Enrobers and depositors may not reach temperatures that require designated equipment for dairy and parve. The challenge is to remove the layers of built up residue that remains on them after repeated use. It may be possible to clean these enrobers, though it requires an especially rigorous cleaning.

One of the peculiarities of chocolate is that water interferes with the crystallization of the cocoa butter. During its processing, the fine particles of chocolate are aligned in a tight matrix with fat. If water is incorporated into chocolate, it will seize and become a hard, brittle mass. Although the taste

of chocolate could be improved by mixing it with milk, fluid milk is over 90% water, so incorporating it into chocolate imposed a serious challenge. Practical Swiss manufacturers were particularly keen on finding a way around this "water-content" obstacle as a means of using their surplus milk. In 1875, a Swiss manufacturer named Daniel Peters discovered the key to a successful milk chocolate process. By using milk *powder*, he was able to produce a coarse, dry milk chocolate bar. By 1897, however, Mr. Peters had perfected a process using *condensed* milk to produce an intermediate product called *milk crumb*. Milk crumb is produced by cooking chocolate liquor with sweetened condensed milk, drying this mixture into a powder, and subsequently blending it with cocoa butter to produce chocolate. Today, most chocolate candy bars in the United States utilize the milk crumb process, while industrial manufacturers generally use powdered milk.

It is of *halachic* interest to note that since fluid milk cannot be used to make milk chocolate, those who follow the opinion of Har Tzvi (Y.D. 103-104) that powdered milk need not be *chalav Yisrael* may have a significant reason to rejoice. Milk chocolate made with powdered milk

would be subject to this *heter*. [This joy should be tempered, however, by the realization that caramels and other fillings used by confectioners often use fluid milk.] There is, however, some discussion among contemporary *poskim* as to whether milk chocolate produced with milk crumb is similarly advantaged.

The inability of chocolate production to tolerate water has another halachic implication.

Many chocolate production systems are used for both milk chocolate and dark (i.e., non-dairy) products. Since water is detrimental to the manufacture of chocolate, kashering

equipment from dairy to parve (or from *chalav akum* to *chalav Yisrael*) poses a formidable challenge. In general, chocolate manufacturers will not allow water on their equipment. Although some rabbinical authorities do allow for non-water kashering of chocolate equipment (i.e. using heated chocolate or cocoa butter), OU policy generally does not permit kashering except with boiling water (or as an alternative heating with an open flame). Consequently, dark chocolate made on equipment used for milk chocolate is marked OU-D.

The second area of these plants is the candy kitchen. Candy coatings and caramel or other ingredients that form the center of enrobed products are cooked in this area. Candy kitchens usually house equipment such as kettles and tables that involve temperatures that would require dedication of equipment to either dairy or parve. If this is not the case, "*kosherization*" with boiling water is required.

Even with all we've outlined above, there is no need for feelings of kosher deprivation. The world's favorite confection, chocolate, is readily available to kosher consumers as dairy (OU-D), parve (OU) and even for Passover (OU-P). Wishing you a choco-licious Pesach.



## Cocoa – No Beans About It

BY RABBI ELI GERSTEN

Ashkenazic custom does not allow eating *kitniyot* (legumes) on Passover. Included in this category are rice, corn and all types of beans. So why are we permitted to eat chocolate on Passover? Is n't chocolate derived from the cacao bean?

Although they are referred to as beans, cocoa beans are not legumes at all. They are the edible seeds of the cacao fruit, which grows on a cacao tree (Theobroma cacao). To better comprehend why this is significant, one has to understand why legumes were forbidden.

Historically, legumes were grown next to fields of grain. The five species of grain (wheat, barley, spelt, rye and oats), which can become *chametz*, would get mixed up among the beans. Additionally, because beans are used to make breads and porridges in a manner similar to the five grains, using *kitniyot* on Passover can lead to possible confusion.

These reasons do not apply to chocolate. Cocoa is not used in a manner similar to flour, nor is it grown, collected and stored in a way that would cause grains to get mixed in. Because cocoa is actually a fruit and not a bean, the restriction of *kitniyot* do not apply. However, this does lead to an interesting discussion in the rabbinic literature as to why in fact we recite a *shehakol* on chocolate and not a *borei pri ha'eitz* (see *Minchas Shlomo* I:91).



By Rabbi Cary A. Friedman

## EXODUS:

# *In the Merit of the*

**L**ast year, a week or so before Pesach, my wife received a greeting card from a friend of hers. It

can't they send them all there?" That tipped me off that something might be wrong here.

The process of preparing for Pesach is an arduous one. *Chametz* is unlike most other forbidden foods in that it is usually permitted and even essential in a Jewish home and a kosher kitchen. Most forbidden foods are always forbidden, and, as a result, are never found in a Jewish home. It takes no special effort to guard a Jewish home from those kinds of forbidden substances. Not so with *chametz*, which—in its more familiar forms of challah, pizza, noodles, cakes, Cheerios and a million other food products—is a staple of our diets and the

foundation of our kitchens. Thus, the process of “turning the kitchen over” and ridding the entire house of any traces of the *chametz* that, during the whole rest of the year, has insinuated itself deeply into our homes and lives is a laborious one. Add young children into the formula

and you have a formidable, daunting challenge.

Preparing for Pesach is a big job, and—let's be honest—most of that big job falls on the woman of the house. As much as we might like to consider ourselves fair-minded and/or considerate and/or modern and/or *halachically* conscientious (choose the description you like best or that offends you least), the preparations don't seem to be divided evenly or proportionately (when one factors in other responsibilities including outside work, child rearing, etc.).

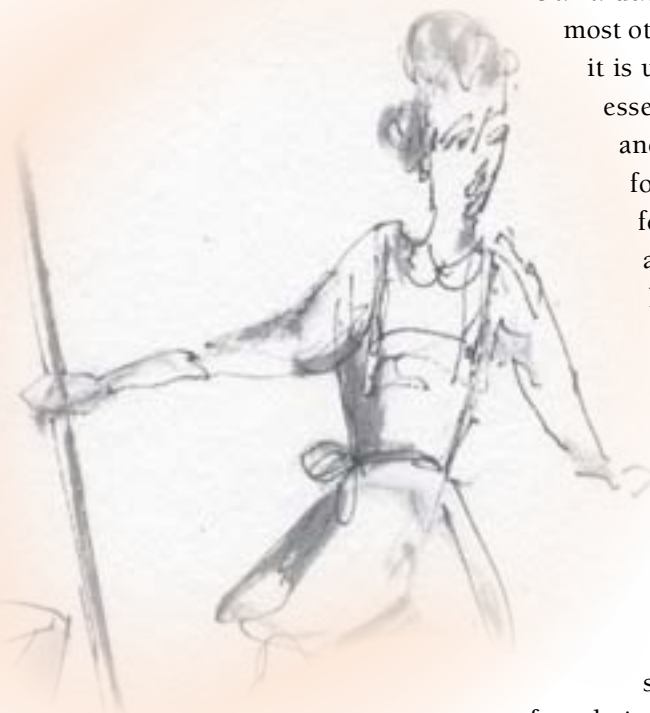
What follows are some thoughts regarding sensitivity and transcending one's lethargy and capacity for excuse making, especially appropriate for this season. You probably already know them all. That's OK—it's a good time for review. All advanced skills are simply mastery of the basics. Here are the basics. Master them.

## *For Women*

- CLARIFY THE HALACHIC OBLIGATION

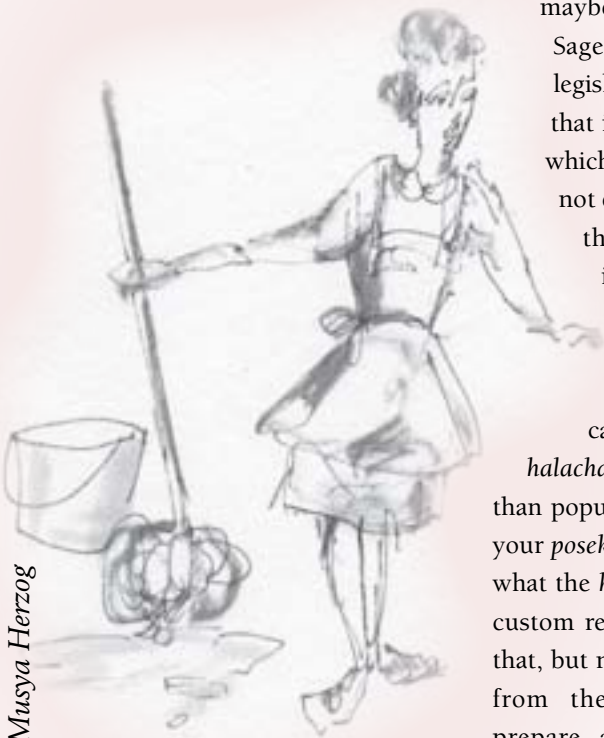
First, do what you have to do, but

was a touching gesture, I thought, a statement of solidarity from one friend to another at that frantic, frenetic, hectic, stress-filled time of year. The card her friend sent? The front page began: “If they can send a man to the moon...” The inside concluded... “Why



# Righteous Women

## *Tips for Pesach Preparation*



Illustrations by Musya Herzog

maybe not more. The Talmudic Sages sometimes refrained from legislating an enactment if they felt that it was a “*chumra* [stringency] which most of the community could not endure”; on a variation of this theme, Rav Scheinberg, zt”l, identified practices regarding cleaning on Pesach that he termed “*kulas* [leniencies] that most of the community cannot withstand”—that is, the *halachah* is often much more lenient than popular common practice is. Ask your *posek* [halachic decisor]—find out what the *halachah* and your communal custom require that you do ... and do that, but not more than that. People—from the noblest of intentions—prepare according to requirements that go above and beyond what the *halachah* would require. If there were no counterbalancing considerations, there would be nothing to say. But

the exhaustion that culminates in an inability to stay awake at the Seder is a considerable consideration, and many prominent *halachic* authorities (including the great 19th century Torah scholar Rav Naftali Tzvi Yehudah Berlin, “the *Netziv*”) caution women against working so hard that they cannot fully participate in the Seder experience.

- DELEGATE

Enlist the help you need. Some women embrace martyrdom during this period and end up nursing hurt feelings and resentments rather than expressing a very reasonable request for help.

### *For Men*

*Abe goes to see his boss and says, “We’re doing some heavy house cleaning at home tomorrow for Pesach and my wife needs me to help with the attic and*



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the garage, moving and hauling stuff.”  
 “We’re short-handed, Abe,” the boss  
 replies. “I just can’t give you the day off.”  
 “Thanks, boss.” says Abe, “I knew I  
 could count on you!”

You have a stake in your wife’s ability  
 to be present and awake at the Seder.  
 That principle espoused by the *Netziv*  
 mentioned earlier is your concern, too.

Your recognition of what your wife  
 is doing—as evidenced by your active  
 involvement and cooperation—  
 can spare your wife a lot  
 of emotional hurt and  
 feelings of resentment,  
 and preempt *shalom bayit*  
 issues that sometimes  
 linger in the home long  
 after the holiday is over.

A group of *halachically*  
 meticulous students  
 came to Rav Yisrael  
 Salanter and asked him  
 what halachic stringencies  
 they should observe in  
 the preparation of the  
 matza for the upcoming  
 holiday. Rav Yisrael gave them  
 one: “Don’t yell at the widows  
 preparing the matza.” Matza-baking

was low-paying seasonal work, and it  
 tended to attract elderly widows trying  
 to supplement their meager incomes.  
 The process of matza-baking is very  
 stressful—the clock is ticking and every  
 second counts—and tempers can flare and  
 patience can run thin. It wasn’t uncommon  
 for people to lose their cool as they urged  
 on the women baking. Matza made in that  
 way lacks a dimension of *kedusha*, Rav  
 Yisrael taught them. That lesson is relevant  
 to us, as well. If we were to ask Rav Yisrael  
 what stringencies to observe in our Pesach  
 preparations today, he would tell us, ‘Do  
 your part, and help your wives.’

#### • EXPRESS GRATITUDE

In addition to your own active  
 involvement in the many preparatory  
 processes, express your gratitude to your

wife, fully and meaningfully, in both words  
 and actions.

Simply saying “Feige, thank you!”  
 out loud, once, does not discharge the  
 obligation of gratitude for countless hours  
 of backbreaking work. Your wife just spent  
 the better part of the last month getting  
 ready; she deserves something more—her  
 dignity and your decency demand it. The  
*halachah* requires that a man buy his wife  
 a gift before *yom tov*—this is true before  
 every *Chag*, of course, but perhaps the  
 gift that precedes Pesach should be more  
 elaborate. And so should the expression  
 of gratitude that accompanies it. The  
 card that comes with the gift is probably  
 more important than the gift. Articulate—  
 clearly and fully—as many aspects of your  
 wife’s extraordinary efforts on behalf of her  
 family as you can recognize, and thank  
 her—sincerely, wholeheartedly—for each  
 and every one. Celebrate her *halachic*  
 integrity and devotion to her family. Do  
 that more than once.

## For Children

#### • DITTO AND DITTO

Children, too, have an obligation  
 to participate in the preparations for  
 Pesach and expressions of gratitude. The  
 yeshivas give time off weeks in advance  
 —ostensibly so the kids can help—and,  
 indeed, they should.

If everyone pulls their weight and  
 acknowledges the herculean efforts of the  
 selfless heroines making it all happen, we  
 make for happier holidays and happier  
 families. It’s the smart thing to do, and it’s  
 the right thing to do ... unless we want to  
 consider an apocalyptic future in which  
 the Jewish women commission NASA to  
 begin construction of huge space arks  
 capable of transporting all the Jewish  
 men to the moon.



#### • DO YOUR PART

Do more of the work; pull your weight.  
 There is a Talmudic principle that might  
 apply here: “One fulfills a greater level  
 of *mitzvah* accomplishment when one  
 participates in the mechanics of performing  
 the *mitzvah* rather than authorizing an  
 agent to do it on his behalf.” The sense of  
 accomplishment in having a *chametz*-free  
 home ... you have to earn that; it doesn’t  
 come for free. Do your proportionate  
 share of the work, after you allow for  
 factors of work, learning, etc. We all have  
 obligations outside the house, agreed, and  
 they take up a significant percentage of our  
 time. But the overriding consideration of  
 the season is the preparation for Pesach,  
 and you have a stake in that, as well. As  
 with all things, a conversation with your  
*posek* will give valuable guidance in how  
 you should allocate your time.

# the Observing Passover Holiday

{No other ceremony or ritual is as beloved or is more widely observed by so many as the Passover Seder...

...yet celebrating Passover properly requires close familiarity with all the laws governing Passover foods, ownership of chametz, preparing the home, and so on.

In this *Guide*, we have provided much of the basic information you will need. However, if you are unsure about any aspect at all of how to observe Passover, or how to make sure your home fully conforms to the Passover requirements, you should not hesitate to ask an Orthodox rabbi for his guidance.

## PASSOVER FAQs

### What is Passover?

Passover is an eight day Jewish holiday, of biblical origin, marking the birth of the Jewish people and their emergence as a unique nation in history, devoted to God's will. It celebrates the liberation of the children of Israel from slavery in Egypt over 3000 years ago, under the leadership of Moses.

### When Does Passover Begin?

According to biblical law, Passover is determined by the Jewish lunar calendar, and begins on the eve of the fifteenth day of the month of Nissan. The English date varies from year to year, falling in March or in April. This year Passover begins Sunday evening, March 25, 2013.

### What Does Kosher for Passover Mean?

During Passover, Jewish law forbids the consumption or possession by Jews of all edible fermented grain products (chametz) or related foods. Therefore, even foods and household products which meet the strict, year-round dietary regulations and are considered kosher, require special preparation for Passover use in the Jewish home in order to be kosher for Passover.

### How Can One Tell if a Product is Kosher for Passover?

Most processed foods and beverages require special rabbinical supervision for Passover use. They must also be kosher for year-round use, and prepared in accordance with all of the regular Jewish dietary laws. Jewish consumers are urged to look for the "ⓄP" or the "Ⓞ Kosher for Passover" designations as an integral part of the product label, or else be familiar with the rabbi or organization giving the Passover endorsement. The mere mention of Kosher for Passover on the label is not a sufficient guarantee of the product's acceptability for Passover use. The largest and most widely respected kosher supervisory agency is the Orthodox Union. Its registered service mark, "ⓄP," on thousands of consumer and industrial food products, is a





guarantee of the highest standards of kashrut for Passover. Processed foods not carrying any rabbinical supervision should be cleared with a rabbi before Passover use.

## What is “Matzah”?

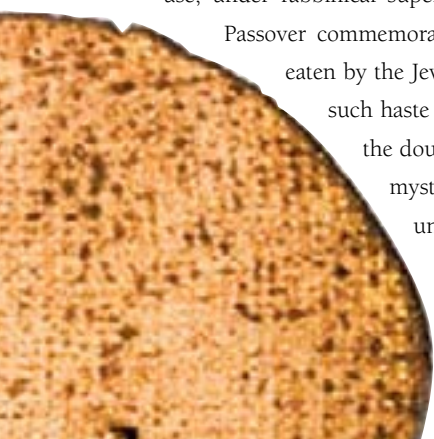
Matzah is a crisp, flat, unleavened bread, made of specifically supervised flour and water, which must be baked before the dough has had time to rise. It is the only type of “bread” which Jews may eat during Passover, and it must be made specifically for Passover use, under rabbinical supervision. Eating matzot on

Passover commemorates the unleavened bread eaten by the Jews when they left Egypt in such haste that there was no time for the dough to rise. There are many mystical concepts tied to the unique relationship between matzot and chametz on Passover. One interpreta-

tion equates matzot with God’s commandments (mitzvot), and *chametz* with sin (*chayt*). The rigorous laws of Passover, in this interpretation, represent the great care that must be taken to follow the Godly path.

## What Special Preparations Must Be Made in the Jewish Home for Passover?

The home must be thoroughly cleaned of all chametz before Passover. Any chametz not removed from a Jew’s premises before Passover should be sold. Jewish law forbids the use of any chametz which remains in a Jew’s possession during Passover, even after the holiday is over. All cooking and eating utensils must be either set aside exclusively for Passover use, or, in some cases, kashered (made kosher) in consultation with a Rabbi, according to the procedures of Jewish law. All of these preparations must be completed by the morning before Passover. See the following section, “Preparing for Passover,” for more specific details.





## What are the Observances for the Period Before Passover Begins?

A ritual search for chametz is conducted Sunday evening, March 24, and the chametz that is found is burned the next morning.

This year Monday, March 25 is a fast day for Jewish firstborn males, in commemoration of the tenth plague, the slaying of the firstborn male Egyptians, which immediately resulted in the Exodus. In many congregations, a special celebration Siyum is conducted, following which participating firstborn males are permitted to break their fast.

## What is the Passover Seder?

The *Seder* is a ritual banquet which reenacts the exodus, conducted on both the first and second eve-

nings of Passover (Monday and Tuesday, March 25 and 26, 2013). Its major feature is the reading of the *Haggadah*, which relates, in detail, the events of the exodus of the Jewish people from ancient Egypt, complete with symbolic reenactments using kosher wine, specially prepared matzot, and bitter herbs. The specially prepared *shmurah* matzot are made specifically for use at the *Seder*, with specially supervised flour according to particularly stringent Jewish traditions and laws. The bitter herbs (*maror*), consisting of either romaine lettuce or horseradish, recall the harsh conditions of slavery in ancient Egypt. Four cups of wine are consumed during the course of the *Seder* to commemorate the redemption of the Jewish people, the sanctity of the holiday and events related in the *Haggadah*. The *Seder* is a traditional occasion for Jewish families to gather together to renew and strengthen their Jewish identities.

## When Do Passover Dietary Laws End?

All Passover dietary laws remain in effect until nightfall of the eighth day of Passover, Tuesday, April 2, 2013. *Chametz* which was in the possession or jurisdiction of a Jew during Passover, in violation of Jewish law, is forbidden for consumption by any Jew even after Passover.

## What Other Restrictions are Applicable on Passover?

Sabbath-like restrictions on work and creative activity, with the exceptions of carrying and the use of fire (with respect to cooking and preparation of food), apply to all Jews on the first two and last two days of Passover. Full Sabbath rules remain in effect on Shabbat Chol Hamoed, March 29 and 30. On the other days of Chol Hamoed, (Thursday, Friday, and Sunday), only nonessential work, activities and crafts, as defined by Jewish law, are prohibited.

## Do Pets Need Kosher for Passover Food?

Since it is forbidden to own or benefit from *chametz* during Passover, food that contains *chametz* may not be fed to pets. However, it is permitted to give pets food that contains *kitniyot*. If one is unable to procure pet food that does not contain *chametz*, some rabbinical authorities allow for a sale, which would transfer to a gentile the ownership and responsibility of caring for the pet. Ask your rabbi for guidance.

## PREPARING for PASSOVER

### Removing Chametz

**1** Prior to Passover, every Jew is required to remove all *chametz* from his home, property, and all premises under his or her jurisdiction (e.g., desk, office, locker, car). Even if one will not be on the premises during Passover, as long as one is there within 30 days of Passover, the obligation to remove all *chametz* before Passover applies. In such cases, one should consult a competent halachic authority and make the necessary arrangements.

**2** To facilitate the removal of *chametz*, each Jew is obligated to conduct a diligent search in all places where *chametz* may have been kept or consumed any time during the preceding year. The specified time for this search this year is Sunday, March 24, 2013 at nightfall (approximately 45 minutes after sunset), traditionally using a feather and the light of a single candle.

If using a candle is impractical or unsafe, a flashlight should be used. However, Passover cleaning in Jewish homes must be started much earlier, as the premises should be clean

by the time the search begins. The blessing is recited before the search begins, and a public disclaimer of ownership of *chametz* (*bitul*) is recited afterward. These texts can be found in most traditional *Haggadot*.

**3** It is permissible to sell *chametz* that has been stored in designated locations, to a non-Jew before the restrictions on *chametz* go into effect on the day before Passover. To comply with the stringent requirements of Jewish law, the sale is conducted by contract through an Orthodox rabbi, who is em-

powered to act as an agent. The sold *chametz* becomes the non-Jew's property until after Passover ends, and

must be treated accordingly. The *chametz* should be locked away until after Passover, when the rabbi repurchases it for the community.

{ For more detailed instructions and guidance, a rabbi should be consulted

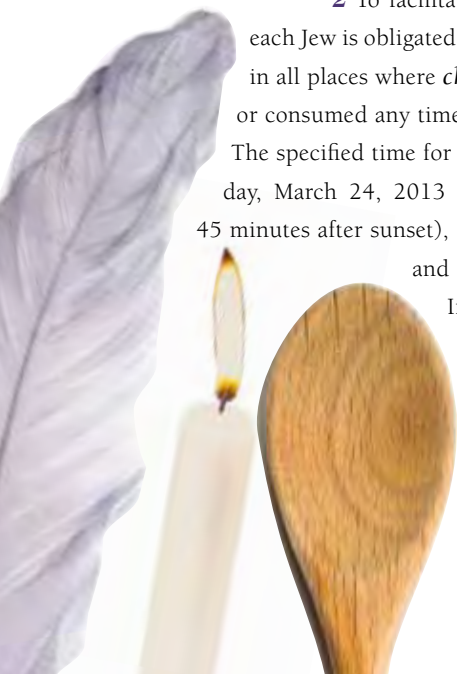
### Utensils For Use on Passover

**1** Jewish law requires special dishes, cooking utensils, glassware, and silverware for Passover use, with separate meat and dairy sets. They can be made of any material, including plastic or paper. Once these are used for *chametz*, they may not be used again on Passover.

**2** If it is not possible to maintain a complete set of separate utensils for Passover, it may be possible to use some year-round utensils for Passover after a special "*kashering*" procedure. "*Kashering*" should only be done under the guidance of an Orthodox rabbi. Metal and wooden utensils, if they can be thoroughly cleaned, may be "*kashered*", but ceramic or earthenware utensils may not be "*kashered*." Procedures for "*kashering*" depend on how the utensil was used during the year. Ask your rabbi for details.

**3** Shelves, countertops and eating surfaces used year-round should be cleaned and covered for Passover use, and special dish racks, sink racks and basins should be used. Cooking surfaces should be thoroughly cleaned and covered.

Ovens should be thoroughly cleaned, and either "*kashered*" by being burnt out (consult your Rabbi for details) or used with a special insert liner.



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## Foods Which May Not be Used on Passover

**1** Any food or food product containing fermented grain products (*chametz*) may not be used or remain in a Jew's possession on Passover. Even foods with minute amounts of *chametz* ingredients, or foods processed on utensils which are used for other *chametz*-containing foods, are not permissible for Passover use.

**2** Ashkenazic Jews, (Jews of European descent) also do not eat many legumes (*kitniyot*) — beans, corn, peas, rice, etc., and products containing them as ingredients throughout Passover, while Sephardic, Yemenite and Oriental



Jewish customs vary from one community to another.

**3** Because of the large number of food products which contain *chametz* or *kitniyot* ingredients, only food products manufactured under reliable rabbinical supervision should be purchased for Passover use. That includes beverages, condiments, spices, and all processed foods such as fruits and vegetables, fish, meat and dairy products, and especially, baked goods.

**4** There are many families which maintain the tradition of additional restrictions to their Passover diet. Some do not eat any food products made of matzah or matzah meal mixed with water (*gebrokts*) during the first seven days of Passover.

## BRIEF GUIDE to the PASSOVER SEDER

### Seder Plate

A special *Seder* plate is displayed during the *Seder*, containing the key symbols of Passover. The plate is carefully prepared and placed before the head of the household, or the one conducting the *Seder*, who dispenses the *Seder* foods to each of the participants. The following items appear on the *Seder* plate:

- > **THREE WHOLE MATZOT** — unleavened “bread” (either on the plate or next to it);
- > **MAROR** — bitter herbs, usually pure horseradish or romaine lettuce;
- > **CHAROSET** — special mixture of apples, nuts, wine and cinnamon symbolizing mortar;
- > **KARPAS** — a vegetable, preferably parsley or celery;
- > **ZEROA** — a piece of roasted or boiled meat or poultry, preferably a shankbone, recalling the Paschal sacrifice of the original Exodus. Before the destruction of the Jerusalem Temple the Paschal sacrifice was the central feature of the *Seder*;
- > **BAYTZAH** — a roasted or boiled egg, commemorating the festival sacrifice that was brought in the Jerusalem Temple. An egg is used because it is a traditional food for mourners, reminding us of the destruction of the Temple in Jerusalem;
- > **OTHER**—There are other items that can be placed on *Seder* plates depending on the customs followed by the family.

### Basic Obligations

There are five basic obligations (*mitzvot*) performed by each Jew, in the course of the *Seder* conducted according to the traditional *Haggadah*:

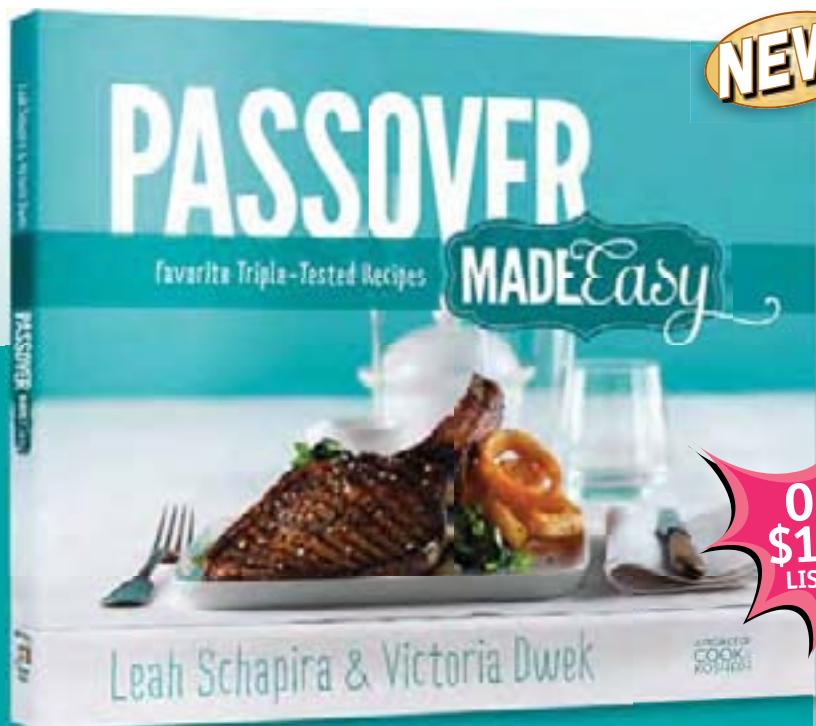
- 1** Eating matzot
- 2** Drinking four cups of wine (*Arbah Kosot*)
- 3** Eating bitter herbs (*maror*)
- 4** Relating the story of the exodus (*Haggadah* or *Maggid*)
- 5** Reciting Psalms of praise (*Hallel*)

### Matzah

**1** There are three times during the course of the *Seder* when matzah must be eaten — at the beginning of the *Seder* meal, when the special blessing over matzah is made,

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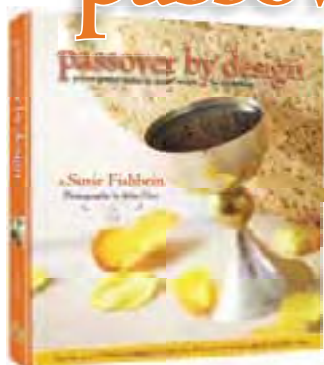
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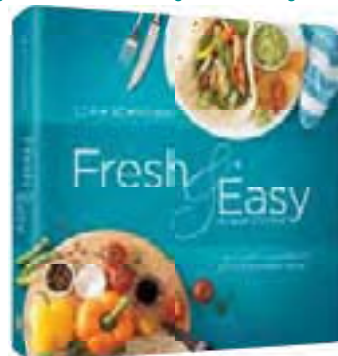
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for *Korech* (Hillel sandwich) together with the *maror*, and at the end of the meal for the *afikoman*.

**2** For the appropriate minimum quantities of matzah, and the time period in which it must be consumed, please refer to the following section on *Shiurim*.

**3** Three unbroken matzot are required for the *Seder* plate for each *Seder*. Each individual must consume the minimum specified quantity of matzah during the course of the *Seder*. If the matzot from the *Seder* plate are insufficient, they should be supplemented by additional matzah.

**4** The matzah is eaten while reclining on the left side as a symbol of freedom. The piece of matzah called *afikoman* should be eaten before midnight, and no solid food should be eaten thereafter.

**5** To fulfill the *mitzvot* of the *Seder*, one should use *shmurah* matzot, which are produced under a special standard of supervision, beginning with the harvest of the grain (rather than with its milling into flour, as with regular matzot for Passover).

**6** According to Ashkenazic practice, matzah made with fruit juice or eggs, including egg matzah, chocolate covered egg matzah, and white grape matzah, are permissible on Passover only for the elderly, sick, or young children who cannot digest regular matzah. Under no circumstances should they be eaten by others at any time during Passover, nor can they be eaten to fulfill the *mitzvot* of the *Seder*. Those who follow Sephardic practice should consult their rabbi.

## Four Cups of Wine

**1** Each Jew is obligated to drink four cups of wine at these specific times during each *Seder*: the first at the start of the *Seder*, following *kiddush*; the second before the meal, after reciting the *Hag-*

*adah* story; the third following the grace after the meal; and the last after completing the Psalms of praise (*Hallel*).

**2** Please consult the following section on *Shiurim* for minimum volumes necessary to be consumed and time limits for each of the four cups.

**3** Red wine is the preferred beverage for use during the *Seder*. If a person has difficulty drinking wine, it may be diluted with kosher grape juice, although some authorities hold that one may dilute the wine with water. If one wishes to dilute the wine with water, an Orthodox Rabbi should be consulted to determine the minimum acceptable proportions. If an individual cannot drink any grape product, then a Rabbi should be consulted on another substitute beverage in order to fulfill the mitzvah of drinking the four cups.

**4** One should drink the wine reclining on the left side, in order to symbolize freedom.

## Bitter Herbs (*Maror*)

**1** Everyone is obligated to eat bitter herbs twice at each *Seder*. According to most authorities, the bitter herbs may consist either of romaine lettuce, horseradish or endives.

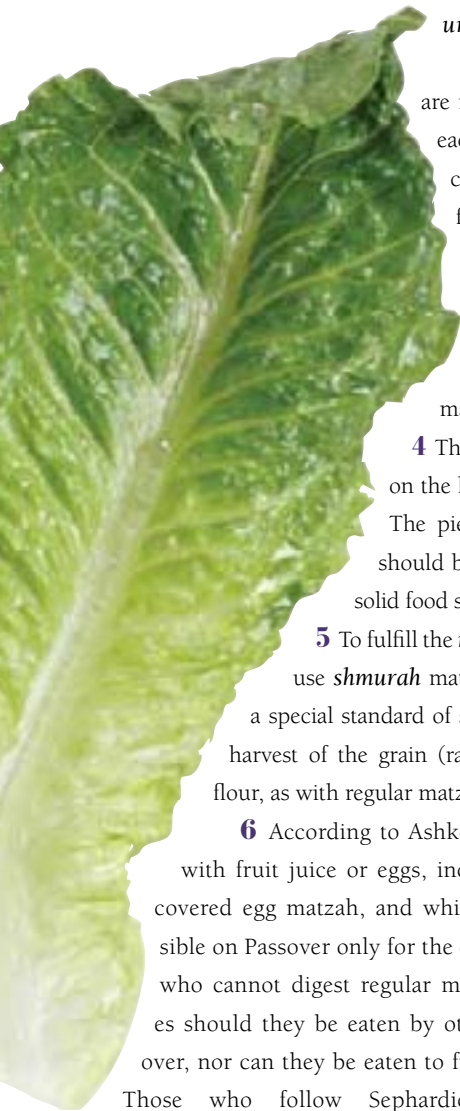
**2** When using romaine lettuce, one may use the stalks or leaves. When horseradish is used, it should be chopped, ground or grated to reduce its strength, but it must be kept covered prior to use so as not to be weakened too much. Cooked or preserved vegetables are not suitable for *maror*; therefore commercially prepared grated horseradish, which is packed in vinegar, may not be used for the mitzvah.

When lettuce is used, it must be cleaned and inspected very carefully to remove the small insects which often are present in its leaves. One way to clean lettuce of insects is to soak it for not more than half an hour in salt water, and rinse it in fresh water before inspection.

**3** The *maror* is dipped in *charoset*, a specially prepared mixture of wine, nuts, cinnamon, and apples, symbolizing the bricks and mortar of ancient Egypt.

**4** Immediately thereafter, a second, smaller volume of *maror* is eaten with matzah in *Korech* (the Hillel sandwich).

**5** Consult the following section on *Shiurim* for the minimum volume of *maror* to be consumed each time and the time limits.



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## Relating the Story of the Exodus and *Hallel*

**1** Most of the unique *Seder* practices are designed to stimulate interest and arouse curiosity in the exodus story. The central theme for the *Haggadah* is the discussion of the exodus, a timeless event which has forged countless generations of Jews into an unbroken chain through history, with each year's *Seder* another link in that chain.

**2** The *Seder* is a symbolic reenactment of the exodus, with a compelling message for young and old alike. *Seder* participants are encouraged to discuss the various aspects of the exodus in detail, beyond the text of the *Haggadah*.

**3** Young children are encouraged to participate in the *Seder* to the extent of their ability. In addition to the Four Questions at the start of the *Seder*, they are encouraged to drink the Four Cups, eat the matzah and *maror*, and ask as many questions as they wish.

**4** In addition to relating the story of the exodus, each Jew at the *Seder* is obligated to discuss three central elements of the *Seder* ritual — the Paschal sacrifice, the matzah and the *maror*, as explained in the *Haggadah*. The *Seder* is a miniature recreation of the exodus, and participants should imagine themselves as leaving Egypt.

**5** The formal part of the *Seder* closes with the group of Psalms known as *Hallel*, which praise the Almighty and His special relationship with the people of Israel.

**6** The *Seder* traditionally concludes with the singing of several lively songs celebrating the relationship between God and the Jewish people.

## *Shiurim*: Measures and Minimums

In order to fulfill the mitzvot of the Passover *Seder*, it is necessary to consume a minimum quantity (*shiur*) of the four cups of wine, matzah and *maror*, within a maximum period of time. For wine, the volume of most of a *revi'it* should be consumed. For matzah and *maror*, a *k'zayit* is the minimum volume. The time limit is *k'day achilat pras*.

Rabbinic authorities have historically disagreed as to the exact quantities that each of these represent in modern measures. Below you will find modern equivalent values for the minimum acceptable quantities (*b'dieved*) for each of these *mitzvot*, according to the listings published by the *Otzar Haposkim* of Jerusalem, together with some



practical suggestions for estimating these amounts. Anyone who has difficulty consuming these amounts should ask a rabbi for guidance.

### Minimum Volume for Wine:

> 86 cc (3.0 fluid ounces)

This should be the minimum size of the wine cups used for the four cups. Each *Seder* participant must drink more than half this volume for each of the four cups to fulfill the mitzvah.

### Minimum Quantity of *Matzah*:

> Approximately one-half of an average, machine-made matzah, or one-third of a hand-made matzah.

### Minimum Volume of *Maror* (Bitter Herbs):

> 28 grams or 1 fluid ounce (for those who have difficulty, 19 grams or 0.7 fluid ounces).

When using ground horseradish:

> this volume can be easily estimated in a measuring cup.

When using lettuce leaves:

> enough to cover an area of 80 square inches (8" by 10").

When using lettuce stalks:

> enough to cover an area of 15 square inches (3" by 5").

## Time Limits (*K'day Achilat Pras*)

Some people are careful to follow those opinions which teach that the entire amounts for each mitzvah should be consumed in one or two swallows. In any case, the drinking of each cup of wine and the eating of the matzah and *maror* should be completed within four minutes. In case of difficulty, ask a rabbi.

By Eileen Goltz



# PASSOVER Recipe *Substitutions*

At some point during Passover preparations we've all tried to convert a mainstream recipe into a Passover one only to discover that we don't have a clue as to what to substitute for a chametz ingredient. This panic moment is why I started compiling my Complete List of Passover Substitutes. I've added some great new substitutions this year, thanks to readers who have sent in their own ingenious creations. If anyone has any other substitutions that they would like to share please let me know ([eztlog@hotmail.com](mailto:eztlog@hotmail.com)) and I'll include them in next year's list.



## The Complete List of Passover Substitutes

1 oz. baking chocolate (unsweetened chocolate) = **3 tablespoons unsweetened cocoa powder plus 1 tablespoon oil or melted margarine.**

16 oz. semi-sweet chocolate = **6 tablespoons unsweetened cocoa powder plus 1/4 cup oil and 7 tablespoons granulated sugar.**

14 oz. sweet chocolate (German-type) = **3 tablespoons unsweetened cocoa powder plus 2 2/3 tablespoons oil and 4 1/2 tablespoons granulated sugar.**

1 cup confectioners' sugar = **1 cup granulated sugar minus 1 tablespoon sugar plus 1 tablespoon potato starch pulsed in a food processor or blender.**

1 cup sour milk or buttermilk for dairy baking = **1 tablespoon lemon juice in a 1 cup measure, then fill to 1 cup with Passover nondairy creamer. Stir and steep 5 minutes.**

Butter in baking or cooking = **use pareve Passover margarine in equal amounts. Use a bit less salt.**

1 cup honey = **1 1/4 cups granulated sugar plus 1/4 cup water.**

1 cup corn syrup = **1 1/4 cups granulated sugar plus 1/3 cup water, boiled until syrupy.**

1 cup vanilla sugar = **1 cup granulated sugar with 1 split vanilla bean left for at least 24 hours in a tightly covered jar.**

1 cup of flour = **substitute 5/8 cup matzoh cake meal or potato starch, or a combination sifted together.**

1 tablespoon flour = **1/2 tablespoon potato starch.**



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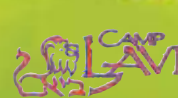
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1 cup corn starch =  $\frac{7}{8}$  cup potato starch.

1 teaspoon cream of tartar = 1  $\frac{1}{2}$  teaspoon lemon juice or 1  $\frac{1}{2}$  teaspoon vinegar.

1 cup graham cracker crumbs = 1 cup ground cookies or soup nuts plus 1 teaspoon cinnamon.

1 cup bread crumbs = 1 cup matzoh meal.

1 cup matzoh meal = 3 matzot ground in a food processor.

1 cup matzoh cake meal = 1 cup plus 2 tablespoons matzoh meal finely ground in a blender or food processor and sifted.

3 crumbled matzot = 2 cups matzoh farfel.

1 cup (8 oz.) cream cheese = 1 cup cottage cheese pureed with  $\frac{1}{2}$  stick butter or margarine.

Chicken fat or gribenes = 2 caramelized onions, saute 2 sliced onions in 2 tablespoons oil and 2 tablespoons sugar. Cook until the onions are soft. Puree the onions once they are golden.

1 cup milk (for baking) = 1 cup water plus 2 tablespoons margarine, or  $\frac{1}{2}$  cup fruit juice plus  $\frac{1}{2}$  cup water.

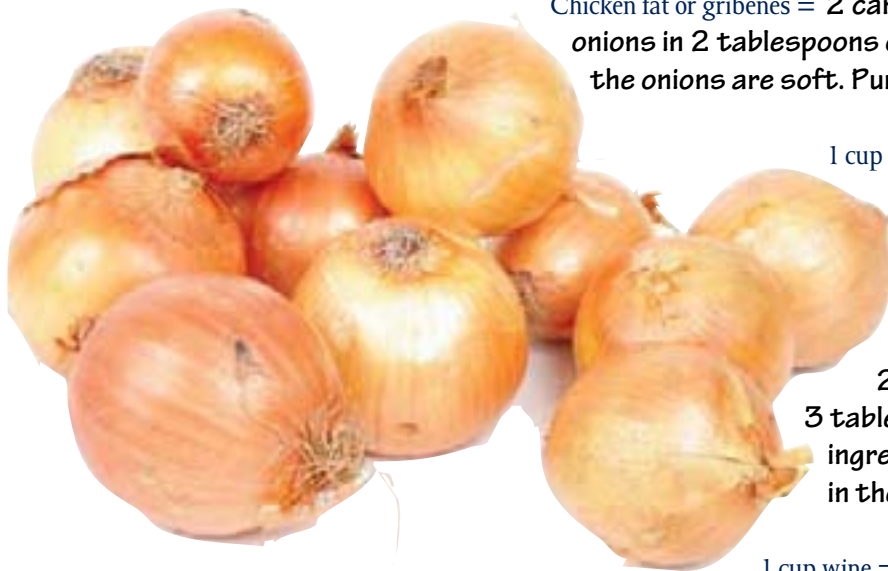
1  $\frac{1}{4}$  cup sweetened condensed milk = 1 cup instant nonfat dry milk,  $\frac{2}{3}$  cup sugar,  $\frac{1}{3}$  cup boiling water and 3 tablespoons margarine. Blend all the ingredients until smooth. To thicken, let set in the refrigerator for 24 hours.

1 cup wine = 13 tablespoons water, 3 tablespoons lemon juice and 1 tablespoon sugar.

Mix together and let set for 10 minutes.

For frying: Instead of chicken fat, use combination of olive oil or vegetable oil and 1 to 2 tablespoons pareve Passover margarine.

Egg = Passover egg substitutes don't work quite as well as the chametz egg substitutes. For kugels, matzoh balls, fried matzoh and some cakes the



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recipes will probably be OK. However, if you want to avoid them (and I do) you can add one extra egg white and 1/2 teaspoon of vegetable oil for each yolk eliminated when baking. Use only egg whites as the dipping to coat and fry meats.

Italian Seasoning = 1/4 teaspoon EACH dried oregano leaves, dried marjoram leaves and dried basil leaves plus 1/8 teaspoon rubbed dried sage. This can be substituted for 1 1/2 teaspoons Italian seasoning.



Curry Powder = 2 tablespoons ground coriander, 1 tablespoon black pepper, 2 tablespoons red pepper, 2 tablespoons turmeric, 2 tablespoons ground ginger. Makes 2/3 cup.



Pancake syrup = use fruit jelly, not jam and add a little water to thin. I always like to combine the jelly and water in a microwave safe bowl and heat it gently before I serve it.

Seasoned Rice Wine Vinegar = 3 tablespoons white vinegar, 1 tablespoon white wine, 1 tablespoon sugar, 1/2 teaspoon salt. Mix to combine. Makes 1/4 cup.

Flavored Vinegar = lemon juice in cooking or salad, grapefruit juice in salads, wine in marinades.

Water Chestnuts = substitute raw jicama.

Orange liqueur = substitute an equal amount of frozen orange juice concentrate.

Parsley = mince the tops of green onions and use them in recipes that call for chives or use celery tops.





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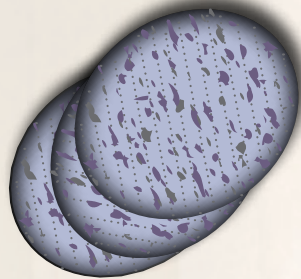
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# YOU CONSUMER GUIDE



# TO PASSOVER

2013 | 5773

# PASSOVER CONSUMER GUIDE INDEX

## OU PASSOVER APPROVED PRODUCTS

ITEMS LISTED IN THIS SECTION ARE  CERTIFIED FOR YEAR-ROUND USE AND ARE KOSHER FOR PASSOVER EVEN WITHOUT SPECIAL PASSOVER CERTIFICATION.

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**FOR A COMPLETE ONLINE  
LIST OF PRODUCTS, VISIT:**

# PASSOVER CONSUMER GUIDE INDEX

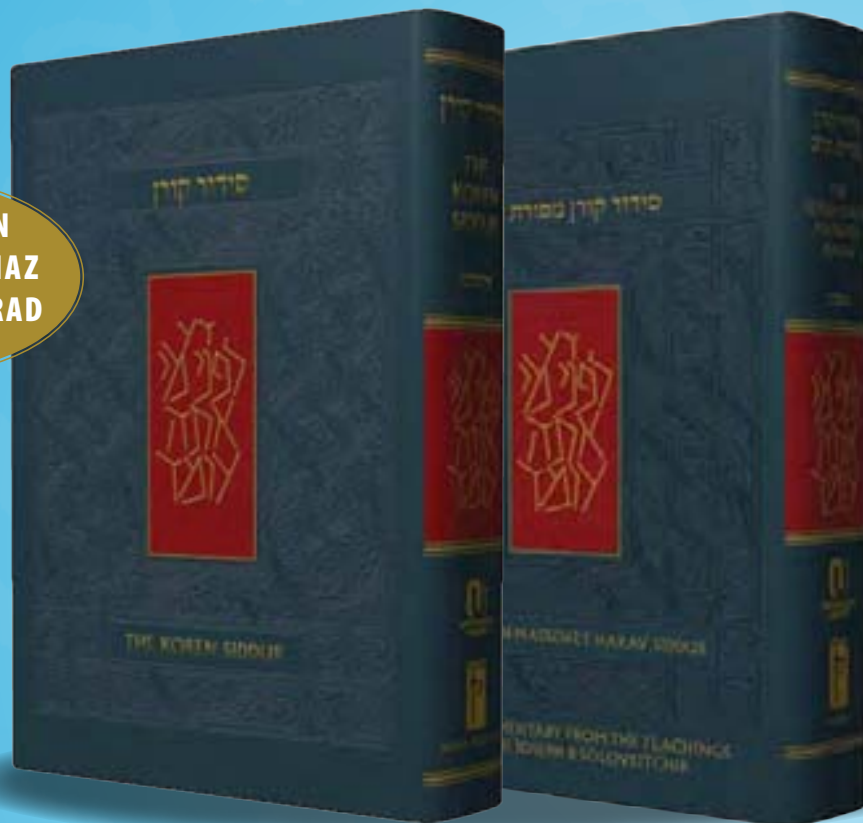
## OU PASSOVER CERTIFIED PRODUCTS

ITEMS LISTED IN THIS SECTION ARE SPECIALLY SUPERVISED AND KOSHER CERTIFIED FOR PASSOVER, **ONLY WHEN BEARING**  **OR OU KOSHER FOR PASSOVER.**

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Butter, Cheese (Cheddar, Farmer, Feta, Goat, Sheep), Cream Cheese, Leben, Milk, Sour Cream, Yogurt		<b>Salt</b> .....	76
<b>Dairy (non-Chalav Yisrael)</b> .....	67-70	<b>Snacks &amp; Desserts</b> .....	76-77
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**SPECIAL DEALS** for SYNAGOGUES, SCHOOLS, CAMPS, *etc.*  
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translation by  
Rabbi Jonathan Sacks

Commentary from  
the teachings of  
Rabbi Joseph B.  
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**BAKING SODA**

- AB MAURI**
- AMERICA'S CHOICE**
- ANITA'S**
- ARM & HAMMER**
- AUNT PATTY'S BAKING SUPPLIES**
- COOKS**
- DAN-D-PAK**
- DEERFIELD PARK**
- FRED'S**
- GEFEN**
- KARLINS FINEST**
- PRICE RITE**
- SHAVIT-SHTERN**
- SHOP RITE**
- STOP & SHOP LOGO**

**CLEANING PRODUCTS**

- ATWELL**  
Oven Cleaner
- AUSTIN'S**  
Wipe Away: *Blue Power Degreaser, Glass & Window, Liquid Hand Soap, Multi Purpose, Oven & Grill, Pine Power Pine Oil Cleaner*  
Bleach: *A-1, Floral, Lemon, Ultra Disinfecting A-1*  
Ammonia: *Clear, Lavender, Lemon, Orange, Pine, Sudzee, Pine Oil Cleaner*
- BAB-O**  
Liquid Cleanser: *Bleach, Lavender, Lemon*  
Cleanser
- BAKER'S CHOICE**  
Waffle Off
- BAR-SAN**  
Sanitizer

- BERKLEY & JENSEN**  
Scrubber & Sponge
- BI-LO**  
Guarantee Value - Low Suds Ultra Powder Laundry Detergents, Pure Power - Heavy Duty Ultra Liquid Laundry Detergents, Pure Power - High Suds Ultra Powder Laundry Detergents, Pure Power - Ultra All Fabric Bleach

- BIG O**  
Sponges
- BON AMI**  
Cleanser, Polishing Cleanser
- BROLITE**  
Brown N Shine
- BRULIN**  
Powder Laundry/Bleach, Powder Laundry/Enzyme

- BURKE SUPPLY**  
Pink & Creamy

- BUTCHERS**  
Blast, Sundance

- CALGON**  
Water Softener Powder

- CARBONA**  
Glass Ceramic Cooktop Clean & Shine, Glass Ceramic Cooktop Paste, Granite & Marble Cleaner, Stainless Steel Cleaner Spray, Stainless Steel Pro-Care

- CASTELLA**  
Ammonia

- CERAMABRYTE**  
Fridge Cleaner, Glass-Ceramic Cooktop Cleaner

- CFC PLUS**  
Chlorinated Cleaner

- CINTAS**

- Signet Glass & Multi-Surface Cleaner, Signet Heavy Duty Foaming Degreaser

- CIRO**  
Ammonia

- CLASSIC XTRA**  
Laundry Detergent: *Fresh Scent, Lemon, Mountain Rain, Summer Breeze, w/ Color Safe Bleach Alternative*

- CLOROX**  
Clean-Up Cleaner Fresh Scent, Clean-Up Liquid, Commercial Solutions Pine-Sol Multi Surface Cleaner, Formula 409 Deep Cleaning Daily Kitchen Cleaner, Original Pine-Sol® Multi-Surface Cleaner

- CLUB SUPREME**  
Cleanser with Chlorine Bleach

- CODE**  
Detergents

- COMET**  
Bathroom Spray, Cleanser, Lemon Powder, Powder, Value Size w/ Bleach

- COOK TOP CLEANING CREME**  
Glass Ceramic Cook Top Cleaner

- D-GREASE**  
Oven Cleaner

- D-STAIN**  
Chlorine Bleach

- DAPPLE**  
Toy & Surface Cleaner

- DECARBON 8**  
Oven Cleaner

- DEGREASER**  
Oven Cleaner

- DERMASSAGE**  
Dishwashing Liquid

- DIP-IT**  
Dip-It, Dip-It Destainer

- DIVERSEY**  
Adept, Adjust, Advance, Antibac B, Attitude, Beer Clean, Benefit, Bulk Glass Cleaner, Cirguard, Clax, CloSure, Color Safe Bleach, Complex, Control Plus Disinfectant/ Sanitizer, Delvak, Deosan, Descale, Dibac, Diverguard, Dividend, Divoflow, Divos, Divosan, Divostar, Elect, Enduro, Everest, Final Step, General Purpose Cleaner, Glance, Glass & Multi-Surface Cleaner, Good Sense Odor Eliminator, Hazzit, Interest, J-Works, Keego, Kompleet, Low Energy Sanitizer, Multi-Chlor II, Multiclean, Nonstick, Pascal, Plastigleam, Resource, Safeclean, Safeguard, Sani-Sure, Shureclean Plus, Solvent Cleaner, Spec Tak, Spectrum, Spitfire, Star, Stride Citrus, Stride Floral, Suma, Suma Detergent Sanitizer, Suma Grill, Suma Kitchen Degreaser, Suma Low Energy, Suma Oven, Suma Oven & Grill, Suma Revoflow, Suma Rinse, Suma Rotisserie & Oven Cleaner, Super, Taski Ultra Easy, Track Clean

- DRAIN CLEANER**  
Drain Cleaner

- DUBOIS**  
Filmgon, Perfection

- DUBOIS**  
Filmgon, Perfection

- DYNAMO**  
Liquid Laundry Detergent, Liquid Laundry Detergent w/Bleach Alternative

- EAST COAST LIQUID FILLING**  
Bio Cleaner - All Natural Multipurpose Concentrate

- ECO CONCEPTS**  
Green Concepts Neutral Disinfectant

- ENVIROCHEM**  
Enviro 2000

- ENVIROSTEP**  
Air and Fabric Freshener, Glass Cleaner, Kitchen Cleaner & Degreaser, Orange Multipurpose Cleaner

- EPIC**  
Swell: *Ant & Roach, Baseboard Cleaner, Degreaser, Dust Mop & Cloth Treatment, Fly & Mosquito Spray, Furniture Polish, Germicidal All Purpose Cleaner, Glass Cleaner, Grill Oven & Fat Fry Cleaner, Potpourri Air Freshener, Room Freshener, Stainless Steel Cleaner*

- ESSENTIAL EVERYDAY**  
Ultra Concentrated Detergent: *Free - No Dyes & Perfumes, Mountain Stream, Ultra for Babies*  
Oxygenated Cleaner Multi Purpose Stain Remover, Powder Bleach, Rinse Aid

- EXTRA CLEAN**  
Cleaner And Degreaser

- FAB**  
Liquid Laundry Detergent: *Rainforest, Regular, w/ Bleach Alternative*

- FAB ULTRA**  
Laundry Detergent Powder

- FANTASTIK**  
Clean & Shine, Orange All Purpose Cleaner, w/ Bleach

**FAULTLESS STARCH/  
BON AMI CO.**  
Bon Ami Scouring Powder

**FINAST**  
Guarantee Value - Low Suds  
Ultra Powder Laundry  
Detergents, Pure Power -  
Ultra All Fabric Bleach,  
Pure Power-Ultra Color  
Safe Bleach

**FINISH**  
Solid Rinse: *Lemon, Orange,  
Regular*  
Liquid: *Green Apple  
Vinegar, Lemon, Orange,  
Original*  
Gelpacs: *Citrus, Fresh,  
Green Apple, Lemon,  
Orange*

Institutional Finish, Jet Dry  
Rinse Agent, Machine  
Cleaner, Power Up

**FIRST STREET**  
Scouring Powder With  
Bleach

**FLOOR STRIP**  
Floor Stripper

**FOOD PLANT CLEANER**  
Cleaner

**FRESH & EASY**  
Ultra Liquid Dish  
Detergent, Ultra Liquid  
Laundry Detergent

**FRESH DIRECT**  
Ultimate Brining Blend

**FREUDENBERG  
HOUSEHOLD  
PRODUCTS**  
Scrunge

**GEFEN**  
Powder Cleanser

**GIANT**  
Guarantee Value - Low Suds  
Ultra Powder Laundry  
Detergents, Pure Power -  
Ultra All Fabric Bleach

**GIANT EAGLE**  
Citrus Fresh Bleach,  
Meadow Scent, Mountain  
Scent Bleach, Scrubbers &  
Sponges, Ultra Bleach

**GLASS CLEANER**  
Glass Cleaner

**GLASS MAGIC  
PERFORMANCE  
BOOSTER**  
Glass Magic

**GLASS PLUS**  
Trigger

**GLICKS**  
Cleanser, Orange Blossom  
Fresh Anti Bacterial

**GODDARD'S**  
Appliance & Countertop  
Polish, Brass & Copper  
Cleaner, Glass Cooktop  
Cleaner, Granite Cleaner,  
Jewelry Care Kit, Long  
Shine Brass & Copper  
Polish, Long Shine Silver  
Foam, Long Shine Silver  
Polish, Silver Dip

**GOOD SENSE**  
Fresh Phase Fabric  
Freshener

**GREAT VALUE**  
Ultra Concentrated Dish  
Liquid: *Apple, Orange,  
Original*

Laundry Detergent Ultra  
Concentrated: *Cold Water  
Minty Meadow, Misty  
Meadow, Misty Meadow He*  
Laundry Detergent: *He,  
Lavender, Mandarin,  
Regular, Sheer Spring*

**GREEN CONCEPTS  
SAFE AND SUPERIOR**  
All Purpose Cleaner,  
Carpet, Floor Cleaner,  
Glass & Window, High  
Performance Cleaner,  
Restroom Tile & Grout

**HAGERTY**  
Chandelier Cleaner,  
Coppersmith's Polish, Dry  
Silver Polish, European  
Jewelry Bath, Fine China  
Separators, Flatware Silver  
Dip, Fork Cleaner, Hagerty  
100, Heavy Duty Copper  
Polish, Jewelry Cleaning  
Products, Pearl Cleaner,  
Pewter Wash, Silver  
Cleaning Products,  
Silversmiths' Products,  
Sonic, Stainless Steel Polish,  
Stainless Steel Wash, Table  
Leaf Storage Bag, Vernax  
Furniture Polish

**HANDY-KLENZ**  
A Super Bowl Cleaner, Bowl  
Gone Bowl Cleaner, Brite  
Star Window Cleaner, Ezy-  
Do Degreaser, Grease  
Buster Oven & Grill  
Cleaner, Handy Pine Pine  
Cleaner, Handy-Cherry  
Cleaner And Deodorizer,  
Nutro Kleen No Rinse

Neutral Floor Cleaner,  
Pink Lotion Hand Soap,  
Quick Strip Non  
Ammoniated Stripper

**HARRIS TEETER**  
Scrubber Sponges

**HARRIS TEETER YOUR  
HOME**  
Multi Purpose Sponges,  
Scrub Pad, Scrub Sponges

**HERITAGE**  
Laundry Detergent,  
Laundry With Enzymes &  
Bleach

**HOGLA KIMBERLY**  
Nikol Magic Sponge

**HOME 360**  
Large Cellulose Sponges

**HOME VALU**  
Large Cellulose Sponges

**HOMELIFE**  
Bleach, Dish Detergent,  
Laundry Detergent,  
Laundry Detergent Low  
Suds

**HUMMINGBIRD**  
Scrubbers & Sponges

**HY-TOP**  
Scrubbers & Sponges

**HY-VEE**  
Scrubbers & Sponges

**JELMAR**  
Tarn-X

**JEWEL**  
Dish Detergent, Laundry  
Detergent

**JIF**  
Laundry Detergent

**KEATING KLENZER**  
Cleanser

**KING PINE**  
Deodorizer, Glass Cleaner,  
Mildew & Stain Remover,  
Pine Cleaner

**KITCHEN KLENZER**  
Cleanser, Cleanser  
Powdered Disinfectant

**KLEENITE**  
Laundry Booster, Washing  
Machine Cleaner

**KOREX**  
Soft Scrub w/ Bleach

**KRASDALE**  
All Purpose Cleaner

Ammonia: *Clear, Lavender,  
Lemon, Orange, Pine, Suds*  
Antibacterial Hand Soap,  
Aquazone Wipe Dry Scrub  
Sponges, Scrubbers &  
Sponges

**L.H.S.**  
Hand Soap

**LUCKY**  
Ultra Liquid Laundry  
Detergent

**LYSOL**  
Multi Surface Cleaner:  
*Green Apple, Island Berries,  
Lavender, Lemon, Orange*  
All Purpose Cleaner: *Artic  
Berry, Country Scent, Crisp  
Berry, Fresh Energy, Fresh  
Scent, Garden Breeze, Green  
Apple, Island Berries,  
Lemon, Lemon Lime,  
Mountain Scent, Orange,  
Orange Mandarin, Pacific  
Fresh, Pink Grapefruit,  
Spring Waterfall, Summer  
Breeze, Summer Fresh,  
Sunberry*

Anti-Bacterial Kitchen  
Cleaner, Everyday  
Sanitizing Spray, Everyday  
Sanitizing Wipes, Food  
Surface Sanitizer, Heavy  
Duty Scrubber Sponge,  
Multi-Purpose Scrubber  
Sponge

**MARATHON**  
Laundry Detergent

**MARTHA STEWART-  
CLEAN**  
All-Purpose Cleaner,  
Bathroom Cleaner, Carpet  
Spot/Stain Remover, Fabric  
Softener, Fabric Softener  
Concentrate, Glass &  
Mirror Cleaner, Laundry  
Detergent, Laundry  
Detergent Concentrate,  
Toilet Bowl Cleaner, Wood  
Floor Cleaner

**MEIJER**  
Scrubbers & Sponges

**MICRO BRYTE**  
All Purpose Cleaner, Micro  
Bryte Appliance Cleaner

**MR. METAL**  
Mr. Metal

**MURPHY'S**  
Oil Soap: *Original, Spray,  
Spray With Orange, Squirt  
& Mop*  
All Purpose Cleaner

**NATURE'S SOURCE**  
Natural All Purpose  
Cleaner, Natural Glass  
And Surface Cleaner

**NEW CARBON**  
Waffle Off

**NIAGARA**  
Scrubber & Sponges

**NIFDA/COMSOURCE**  
Detergents

**NO NAME**  
Scouring Powder  
Chlorinated Cleanser

**NUGGET**  
Detergents

**NYLONGE**  
Scrubbers & Sponges

**O-CEL-O**  
Soap Pads, Sponges &  
Scrubbers

**OAKITE**  
Fisan OxySanitizer

**OCTAGON**  
Dishwashing Liquid  
Crystal White

**OLD DUTCH**  
Cleanser

**OLIVELLA**  
Bar Soap, Liquid Soap

**ORCHEM**  
All Purpose Cleaner, All  
Purpose Polish, Bathroom  
& Bowl Cleaner, Blue  
Glass Cleaner, Goliath

**OUR FAMILY**  
Liquid Laundry Detergent,  
Ultra All Fabric Bleach

**OUR FINEST**  
Laundry Detergent: *Cold  
Water, Free & Clear,  
Regular*

**PALMOLIVE**  
Vel: *Baking Soda  
Grapefruit, Baking Soda  
Orange, Original, Ultra  
Original*  
Ultra Dish Liquid:  
*Antibacterial, Lemon, Pure  
& Caring*

Spring Sensation Dish  
Liquid: *Apple, Berry,  
Botanical, Cucumber  
Melon, Ocean Breeze,  
Orchard, Spring*  
Scrub Buster w/  
Microbeads: *Citrus, Crisp,*

Fresh

Dish Liquid: *Antibacterial, Dry Skin Aloe, Max Power, Original, Soft Touch w/ Vit. E*

Automatic Dish Detergent Gel: *Fresh, Lemon, Mountain Fresh, Spring*

Aromatherapy Dish Liquid: *Anti Stress, Energy, Tranquility*

Palmolive Ultra Sunny Breeze

**PALMOLIVE ECO**

Automatic Dish Detergent: *Citrus, Lavender, Lemon*

**PALMOLIVE PURE & CLEAR**

Dish Liquid: *Sparkling Fresh, Spring Fresh*

**PAR-WAY TRYSON**

Waffle Off

**PARADE**

Scouring Pads, Sponge, Sponge Scrubber

**PARKER & BAILEY**

Cooktop Cleaner, Kitchen Cabinet Cream, Silver Polish, Stainless Steel Polish

**PATHMARK**

Low Suds Laundry Detergent, Ultra All Fabric Bleach

**PINE SCRUB SOAP**

Bathroom Cleaner

**PINEX**

Pine Cleaner

**PLHS**

Hand Soap

**POCAHONTAS**

Detergents

**POWER PINE**

Bathroom Cleaner

**POWER SCOUR**

Scouring Pads

**PROCTER & GAMBLE**

Ultra Joy: *Bleach Alt., Lemon, Mandarin Orange, Odor Eraser Lemon Lime*

Ultra Ivory: *Lavender, Original*

Ultra Gain: *Antibacterial Lemon, Apple Mango, Bleach Alt.*

Ultra Era: *Crystal Springs, Oxi, Stainfighter,*

*Stainfighter He*

Ultra Dawn Simple Pleasures: *Apple & Spice, Apple Crisp, Lemon & Tangerine, Water Lily & Jasmine*

Ultra Dawn Plus: *Baking Soda Lemon, Bleach Alt. Fresh Rapids, Bleach Alt. Lemon, Bleach Alt.*

*Mountain Spring, Hand Renewal Aloe, Hand Renewal Pomegranate, Hand Renewal Waterfall, Odor Eraser Lime, Odor Eraser Orange, Oxi Blue, Power Scrubbers, Power Scrubbers Apple, Power Scrubbers Orange*

Ultra Dawn: *Advanced, Antibacterial Blue, Antibacterial Green, Antibacterial Orange, Botanical Honeysuckle, Destinations Brazilian Pineapple, Destinations New Zealand Spring, Destinations Thai Dragon Fruit, Lemon*

Ultra: *Biz, Free, Fresh*

Tip: *Fluffy, Lemon, Regular, Ultra*

Tinokleen: *Fluffy, Lemon, Regular, Ultra*

Tide: *Boost w/ Oxi, Compact Alpine, Compact Color, Compact Regular, Free, He, Mountain Spring, Pure Essentials w/ Baking Soda White Lilac, Regular, Stain Release, Swash, Tide To Go, w/ Bleach, w/ Bleach Alt., w/ Downy*

Mr. Clean w/ Gain: *Lavender, Original Fresh*

Mr. Clean w/ Febreze Multi-Purpose: *Hawaiian Aloha, New Zealand Springs*

Mr. Clean w/ Febreze: *Antibacterial Citrus, Hawaiian Aloha, Meadows & Rain, Multi Surface, New Zealand Springs*

Mr. Clean Bath Cleaner w/ Febreze: *Citrus, Lavender Vanilla, Meadows & Rain*

Mr. Clean: *Antibacterial Lemon, Antibacterial Orange, Apple Berry, Blossom & Breeze, Extra Power, Invigorating Breeze, Lavender Vanilla, Lemon Floor Cleaner, Meadows & Rain, Mildew Stain, Multi Surface Antibacterial*

*Summer Citrus, Outdoor Pro, Sparkling Apple, Spring Garden, Summer Citrus, w/ Bleach*

Gain: *Liquid, Plus A Touch Of Softness, Regular, With Bleach*

Dawn: *Aromatics, Direct Foam, Grill Cleaner, Hand Renewal, Home Essentials, Ivory Pouch, Pink Ribbon, Power Wash, Regular, Ultra Sparkling Mist*

Comet: *Bathroom, Creme, Liguigel, Regular, With Bleach*

Cascade Powder: *Automatic - Lemon, Automatic - Pine, Citrus, Fresh Scent, Fresh With Bleach, Lemon With Bleach, Melon Blossom, Orchard Splash, Regular*

Cascade Grease Fighting Dawn: *Apple, Citrus, Fresh, Gain, Lavender, Pink Ribbon, Thai Dragon Fruit*

Cascade Gel: *Baking Soda Fresh Scent, Cascade Complete Gel, Lemon, Lemon With Bleach, Orange, Orchard Splash, Summertime Showers*

Cascade Extra Action w/ Bleach Alt.: *Citrus, Fresh, Lemon, Olympics, Pink Ribbon, Regular*

Cascade Dishwasher Detergent: *Fresh, Lemon, Regular*

Cascade Complete: *Citrus, Fresh, Lemon, Olympics, Pink Ribbon, Rinse Aid*

Cascade: *Crystal Clear Citrus Rinse Agent, Crystal Clear Rinse Agent, Rinse Aid, Rinse Aid Citrus*

Biomat Low Suds Powder: *Fluffy, Lemon, Regular, Ultra*

Ariel Compact Detergent: *Alpine, Color, Extra Soft, Regular*

Bold, Cheer, Dreft, Era, Era With Bleach Alternative, Ivory Snow, Ivory Snow Liquid, Rejoice Ultra Lemon

**PUBLIX**

Ultra: *Bleach, Dish Detergent, Laundry Detergent*

Window Cleaner

**PURE & MILD**

Hand Soap

**PURE POWER**

Cleaning Pad, Cleanser With Bleach, Liquid Soft Cleanser With Lemon, Scrubbers & Sponges

**QUICK SHINE**

Enhanced

**RADIANT**

Laundry Detergent

**RED DEGREASER**

Oven Cleaner

**REGENCY**

Degreaser, Oven & Grill Cleaner

**RESTORE**

Floor Cleaner

**REVIVE**

Laundry Detergent

**RONBAR**

LABORATORIES Vegetable Wash

**SAFEWAY**

Cleanser w/ Bleach, Scrubbers & Sponges

**SC JOHNSON**

Mr. Muscle Oven And Grill Cleaner

**SCOTCH BRITE**

Scrubbers, Sponges & Soap Pads

**SCRUBBING BUBBLES**

Fantastik All Purpose Cleaner, Fantastik All Purpose Cleaner Lemon

**SEARS**

Advance: *Free & Clear, w/ Enzymes, w/ Enzymes Bleach, w/ Fabric Softener, w/ Oxy*

Ultra Plus Conc/Powder Detergent w/Enzymes

**SEAS'N-KLEEN**

Cleanser

**SELECTION**

Cleanser

**SEVENTH GENERATION**

Laundry Detergent Baby: *Free & Clear, Scented, Stain & Spot Spray*

Laundry Detergent: *Citrus & Lavender, Delicate Care, Eucalyptus & Lavender, Free & Clear, Fresh Citrus, Geranium & Vanilla,*

*Mandarin & Sandalwood, Oxy Stain Remover Free & Clear, Water Blossom, White Flower Bergamot Citrus, Wildflower & Citrus*

Fabric Softener: *Eucalyptus & Lavender, Free & Clear*

Cleaner Multi-Surface: *Citrus, Disinfecting, Free & Clear, Juniper, Lavender*

Cleaner: *All Purpose Free & Clear, All Purpose Mandarin, Chlorine Free Bleach, Disinfecting Bathroom, Glass Free & Clear, Glass*

*Grapefruit, Granite & Stone Mandarin Orange, Nursery & Toy, Shower Mandarin, Toilet Bowl Emerald Cypress, Tub & Tile Emerald Cypress, Wood Lemon Chamomile*

Dishwasher Detergent Free & Clear, Hand Wash Unscented

**SHAW'S**

Dish Detergent, Laundry Detergent

**SHOP RITE**

Laundry Detergent: *Free & Clear, Regular, w/ Bleach Alt., Wool Wash*

All Fabric Bleach, All Purpose-Orange Cleaner, Cleanser, Cleanser w/ Bleach, Glass & More, Scrubbers & Sponges

**SHOPPERS VALUE**

Dish Detergent, Fabric Bleach, Laundry Detergent, Low Suds Laundry Detergent

**SIGNAL**

Lemon Scented Cleanser

**SMART PRICE**

Heavy Duty Laundry Detergent Fresh

**SOFT SCRUB**

Bleach, Bleach Gel, Lemon, Scrubby Pads, Total All Purpose, Total Bath & Bowl, Total With Bleach, w/ Baking Soda, w/ Bleach Mountain Breeze

**SOUTHERN HOME**

Supreme Clean: *Laundry Detergent, Oxygen Cleaner, Septic Care*

**ST. MORITZ**

Mosogel Liquid Laundry Detergent: *Color, White*  
Kitchen Cleaner: *Universal, w/ Disinfectant*  
Dish Liquid: *Apple, Crystal*

*Effect, Fresh Fruit, Lemon, Sensitive*

Cleaner: *Inox, Shower Cabin*

All Purpose Cleaner: *Flower, Orange, Spring*

Antartik Scale Remover, Carpet Cleaner, Cleansing Foam - Sanitary Ware, Drain Cleaner, Fine Multi-Cleaner Marseille Soap, Furniture Polish - Beeswax, Leather Furniture Care, Mold Cleaner, Oil & Grease Remover Cold Action, Scale And Rust Remover

#### **STAIN AWAY**

Stain Remover

#### **STOP & SHOP**

Guarantee Value Laundry Detergents, Pure Powder Bleach

#### **STRIP IT**

Oven Cleaner

#### **SUN**

Wisk Laundry Detergent: *Deep Clean, High Efficiency*

Ultra All Small & Mighty: *Free & Clear, No Optical Brighteners - Free & Clear, Regular, Stainlifter, Wild & Fresh*

Ultra All: *Free Of Perfume, Stainlifter*

Surf Laundry Detergent: *Aloha Splash, Sparkling Ocean, Spring Burst*

All Mightypacs Detergent: *Free & Clear, Regular*

#### **SUN & EARTH**

All Purpose Cleaner, Glass Cleanser, Laundry Detergent, Liquid Soap, Shower Gel, Ultra Fabric Softener

#### **SUNLIGHT**

Oxiaction Power Pacs

#### **SUPER G**

Pure Power - Ultra All Fabric Bleach

#### **SUPERIOR FLOOR DEGREASER**

Floor Cleaner

#### **SURE DRY**

Rinse Drying Agent

#### **TARNISHIELD**

Silver Cleaner

#### **TIM HORTONS**

All Purpose Cleaner, Floor Cleaner, Glass & Multi Surface, Sanitizer, Sink Detergent

#### **TNT**

Oven Cleaner

#### **U.N.X.**

Pioneer Liquid

#### **UFO**

Cosmic Clean: *Scour Pads, Scrubbers, Sponges, Wipes* Cellulose Cloths, Cellulose Sponges, Extra Thick Scouring Pads, Mega Eraser

#### **ULTRA PALMOLIVE**

Oxy Plus Odor Eliminator Dishwashing Liquid

#### **ULTRA STAR PERFORMANCE**

Advanced Plus Powder w/ Enzymes, Liquid Advanced Plus w/Enzymes

#### **ULTRA XTRA**

Laundry Detergent Fresh Scent, Laundry Detergent w/Color-Safe Bleach Alternative

#### **UNI-FOAM**

Foaming Hand Soap

#### **UNI-KEM**

All-Pine All Purpose Cleaner, Citrus Degreaser, Drain Opener, Fabr-Ox Safety Bleach, Fabra, Foam-All, Freezer Floor Cleaner, Grease Away, Heavy Duty Floor Cleaner, Kleen All, Liquid Hand Soap, Neutra Soft, Neutral Floor Cleaner, New Supreme Green Pot & Pan Concentrate, Oxy-Bleach Powdered Safety Bleach, Sk Detergent Beads, Soak-N-Away, Uni-Dry, Uni-Force Solid, Uni-Glass C, Uni-Kleen, Universe

#### **UNISOURCE**

Foam Up, Oven-Eze, Pink Velvet

#### **UP & UP**

Baby Laundry Detergent, Laundry Detergent

#### **VALUE CHOICE**

Liquid Laundry Detergent

#### **WEGMANS**

Laundry Detergent

#### **WEIMAN**

Wipes: *Cook Top, Furniture, Granite, Stainless Steel*

Cleaner: *Appliance, Cook Top, Disinfectant, Gas Range, Glass Cook Top, Granite, Granite & Stone, Lemon Oil Furniture Polish*

Adhesive Remover, Brass Polish, Granite & Stone Sealer, Instant Tarnish Remover, Metal Polish, Silver Cream, Silver Polish, Wax Away - Candle Wax Remover

#### **WESTERN FAMILY**

Cellulose Sponges, Cleaning Pad, Combo Pack, Scour Pads, Scrubber Sponges

#### **WHIRL POOL**

Cleaner: *Appliance, Cook Top, Microwave*

#### **WHITE HAND SOAP**

Hand Soap

#### **WINDEX**

Anti-Bacterial Multi-Surface Cleaner

#### **WINN-DIXIE**

Automatic Dishwasher Enzyme Detergent, Automatic Dishwashing Detergent-Gel, Dish Detergent, Laundry Detergent, Liquid Rinse Aid For Automatic Dishwashers, Scrubbers & Sponges

#### **WRIGHTS**

Brass Polish, Cook Top Cleaner, Instant Tarnish Remover, Silver Cream, Silver Polish

#### **XL FLOOR FINISH**

Floor Finish

#### **XL-SUPREME**

Floor Finish

#### **COCOA POWDER**

#### **HERSHEY'S**

#### **COFFEE GROUND & WHOLE BEAN**

UNFLAVORED DECAFFEINATED

#### **ELLIS**

#### **HENA**

#### **LAVAZZA**

#### **PARKER HOUSE/ PINNACLE**

#### **WHITE HOUSE/ PINNACLE**

#### **COFFEE GROUND & WHOLE BEAN UNFLAVORED EXCEPT DECAFFEINATED**

#### **365 EVERYDAY VALUE**

#### **ARAMARK**

#### **ARCHER FARMS**

#### **BARISTA PRIMA COFFEE HOUSE**

#### **BARNIE'S**

#### **BEAUMONT**

#### **BETTER VALU**

#### **BI-LO**

#### **BIG Y**

#### **BOMDIA**

#### **BONUS BLEND**

#### **BOYD'S COFFEE**

#### **BRESIL**

#### **BROOKLYN COFFEE HOUSE**

#### **BROTHERS**

#### **BUENDIA**

#### **CAFE BRAZIL**

#### **CAFE BUSTELO**

#### **CAFE MAGLIONI**

#### **CAFE SIGNORE**

#### **CAFE TASTLE**

#### **CAIN'S**

#### **CANTERBURY SIGNATURE**

#### **CARIBOU COFFEE**

#### **CDM**

#### **CENTRAL MARKET CLASSICS**

#### **CHASE & SANBORN**

#### **CHOCK FULL O'NUTS**

#### **CIELO - A TASTE OF PREMIUM COFFEE**

#### **CO-OP CENTSIBLES**

#### **COFFEE BY BOND**

#### **COFFEE DISTRIBUTING**

#### **COMMUNITY COFFEE**

#### **COMPASS CREEK**

#### **COPA DE OURO**

#### **COPPER MOON**

#### **CORY**

#### **CORY CLASSIC BLEND**

#### **COSMOPOLITAN**

#### **DAILY CHEF**

#### **DIEDRICH**

#### **DUNKIN' DONUTS**

#### **DUNKIN' DONUTS 100% ARABICA COFFEE**

#### **EIGHT O'CLOCK**

#### **EIGHT O'CLOCK HOTEL & RESTAURANT**

#### **EIGHT O'CLOCK ROYALE**

#### **EL MARQUES**

#### **ELDORADO**

#### **ELLIS**

#### **EQUAL EXCHANGE**

#### **EUROPEAN COFFEE CLASSICS**

#### **EVERBLEND**

#### **FAIRLY TRADED COFFEE**

#### **FIESTA MART**

#### **FILTER FRESH**

#### **FINAST**

#### **FOLGERS**

#### **FOOD BASICS**

#### **FULL CIRCLE**

#### **GIRALDO FARMS**

#### **GODIVA CHOCOLATIER**

#### **GOYA**

#### **GRAND PLAZA**

#### **GREAT VALUE**

#### **GREEN MOUNTAIN COFFEE**

#### **GREEN MOUNTAIN COFFEE FAIR TRADE**

#### **GREEN MOUNTAIN COFFEE ROASTERS**

#### **GREEN MOUNTAIN COFFEE ROASTERS SIGNATURE COFFEE**

#### **COLLECTION**

GUARA  
 H.T. TRADER NATURAL  
 HARTFORD RESERVE  
 HEB  
 HENA  
 HILL BROS.  
 HILLER'S  
 HILLER'S MARKET  
 HY-TOP  
 HY-VEE  
 IGA  
 JAVA JOE'S  
 JFG  
 KA'U COFFEE COMPANY  
 KA'U COFFEE MILL  
 KAHVE  
 KAVHE  
 KERRY & LON'S  
 KIMBO  
 KRISPY KREME  
 LA PREFERIDA  
 LAVAZZA  
 LUZIANNE  
 MARKET PANTRY  
 MARQUES DE PAIVA  
 MARSH  
 MELITTA  
 MILLSTONE  
 MJB  
 MR. COFFEE  
 MY ESSENTIALS  
 NATIONAL GEOGRAPHIC TERRA FIRMA  
 NEWMAN'S OWN ORGANIC  
 NINE TO FIVE  
 PARADE  
 PARKER HOUSE/PINNACLE  
 PHILLY ROAST  
 PREMIUM COFFEE  
 PRICE CHOPPER  
 PRICE SAVER  
 PRINCESA

PRIVATE SELECTION  
 PUBLIX  
 PURE ORIGIN  
 RED & WHITE  
 RED BAG  
 RT  
 SAFARI  
 SAVER'S CHOICE  
 SCHNUCKS  
 SEATTLE'S BEST COFFEE  
 SEGAFREDO ZANETTI  
 SELECCION  
 SHOCK COFFEE  
 SHOP RITE  
 SHUR FINE  
 SHURFINE  
 SOUTHERN HOME  
 SPIRIT BEAR COFFEE COMPANY  
 STOP & SHOP  
 SUL DE MINAS  
 SUPER G  
 SUPREME BY BUSTELO  
 SYSCO CLASSIC-0385  
 THE ARTISANAL KITCHEN  
 TOPS  
 TORREFAZIONE ITALIA  
 TRADER JOE'S  
 TULLY'S  
 TULLY'S COFFEE  
 VALUE RED  
 VENETO'S  
 VICTOR ALLEN  
 WEIS  
 WESTERN FAMILY CLASSICS  
 WESTERN NATURAL  
 WHITE HOUSE/PINNACLE  
 WHITE ROSE  
 WIDE AWAKE COFFEE CO.  
 WOLFGANG PUCK  
 WRIGHT VENDING

**ZABAR'S**

**COFFEE INSTANT EXCEPT DECAFFEINATED**

**FOLGERS**  
 Regular Coffee  
**NESCAFE TASTER'S CHOICE**  
 Regular Coffee

**FISH**

**KIRKLAND**  
 Frozen Wild Salmon  
*following rinsing with water*  
 Frozen Atlantic Salmon

**JUICE**

**REALEMON**  
 Lemon Juice Reconstituted

**JUICE CONCENTRATES UNSWEETENED**

**DAILY CHEF**  
 Orange  
**FRED MEYER**  
 Orange  
**GIANT EAGLE**  
 Orange  
**GREAT VALUE**  
 Grapefruit  
**HARRIS TEETER**  
 Orange  
**KROGER**  
 Orange  
**NESTLE VITALITY**  
 Orange  
**RALPH'S**  
 Orange  
**REJUV**  
 Orange  
**SPF: CASCADIAN FARM**  
 Orange  
**SUNKIST**  
 Orange  
**THRISTER**  
 Orange  
**VITAGOLD**  
 Orange

**VITALITY**  
 Orange

**MEAT & POULTRY**

**A.D. ROSENBLATT**  
 Beef & Veal: Raw, Unprocessed, Excluding Ground  
**AARON'S BEST**  
 Beef, Lamb, Poultry & Veal: Raw Unprocessed, Excluding Ground  
**AGRI STAR**  
 Beef, Lamb, Poultry & Veal: Raw Unprocessed, Excluding Ground  
**ALLE PROCESSING**  
 Beef, Lamb, Poultry & Veal: Raw Unprocessed, Excluding Ground  
**ANASH**  
 Beef, Veal & Lamb: Raw, Unprocessed, Excluding Ground  
**D. GRUENSPECHT**  
 Beef, Lamb, Poultry & Veal: Raw Unprocessed, Excluding Ground  
**DAVID ELLIOT**  
 Poultry: Raw, Unprocessed, Excluding Ground  
**EMPIRE**  
 Poultry: Raw Unprocessed, Including Ground  
**FISHEL'S GLATT L'MEHADRIN**  
 Beef: Raw, Unprocessed, Excluding Ground  
**GLATT RANCH**  
 Beef & Veal: Raw Unprocessed, Excluding, Ground.  
**GROW AND BEHOLD**  
 Beef and Poultry: Raw, Unprocessed, Including Ground  
**H.G.I.**  
 Beef, Veal & Lamb: Raw Unprocessed, Excluding Ground  
**HEARTLAND KOSHER**  
 Beef, Lamb & Veal: Raw Unprocessed, Excluding Ground  
**INTERNATIONAL GLATT**  
 Beef, Lamb, Poultry & Veal: Raw, Unprocessed,

Excluding Ground  
**KEDAS**  
 Poultry: Raw, Unprocessed, Including Ground  
**KIRYAS JOEL**  
 Poultry: Raw, Unprocessed, Including Ground  
**KOL FOODS**  
 Poultry: Raw, Unprocessed, Including Ground  
**KOSHER MEHADRIN**  
 Beef & Veal: Raw Unprocessed, Excluding Ground  
**KOSHER VALLEY**  
 Poultry: Raw, Unprocessed, Including Ground  
**KOSHERS BEST**  
 Poultry Raw Unprocessed, Including Ground  
**LAKEWOOD'S BEST**  
 Beef: Raw, Unprocessed, Excluding Ground  
**LAMM'S**  
 Beef, Lamb & Veal: Raw, Unprocessed, Excluding Ground  
**MALCHUS**  
 Poultry: Raw, Unprocessed, Including Ground  
**MARVID**  
 Poultry Raw Unprocessed, Excluding Ground  
**PELLEH**  
 Poultry: Raw, Unprocessed, Including Ground  
**QUALITY KOSHER**  
 Poultry: Raw, Unprocessed, Including Ground  
**REAL KOSHER**  
 Beef, Lamb & Veal: Raw, Unprocessed, Including Ground  
**SHOR HAVOR**  
 Beef, Lamb, Poultry & Veal Raw Unprocessed, Excluding Ground  
**SOLOMON'S GLATT KOSHER**  
 Beef: Raw, Unprocessed, Excluding Ground  
**SUPREME GLATT**  
 Beef, Lamb, Poultry & Veal: Raw, Unprocessed, Excluding Ground

**TIFERETH KOSHER**Poultry: Raw, Unprocessed,  
Including Ground**WISE KOSHER  
NATURAL**Poultry: Raw, Unprocessed,  
Excluding Ground**WISE ORGANIC  
PASTURES**Poultry: Raw, Unprocessed,  
Excluding Ground**OLIVE OIL  
EXTRA VIRGIN ONLY**

1492

365 EVERYDAY VALUE

8 OLIVOS

ACADEMIA BARILLA

ACEITES DEL SUR

ACEITES DINTEL

ACESUR

ACORSA

AEGEAN ESARIME

AEGEAN TREASURE

AGRO SEVILLA

AIMURAI

AIVALY

ALBA D'ORO

ALBERO BUONO

ALESSI

ALEXIS

ALIDORO

ALMENARA

ALONIA

ALONYAL

ALPINE GOURMET

ALTIVO

ALWAYS SAVE

ANDINO

ANDOLINA

ANFORA D'ORO

ANGELO'S GROVE

ANTICA BONTA

ANTOLINA

ARCHER FARMS

ARIOLI

ARIZOT

**YERUSHALAYIM**

ARNEO

ARTISAN RESERVE

ASARO-PARTANNA

ASSAGIO CLASSICO

AUGURI

AURORA

AURUM

AZAIT

BADIA

BALDUCCIS FOOD  
LOVER'S MARKET

BARAO DE CASCAES

BARESI

BASSO

BAY VALLEY FOODS

BELL-VIEW

BELLA

BELLA FAMILIGLIA

BELLA ITALIA

BELLA TAVOLA

BELLAGIO

BELLINO

BELLUCCI PREMIUM

BELLUTI

BELVEDERE

BERLOTI

BERTOLLI

BERTOLLI RISERVA

BEST CHOICE

BONELLI

BORGES

BORRACCHINI

BOSCOLI FAMILY

BOSWELL

BOTTICELLI

BRENNAN'S CELLARS

BUNICCI

BUONAMICI

CADIA

CALIFORNIA GNARLY  
VINES ESTATECALIFORNIA OLIVE  
RANCH

CALIFORNIA PANTRY

**CALLISTO  
FRANCESCONI**

CANTALIA

CANTU

CAPATRITI

CAPITOL  
DISTRIBUTION

CARA TERRA

CARAPELLI

CARBONELL

CARITO

CARLINI

CARMELITA

CASA CARDENAS

CASOLARE

CASTELVETERE

CAVANNA

CAVANNA OLII

CELIO

CENTO

CENTRAL MARKET

CESAR

CIBARIA BRAND  
NATURE'S MIRACLE

CIRIO

CLASSICO

CLEARSRING

CLEOPATRA

CLOVER

CLOVER VALLEY

CO-OP GOLD

COLAVITA

COLONNA

CONDIBÒN

COOSOL

COOSUR

CORA

CORDOLIVA

CORI

CORRADO'S

CORTINA

CORTO OLIVE

CORTONA BRAND

COSTA D'ORO

COSTANZA

**COUNTRY ROAD**

CREMONINI

CREO

CRISCO

CRITELLI

CROM

CUCINA BIELLO

CUCINA D'ORO

CUCINA ITALIANA

CUCINA ROYALE GOLD

CULINO - LA  
MERVEILLEUSE

D' AGUIRRE

DA VINCI

DAILY CHEF

DAL RACCOLTO

DAVID

DE CECCO

DE LA ROSA

DEL PAPA

DEL RE

DELALLO

DELLA VILLA

DEMARCO

DI CARLO

DI STEFANO

DICARLO BRAND

DON FEDELE

DRUPA

DUC

DUNDEE

EARTH'S CHOICE

EKIZ

EL OLIVAR

EMMA

EMPRESS

EOLIA

ERKENCE

FABRINI

FAIRWAY

FAMATINA VALLEY

FARCHIONI

FIELD DAY ORGANIC

FILIPPO BERIO

FOOD CLUB

**FOOD**

SERVICESENTIALS

FRAGATA

FRANCESCO RINALDI

FRANTINO

FRANTOIO DELLA  
PIEVE

FRATICELLO

FRESH &amp; EASY

FRESH & WILD  
ORGANIC

FROM THE FIELD

FRONTE

FULTON PANTRY  
STREET MARKET

GALIL

GALLO

GEMSA

GENCO

GENUINE RED  
TRACTOR BRAND

GFS

GIA RUSSA

GIANT

GIANT EAGLE

GIOTTO

GOLDCREST

GOLDING FARMS

GOODIES

GORDON SIGNATURE

GOURMET ARTISAN

GOURMET MIST

GRAZIANA

GREAT VALUE

GRIFO

GUILLEN

GUSTAV HEES-SPAIN

H-E-B

H.T. TRADERS

HACIENDA GUZMAN

HARVEST FARMS

HERMES

HIDALGO

HOJIBLANCA

HY-TOP

IGA

IL SUCCOLIVA	LORETO	NASH BROTHERS TRADING CO.	SPECAILTY FOOD	SAN MICHELE
ILK EL	LORIVA	NATOLEA	PAESANO	SANDHURST
INCECIK	LOU ANA	NATURA	PAESE MIO	SANTA LUCIA
INDALO	LOWE'S FOODS GOOD FOR YOU	NATURELAND	PAMPA	SANTA NINFA
IRRESISTIBLES	LUPI	NEWMAN'S OWN ORGANICS	PANTALEO	SANTANGELO
ITALA BELLA	MAMA FRANCISCA	NICANIELLO	PASTENE	SANTIAGO LIMITED EDITION
ITALIAN FAVORITES	MAMA NITTA'S	NINA	PASTORELLI FOOD PRODUCTS	SANTINI FOODS
ITALICA	MAMA ROSA	NO NAME	PEGASUS	SAPORI VERI, INC.
ITALICO	MAMMA MIA	NOVA OLIVA	PEREG	SAPORITO FOODS
ITALPASTA	MANTUANO	O ORGANICS	PIANO DEL PRINCIPE	SASSO
ITLV	MARCAHUASI	O&CO	PICUARINO	SAVOR CARELLO
JOZEV	MARCONI	O-LIVE & CO.	PIETRO CORICELLI	SCARPONE'S
JUNGLE JIM'S INTERNATIONAL MARKET	MARIELLA	OLEAL	PONS	SCHNUCK'S
KARDAMILI	MARIO	OLEAURUM	POPE	SCLAFANI
KEY FOOD	MARKET DISTRICT	OLEICOLA ILCERAVONIA	PORTARO	SEDONA
KIDONIA	MARKET PANTRY	OLGUNCA	PRESIDENT'S CHOICE	SELECCION
KINGS ITALIA	MARMARABIRLIK	OLICA	PRICE RITE	SEMPRE
KIRKLAND SIGNATURE	MAS PORTELL	OLIO BEATO DEMARCO	PRIMIO	SENSATIONS
KORINTHIA LAND	MASTR'OLIVO	OLIO DI TORRE	PRIMIZIA	SENTIO
KRASDALE	MASTRO	OLIO VERDE	PRIMO GUSTO	SEVILLA MIA
L'ORO DEL SUD	MEDEIROS	OLIO VILLA	PRIVATE SELECTION	SHOP RITE
LA ANDALUZA	MEDITERRANEAN CLASSICS CAMPAGNA	OLIORO	PUBLIX	SHUR FINE
LA ANDELUZA	MEIJER	OLIOVILLA	PYRAMID	SIERRAS DE AMBATO
LA BELLA	MEIJER ORGANICS	OLISANT	RAO'S	SIMPLY NATURE
LA BOTIJA	MEMBER'S MARK	OLISSIMO XO	RAVIKA	SIMPLYPURE
LA CORONA DEL PRICIPE	MENAKHEM	OLITALIA	REALE	SOL DE ACULEO
LA ESPANOLA	MESTRE	OLIVABELLA	REGINA MOLISANA	SOPHIA
LA GOCCIA DELRE	MIL OLIVAS	OLIVAMED	REMO	SORRENTO
LA PRENSA	MILLAS	OLIVE PIER	RESERVA DEL CESAR	SOUTHERN HOME
LA RAMBLA	MITOKU	OLIVERA	RIENZI	SPECTRUM NATURALS
LA RENA	MOLIVO	OLIVINA	ROCCHI	SPECTRUM ORGANICS
LA ROMANELLA	MOLLIE O	OLIVISTA	ROLAND	SPLENDIDO
LA SPAGNOLA	MONACO	OLV	ROMA BRAND	SPROUTS
LA VALLE	MONALISA	OMAGGIO	ROMANO ITALIA	SPROUTS FARMERS MARKET
LAIS	MONDE	ONDOLIVA	ROMULO	STAR
LAKONIA	MONINI	ORO DI SICILIA	ROSELI	STELLA
LAURA LYNN	MONTEREY MARKET	ORO Y SOL	RYKOFF SEXTON	STOP & SHOP
LEONE BIANCO	MONTICELLI	OROMAULE	SABO ITALIA	SUN HARVEST
LIDER	MONTOLIVO	OTTAVIO	SADAF	SUPREMO ITALIANO
LIFE	MONUMENTAL	OUR FAMILY	SAFEBAY	SYSCO ARREZZIO - 497591
LIRA	MOSKONISI	OUR FINEST	SAICA BRAND	TAPAS
LONGO'S	NAPOLI FOODS	PACIFIC CHOICE	SALVADORI	TARIS
LORENZINI			SAN EUROSIA	
			SAN FELIPE	

TERRA CRETA ESTATE	ZOE	EASY LIVING	KRASDALE	SEALWRAP
TERRA E SOLE	ZORBA	ECONOMAX	LAURA LYNN	SERENITY WRAP
TERRA SANTA	PAPER, PLASTIC, WRAPS, FOIL, CANDLES	ESSENTIAL EVERYDAY	LIFE BRAND	SHAM ROCK
TERRE NOSTRE		EVERYDAY CHEF	MARDI GRAS	SHOP RITE
THE ARTISANAL KITCHEN	365 EVERYDAY VALUE	FAMILY VALUES	MARKET BASKET	SHOPPERS VALUE
TIGER BRAND	ALADDIN	FINAST	MASTER WRAP	SHURFINE
TOLEDO	ALL KITCHENS	FINE VANTAGE NOC	MEIJER	SMART OPTION
TOPICAL PHARMACEUTICALS	ALLIANCE PRO	FIRST MARK	MEMBER'S MARK	SMART PRICE
TRADER GIOTTO'S	ALLIANT	FIRST STREET	MONOGRAM	SMART USA
TRAMIER	ALWAYS SAVE	FOOD CLUB	MRS. WAGES	SMARTLOCK
TREE OF LIFE	AMERICA'S CHOICE	FOOD LION	NETWORK	SMITH & JOHNSON
TRIFOGLIO	AMERICAN FARE	FRED'S	NICOLE HOME COLLECTION	SOBEY'S
TRUSCA	ANCHOR	FRESH & EASY	O-CEL-O	SOUTHERN HOME
TRUSCELLO	ARROW	GFS	OLD GLORY	SPRINGFIELD
TSITALIA	BAKE KING	GIANT	PAPER ENTERPRISES	STATER BROS.
TUNIHUILE	BAYVIEW	GIANT EAGLE	PARADE	STERLING
UMBRIA OLII	BERKLEY & JENSEN	GLAD	PATHMARK	STOP & SHOP
UMBRIA VERDE	BEST CHOICE	GLICKS	PEAK	STRETCH-TITE
UNIO	BEST YET	GOLBON	PIGGLY WIGGLY	STURDI
URZANTE	BESTWAY	GOOD SENSE	PLACESETTER	SUNNY SELECT
VALEDA	BETTER VALU	GREAT VALUE	POCAHONTAS FOODS USA	SUNSET BRAND
VALL D'OLI	BI-LO	GUARANTEED VALUE	PREMIER FOIL	SUPREME
VALLE DE POMAN	BORAX	H-E-B	PRICE CHOPPER	SYSCO CLASSIC-000176
VALLEARRIVA	CARRIBE	HAGERTY	PRICE RITE	TOPCREST
VALTORRE	CEDO	HANDI-FILM	PRICE WISE	TOPS
VALUE FIRST	CHEF'S PRIDE	HANDI-FOIL	PRIME SOURCE	TOUGH & EASY
VERD D'OR	CLEAR VALUE	HANNAFORD	PROPAK	TRINIDAD BENHAM
VERDOLIO	CLEARVIEW	HARRIS TEETER	PUBLIX	TRIUMPH
VIGO	COLORZIP	HARRIS TEETER YOUR HOME	QUALITY COLLECTION	ULTRA FOIL
VILLA FRIZZONI	CONCENTSUS	HEFTY ONE ZIP	RALEY'S	UP & UP
VILLA MILENA	CRYSTAL WRAP	HI-VALU	RANCH WAGON	VALU TIME
VIOLIO	CUT-RITE	HOME-LINK	REAL VALUE	VALU-REY
VITA	D&W FINE PACK	HOMELIFE	RED & WHITE	VALUE CHECK
VIVA ITALIA	DASHUN	HY-TOP	REYNOLDS	VALUE OPTIONS
WEGMANS	DIAMOND	IDEAL	RIGHT VALUE	VALUE STAR
WELCH HOLME & CLARK	DIXIE	IGA	RITE AID	VALUE TIME
WEST ANDES	DIXIE ULTRA	IVEX	ROUNDY'S	VANITY FAIR
WEST COAST PRODUCTS	DOMINICK'S	J.W. ALUMINUM	SAFEWAY	WAXTEX
WORLD MARKET	DUANE READE	JIF-FOIL	SAFEWAY KITCHENS	WEGMANS
YITZHAR	DURABLE FOIL	KARI-OUT	SAM'S CHOICE	WEIS
ZABAR'S	DURABLE PACKAGING INTERNATIONAL	KEY FOOD	SARAN	WESTCOTT
ZADE	EASY ELEGANCE	KIRKLAND	SCHNUCK'S	WINN-DIXIE
		KITCHEN CHARM	SCOTCH-BRITE	WISE SHOPPER
		KITCHEN ESSENTIALS		WRIGHTWARE

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בס"ד

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ONLY

ACME  
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ALEXIS  
AMERICAN RAISIN  
PACKERS  
BERKLEY & JENSEN  
CALIFORNIA RAISINS  
CHAMPION  
CHEF E. BERNARD  
CHEF'S SEASONINGS  
CLOVER VALLEY  
DDA  
DELUXE  
ESSENTIAL EVERYDAY  
FISHER NUT  
FOOD LION

FRED MEYER  
FRESH GOURMET  
GREAT VALUE  
HANNAFORD  
HILL COUNTRY FARE  
JEWEL  
KASH N' KARRY  
KRASDALE  
MARKET BASKET  
MEMBER'S MARK  
PACIFIC NATURAL  
SPICES  
PRICE CHOPPER  
PRICE RITE  
PUBLIX  
REGENT  
SAFARI  
SHOP RITE  
STOP & SHOP  
SURFAS  
SWEET HARVEST

TRADER JOE'S  
WEIS  
WINN-DIXIE

SALT  
NON-IODIZED ONLY

ALESSI COARSE  
ANTICA SALINA  
BEST YET  
BIG Y  
CHENEY BROTHERS  
ESTATE  
FLAVOR HOUSE  
FOOD CLUB  
FOODTOWN  
FRESH & EASY  
GULF  
HOUCHE'S OUR  
SPECIAL  
JP FOODSERVICE  
KINGSTON  
MORTON

NIFDA  
PRESIDENT'S CHOICE  
RALEY'S  
REDMOND REALSALT  
REMARKABLE  
ROLAND  
S.E.R.  
SADAF  
SHAW'S  
SOSALT  
SPECIAL PURITY  
SPECIAL VALUE  
TRU-FLO  
U.S.  
WEGMANS  
WINDSOR  
WINN-DIXIE

SUGAR  
WHITE GRANULATED  
ONLY

ACME  
ALBERTSON'S  
AMERICA'S CHOICE  
BAKER'S CORNER  
BAKESENSE  
BEST YET  
BI-LO  
BLUE SWAN  
CHEF'S QUALITY  
COLONIAL SUGAR  
DIXIE CRYSTALS  
ESSENTIAL EVERYDAY  
FOOD CLUB  
GINGER EVANS  
GOLDEN BARREL  
GOOD DAY  
HOLLY SUGAR  
HY-TOP  
IMPERIAL  
IMPERIAL SUGAR  
JEWEL

LOWE'S FOODS GOOD FOR YOU  
 MARKET PANTRY  
 MONARCH  
 MY ESSENTIALS  
 NUGGET  
 PARADE  
 PIONEER  
 POCAHONTAS  
 PRICE CHOPPER  
 PRICE RITE  
 PUBLIX  
 RAINBOW  
 RED & WHITE  
 SAVANNAH GOLD  
 SHOP RITE  
 SHUR FINE  
 SOUTHERN HOME  
 SWEETENER'S PLUS  
 VALU TIME  
 WEST CREEK  
 WHITE GOLD

TEA BAGS  
 UNFLAVORED  
 DECAFFEINATED

LIPTON

TEA BAGS  
 UNFLAVORED EXCEPT  
 DECAFFEINATED

ACME  
 ALBERTSON'S  
 AMBIANCE  
 AMERICA'S BEST  
 AMERICA'S CHOICE  
 AMERICAN ACE  
 BALLY  
 BARONET  
 BENNER  
 BETTER VALU  
 BRITISH MERCANTILE  
 BROMLEY ESTATE  
 CARRYTOWN  
 CHENEY ESTATE

CO-OP CENTSIBLES  
 COFFEE ASSOCIATES  
 COMSOURCE-105  
 CORRECT CHOICE  
 CUB  
 DILMAH  
 EMBASSY-105  
 ERNA  
 FAMILY DOLLAR  
 FRED'S  
 FROSTY ACRES  
 GEFEN  
 GIANT  
 GILLES  
 GOLBON  
 GOLDEN TIP TEA  
 H & R  
 HOUSE RECIPE  
 HY-TOP  
 IGA  
 JENNETTE  
 JEWEL  
 KENT & LAVRIA  
 KEY FOOD  
 LAURA LYNN  
 LAW'S  
 LIPTON  
 MADURA  
 MARKET BASKET  
 MARKET PANTRY  
 MARYLAND CLUB  
 MASTER'S CHOICE  
 MOUNT STIRLING  
 NATURAL DIRECTION  
 NEWMAN'S OWN ORGANIC  
 NUGGET  
 OUR FAMILY  
 PARADE  
 PARK REGENCY  
 PASCAL  
 PIGGLY WIGGLY  
 POCAHONTAS  
 PRICE RITE  
 RED & WHITE

REFLECTIONS  
 RESTAURANT DEPOT  
 RESTAURANT'S PRIDE PREFERRED  
 RITE AID  
 ROYAL CLUB  
 ROYAL CUP  
 SAFEWAY  
 SHAW'S  
 SHOP RITE  
 SHOWBOAT  
 SHURSAVINGS  
 SOMERSET  
 SPARTAN  
 STATER BROS.  
 STOP & SHOP  
 SUNNY SELECT  
 SUPERIOR  
 SWEE-TOUCH-NEE  
 TEA OF LIFE  
 TETLEY  
 THE REPUBLIC OF TEA  
 TRUCCHI'S  
 VIRGINIA CHOICE  
 WARD  
 WESTERN BEEF  
 WHITE HOUSE  
 WHITE LILAC  
 WINN-DIXIE  
 WM DEAN

TEA  
 INSTANT UNFLAVORED

NESTEA  
 Decaffeinated Tea, Regular  
 Tea

WATER

"O" WATER  
 365 EVERYDAY VALUE  
 7 SELECT  
 ACADIA  
 ACTIVATE  
 ADIRONDACK  
 AHHMIGO

ALBERFOYLE SPRINGS  
 ALBERTSON'S  
 ALHAMBRA  
 AMERICA'S CHOICE  
 AMERICAN FALLS  
 AMERICAN SUMMITS  
 AQUACAI  
 AQUADECO  
 AQUATION  
 AQUAVIVA  
 ARCHER FARMS  
 ARCTIC FALLS  
 ARCTIC SOL  
 ARIZONA  
 ARROWHEAD  
 BEST YET  
 BIG Y  
 BLOOM  
 BRAVO  
 BUSCH'S  
 CALISTOGA  
 CLEAR VALLEY  
 CLOVER VALLEY  
 CO-OP GOLD  
 COMPLIMENTS  
 COOL SPLASHERS  
 CRYSTAL 20  
 CRYSTAL GEYSER  
 CRYSTAL ROCK  
 CULLIGAN  
 DAVREN SPRINGS  
 DEER PARK  
 EL TAPATIO  
 ESKA  
 ETERNAL  
 EVAMOR  
 FAIRWAY AND PANGEA  
 FERRARELLE  
 FIRST STREET  
 FLAVORITE  
 FOOD CLUB  
 FOOD LION  
 FOODTOWN  
 FOX LEDGE  
 FREDMEYER

FRY'S  
 FSA  
 GERBER  
 GIANT  
 GIANT EAGLE  
 GLACEAU  
 SMARTWATER  
 GLACIER LAKES  
 GREAT VALUE  
 GUIDA'S  
 GUITIG  
 HANNAFORD  
 HARRIS TEETER  
 HY-TOP  
 ICE MOUNTAIN  
 IGA  
 JERSEY DAIRY  
 JOHNNIE'S  
 FOODMASTER  
 KING SOOPERS  
 KIRKLAND  
 KIRKLAND SIGNATURE  
 KOWALSKI'S MARKETS  
 KROGER  
 LANGER'S  
 LEISURE TIME  
 LIFE HAMIDIYE  
 LONGO'S  
 MARKET PANTRY  
 MAYIM CHAIMZ  
 MEMBER'S MARK  
 MIZMOR  
 MONTCLAIR  
 MORNING SONG  
 MOUNT OLYMPUS  
 MOUNTAIN ICE  
 MY CAUSE  
 MY ESSENTIALS  
 NAKED  
 NATIA  
 NATURE'S PRIDE  
 NATURE'S WAY  
 NESTLE  
 NESTLE PURE LIFE  
 NIAGARA

NICE!	PURAQUA	ROCCETTA	SPRING REFLECTIONS	MARKET
O WATER	PURE AMERICAN	ROCHE BROS.	STATER BROS.	WASATCH CRYSTAL
OASIS	PURE LIFE	ROSENBERGER'S DAIRIES	SWISS DAIRY	WAT-AAH! BODY
OUR FAMILY	PURITY SPRINGS	ROXANE	SWISS PREMIUM	WAWA
OZARKA	PUSH	SAFEWAY SELECT	TALKING RAIN	WEGMANS
PARADE	QUALITY FOOD CENTERS	SELECTION	TESALIA	WEIS
PATHMARK	QUICK CHECK	SEQUANA	THIRSTER	WESTERN FAMILY
PEABODY HOTELS	RALEY'S	SHOP RITE	TIM HORTON	WHISTLER
PENTA	RALEY'S FINE FOODS	SHUR FINE	TOPS	WHITE HEN
PIKE COUNTRY	RALPHS	SILVER SPRINGS	TRADER JOE'S	WHITE ROSE
POLAND SPRING	REFRESHE	SIMPLIFY	TRITON	WILD HARVEST
POLAR	RESERVE	SIMPLY NATURAL	TULPEHOCKEN	WINN-DIXIE
POLARIS	RITE AID PANTRY-CRYSTAL LAKE	SKH	ULIVETO	ZEPHYRHILLS
PRICE CHOPPER	ROARING SPRING	SMART SENSE	UNITED DAIRIES	
PRICE RITE	ROB'S REALLY GOOD	SNOW MOUNTAIN	UTOPIA	
PRISTINE MIST		SPARKLETTS	VINTAGE PURE	
PUBLIX			WALNUT GROVE	

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*Certain products may be listed in both sections of this guide.*

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**BABY FOOD**

**FIRST CHOICE**

Apple Sauce, Carrots, Sweet Potato

**BAKED GOODS**

**ABSOLUTELY**

Gluten Free Flatbread: *Original, Toasted Onion*

Gluten Free Crackers: *Cracked Pepper, Original, Toasted Onion*

**BARRICINI HOLIDAY BRAND**

Dark Chocolate Macaroons

**BARTONS**

Dark Chocolate Macaroons

**DAYEINU**

Matzo Burger Rolls, Matzo Rolls

**FRANKEU'S**

Cheesecake, Cheesecake-Marble

**GEFEN**

Macaroons: *Almond, Chocolate, Chocolate Chips, Coconut, Double Choc Chip, Honey Nut, Vanilla*

Flats: *Basil, Onion, Original*

Cookies: *Almond, Brownie, Chocolate Chip, Cinnamon, Vanilla, Walnut*

**GLICKS**

Macaroons: *Almond, Chocolate, Chocolate Chip, Coconut*

**GOODMAN'S**

Macaroons: *Almond, Chocolate, Chocolate Chip, Coconut*

**HOO LACHMU**

Flats

**JENNIES**

Macaroons: *Almond, Chocolate, Chocolate Chip, Chocolate Covered, Coconut, Drizzle*

**LE'TOVA**

Egg Kichel: *Onion, Onion & Garlic, Plain, Sugar, Sugar & Cinnamon*

Bread Sticks

**LILLY'S**

Sugar Free Cakes: *Carrot, Chocolate Roll, Mandel, Marble, Raspberry Roll, Seven Layer, Sponge*

Sugar Free: *Cookies, Macaroons*  
 Macaroons: *Almond, Almond Chocolate Dipped, Chocolate, Chocolate Dipped, Coconut, Coconut Chocolate Dipped, Double Chocolate Dipped*

Cookies: *Assorted, Chocolate Chip, Chocolate Fudge, Chocolate Nut Wafers, Fudge, Lady Fingers, Rainbow*

Cakes: *Apricot Layer, Apricot Roll, Black and White, Black and White Swirl, Brownie,*

*Cappuccino, Chocolate, Chocolate Chiffon, Chocolate Kokosh Strip, Chocolate Nut Roll, Chocolate Roll, Chocolate Seven Layer, Coffee Chocolate Chip, Coffee Cinnamon, Coffee Marble, Coffee Seven Layer, Honey, Honey Loaf, Mandel, Marble, Mocha, Praline Nut Roll, Railroad, Rainbow Marzipan, Raspberry Roll, Raspberry Torte, Seven Layer, Shadow, Sponge*

Bon Bons, Chocolate Leaves, Miniature Rum Balls

**MANISCHEWITZ**

Mandel Cuts: *Chocolate Chip, Marble, Plain*

Macaroons: *Almond, Banana Split, Cappuccino Chip, Chocolate, Chocolate Almond, Chocolate Chip, Chocolate Chocolate Chip, Chocolate Chunk Cherry, Chocolate Covered, Chocolate Mint, Chocolate Nut Brownie, Chocolate Sugar Free, Coconut, Coconut Sugar Free, Cookies 'n Cream, Dark*

*Chocolate, Honey Nut, Red Velvet, Reduced Sugar Chocolate, Reduced Sugar Coconut, Rocky Road, Ultimate Triple Chocolate*

Kichel: *Dietetic, Egg, Jumbo*

Crackers: *Gluten Free, Gluten Free Matzo Style Squares*

Cookies: *Almond, Chocolate Chip, Double Chocolate Chip, Rocky Road*

Biscotti: *Chocolate Walnut, Cranberry Pistachio*

**MISHPACHA**

Macaroons: *Chocolate, Chocolate Chip, Coconut*

**MISS CHOCOLATE**

Macaroons: *Almond, Chocolate, Chocolate Chip, Chocolate Covered, Coconut, Vanilla*

**REISMANS**

Macaroons: *Almond, Chocolate, Chocolate Chip, Chocolate Covered, Coconut, Double Chocolate, French Almond*

Cookies: *Assorted, Black & White, Lace, Ladyfingers, Leaf, Rainbow, Sandwich*

Cakes: *Apricot Roll, Brownie, Chocolate Fudge, Marble Loaf, Mocha Apricot Layer, Railroad, Raspberry Roll, Seven Layer Chocolate, Seven Layer Vanilla, Shadow, Sponge Loaf, Tiffany Iced Layer*

**SCHICK'S**

Macaroons: *Almond, Almond Chocolate Dipped, Chocolate, Coconut, Coconut Chocolate Dipped, Double Chocolate Dipped*  
 Cookies: *Assorted, Chocolate Chip, Chocolate Fudge, Chocolate Nut Wafers, Rainbow*

Cakes: *Apricot Roll, Brownie, Chocolate Roll, Honey, Praline Nut Roll, Railroad, Raspberry Roll, Raspberry Tarts, Seven Layer, Shadow, Sponge*

Bon Bons, Chocolate Leaves

**YANOVSKY**

Alfajores, Cookies

**YEHUDA**

Crackers: *Gluten Free Crackers, Gluten Free Fiber Enriched Matzo-Style, Gluten Free Matzo-Style Squares, Gluten Free Matzo-Style Squares - Toasted Onion, Gluten Free with Cracked Pepper*

Cakes: *Chocolate, Vanilla*

**BEVERAGES**

**ACME**

Orange Juice

**ADIRONDACK**

Seltzer

**AHOLD**

Orange Juice

**ALBERTSON'S**

Orange Juice

**ALPENGLLOW**

Sparkling Apple Cider

**AMERICA'S CHOICE**

Seltzer: *Cherry, Lemon Lime, Orange, Plain, Raspberry*  
 Orange Juice

**BEST HEALTH**

Seltzer

**BIG Y**

Seltzer

**BUSTAN ABRAHAM**

Tea Bags

**COCA-COLA**

Classic Coke, Diet Coke

**COMPARE FOODS**

Orange Juice

**COMPLIMENTS**

Orange Juice

**DAY'S**

Seltzer

**ELITE**

Coffee Platinum, Instant Coffee

**FOOD CLUB**

Orange Juice, Seltzer

**FOODTOWN**

Orange Juice

**GEFEN**

Juice: *Apple, Lemon, Orange, Pineapple, Prune, Tomato, Tomato No-Salt*

Coffee Whitener F/F, Taster's Choice Coffee, Tea Bags

**GIANT**

Seltzer: *Lemon Lime, Plain, Raspberry*

**GIANT FOOD**



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Orange Juice

#### GLICKS

Apple Juice, Lemon Juice

#### GOLDEN CROWN

Prune Juice

#### GOLDEN FLOW

Orange Juice

#### GUILTLESS GOURMET

Coconut Water

#### HADDAR

Juice: *Apple, Cranberry, Cranberry Cocktail, Lemon, Prune, Tomato*

Drink Mixes: *Cherry, Fruit Punch, Hot Cocoa Instant, Hot Cocoa No Sugar Added, Hot Cocoa Non-Dairy*

Coffee Whitener, Non Dairy Creamer

#### HANNAFORD

Orange Juice

#### IGA

Orange Juice

#### IRRESISTABLES

Orange Juice

#### JUMP

Grapefruit Soft Drink, Orange Soft Drink, Pomegranate-Apple, Strawberry Banana Soft Drink

#### KEDEM

Juice: *Cranberry, Cranberry Juice Cocktail, Pomegranate, Sparkling Apple Cider, Sparkling Pomegranate, Sparkling Raspberry*

#### KEY

Seltzer

#### KEY FOOD

Orange Juice

#### KIRKLAND

Apple Juice

#### KIRKLAND SIGNATURE

Coffee

#### KOJEL

Hot Chocolate Mix

#### KRASDALE

Orange Juice

#### KREATIVE

Turkish Coffee

#### LAKWOOD FARMS

Orange Juice

#### LAVAZZA

Coffee Espresso

#### LEHIGH VALLEY DAIRIES

Orange Juice

#### LENDWAR

Dark Roast Coffee, Ground Espresso, Original Roast Coffee

#### MARKET BASKET

Orange Juice

#### MISHPACHA

Juice: *Apple, Lemon, Tomato*

#### MRS. ADLER'S

Apple Juice

#### NATURE'S OWN

Apple Juice, Cranberry Cocktail, Cranberry Juice

#### NATURE'S PRIDE

Orange Juice

#### OSEM

Raspberry Flavor Drink Concentrate

#### PARADE

Orange Juice

#### POLAR

Lemon Lime Seltzer, Lemon Seltzer, Lime Seltzer

#### PRICE CHOPPER

Juice: *Apple, Orange*  
Seltzer

#### PRICE RITE

Lemon Lime Seltzer, Plain Seltzer

#### QUICK CHECK

Orange Juice

#### RICHFOOD

Orange Juice

#### SEATTLE'S BEST COFFEE

Henry's Blend, Level Five, Organic Fair Trade Dark & Intense Level Five Ground Coffee

#### SENSATIONS

Orange Juice

#### SHAW'S

Orange Juice

#### SHENANDOAH'S PRIDE

Orange Juice

#### SHOP RITE

Seltzer: *Lemon Lime, Plain, Raspberry*

Apple Juice, Cranberry Juice, Lemon Juice, Orange Juice, Tea Bags

#### SHURFINE

Orange Juice

#### SPLASH

Orange Juice

#### STAMFORD HILL

Diet Lemon Iced Tea, Lemon Iced Tea

#### STARBUCKS

Coffee Regular, Coffee-Flavorlock Bags

#### STEWART'S

Seltzer

#### STOP & SHOP

Lime Seltzer, Plain Seltzer

#### SUPER A

Orange Juice, Seltzer Water

#### SUPER CHILL

Seltzer: *Lemon Lime, Lime, Plain, Raspberry*

#### SWEE-TOUCH-NEE

Tea: *Caffeine Free, Green, Regular*  
Herbal Tea: *Lemon Verbena, Orange Spice, Peppermint*

#### SYFO

Lemon Lime Seltzer, Original Seltzer Sparkling Water

#### TOPS

Orange Juice

#### TRADE FARE

Orange Juice

#### TREE RIPE

Orange Juice

#### TROPICAL SUN

Orange Juice

#### WEGMANS

Orange Juice

#### WEIS

Orange Juice

#### WESTERN BEEF

Orange Juice, Seltzer

#### WHITE LILAC

Tea Bags

#### WHITE ROSE

Orange Juice

#### WISSOTZKY

Tea: *Bethlehem, Classic, Jerusalem, Nazareth*

Herbal Tea: *Almond, Chamomile, Cinnamon Magic, Golden Dreams, Mint, Peppermint, Taj Mahal, Wild Rose & Hibiscus*

Fruit Tea: *Apple Delight, Cherry, Fruit Galore, Lemon, Orange Morning, Raspberry*

Black Label Tea: *Earl Grey, English Breakfast, Himalaya*

#### YULA

Cranberry Cocktail, Prune Juice

### BREAKFAST FOODS

#### BLANCHARD & BLANCHARD

Granola: *Original, Raisin*

#### DAYEINU

Granola Classic, Granola Cranberry

#### GEFEN

Hot Cereal: *Farina Style, Maple and Brown Sugar*

#### KOJEL

Instant Hot Cereal: *Cinnamon Raisin, Maple and Brown Sugar*

#### MANISCHEWITZ

Cocoa Magic Crunch Cereal, Cookie Cereal, Fruity Magic Cereal, Honey Almond Crunch Cereal w/Raisins, Hot Wheat Cereal, Hot Wheat Cereal, Pancake Mix, Pancake Mix Blueberry, Sunny O's Cereal

#### SAVION

Crispy O's Cereal: *Apple Cinnamon, Cocoa, Frosted, Frosted Medley, Fruit, Honey, Plain*

Granola Honey & Raisins

### CANDLES

#### GLICKS

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Rabbi Jack Abramowitz, Torah Content Editor



Candlelite Candle Holder

## MANISCHEWITZ

Memorial Tumblers, Shabbat Candles

## ROKEACH

Disposable Candle Holder, Memorial Tumblers, Neriot Glass, Neriot Refill Candles, Shabbat Candles, Shabbat Candles Extra Long

## CANDY & CHOCOLATE

### ALPROS

Almonds Extra Fine Milk Chocolate With Whole Almonds, Dark Chocolate, Deluxe Dark Chocolate With Hazelnut Praline, Deluxe Milk Chocolate With Hazelnut Praline, Deluxe White Chocolate With Hazelnut Praline, Milk Chocolate, Milk Chocolate Cream Deluxe, Napolitans Dark Chocolate, Napolitans Milk Chocolate, Two Tone Double Milk and White Chocolate, White Chocolate

### AUNT BERTA'S

Pralines: *Hazelnut Bitter, Hazelnut Nougat, Nougat Coffee*

### BARRICINI

Fruit Slices: *Orange, Lemon, Lime, Raspberry*

### BARRICINI HOLIDAY BRAND

Chocolate Covered/ Dipped: *Dark Chocolate Egg Matzah, Dark Chocolate Matzah, Milk Chocolate Egg Matzah*  
Almond Bark, Almond Clusters, Cashew Clusters, Chocolate Almond Butter Crunch, Chocolate Bites, Chocolate Cashew Cluster, Chocolate Coconut, Chocolate Jelly Bars, Chocolate Lollycones, Chocolate Peppermint, Chocolate Space Pops, Fruit Slices

### BARTONS

Fruit Slices: *Orange, Lemon, Lime, Raspberry*  
Chocolate Covered/ Dipped: *Dark Chocolate Matzah Crackers*  
Almond Kisses, Assorted Bartonettes, Cashew Crunch, Chocolate Almond Bark, Chocolate Almond Butter Crunch, Chocolate Almond Clusters,

Chocolate Almond Matzah, Chocolate Caramel Daisies, Chocolate Coconut, Chocolate Diamonds, Chocolate Hazelnut Matzah, Chocolate Mint Diamonds, Chocolate Pecan Clusters, Chocolate Raspberry Jellies, Chocolate Sedar Mints, Festival Pops, Lollycones, M&D Assorted Bartonettes

### ELITE

Chewing Gum: *Bazooka Fruit, Bazooka Strawberry, Bazooka Tropical, Bubble Gum, Bubble Gum Balls, Chiklets Mini Gum, Mini Gum, Must Fruit, Must Kids, Must Peppermint, Must Spearmint*  
Assorted Splendid, Bittersweet Airy Chocolate, Bittersweet Chocolate, Chocolate Bar With Hazelnuts, Chocolate Coins, Chocolate Filled with Nougat Cream, Chocolate Lentils, Chocolate Log, Cream Filled Chocolate - Strawberry, Fruit Chews, Milk Chocolate, Mini Caramel Bar, Mini Chocolate Assortment Gift Box, Mini Coconut Bar, Mini Hazelnut Bar, Mini Lentils

### EMPRESS

Truffles: *Amaretto, Apricot Brandy, Cherry, Espresso, Hazelnut, Mandarin Orange, Raspberry*  
Almond Bark, Cappuccino Cream, Caramel Cream, Cashew Clusters, Chocolate Bonbonniere, Crème de Menthe, Gems, Non Pareils, Seder Plate, Star of David

### GEDILLA

Fruit Snacks

### GEFEN

Marshmallows: *Toasted, Twisted, White*

### GRANNY'S

Mini Marshmallows, Toasted Marshmallows, White Marshmallows

### HARRISON

Fruit Slices: *Orange, Raspberry, Lemon*

### MANISCHEWITZ

Marshmallows: *Mini, Toasted, White*  
Fruit Slices: *Orange, Lemon, Lime, Raspberry*

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Chocolate Covered/ Dipped:  
*Bittersweet Citrus Peels, Cherries  
Dark, Dark Chocolate Potato  
Chips, Marshmallows Dark*

Chocolate Covered Egg Matzo:  
*Dark, Dark Crackers, Double  
Dipped, Milk Crackers, Ultimate  
Double Dipped, Ultimate  
Smothered, White*

Chocolate Covered Biscotti:  
*Dark, Dark with Almonds, Milk  
Candy: Cotton Candy,  
Lollycones, Magic Max Cotton  
Candy Red/Blue, Magic Max  
Lollycones, Sugar Free Honey  
Lemon Candies, Sugar Free Mint  
Candies, Swiss Mints*

Almond Butter Cup, Chocolate  
Almond Bark, Chocolate  
Cappuccino Cremes, Chocolate  
Caramel Cashew Patties,  
Chocolate Cashew Patties,  
Chocolate Coconut Patties,  
Chocolate Frolic Bears,  
Chocolate Hazelnut Truffles,  
Chocolate Lollycones, Chocolate  
Magic Max Lollycones,  
Chocolate Marshmallow Cups,  
Chocolate Mint Cremes,  
Chocolate Peppermint Patties,  
Chocolate Raspberry Jell Bars,  
Chocolate Seder Plate, Chocolate  
Tender Coconut Patties,  
Chocolate Viennese Crunch,  
Hazelnut Chocolate Spread,  
Hazelnut Truffles, Seder Plate,  
Swiss Chocolate Mints

#### **MISHPACHA**

*Ice Pops, Marshmallows Twisty  
Color*

#### **MOONDANCE**

*Pralines: Hazelnut Bitter,  
Hazelnut Nougat, Nougat Coffee*

#### **MOSMARKS**

*Chocolate Matzo*

#### **O'GOODYS**

*Chocolate, Chocolate Almonds,  
Chocolate Fruit and Nut Mix,  
Chocolate Lentils, Coffee Beans,  
Mini Lentils, Mint Lentils, TV  
Assortment*

#### **ONEG**

*Sugar Free Candy: Apple,  
Berries, Cherry, Chocolate,  
Lemon, Mint*

*Sugar Free: Almond Cluster,  
Chocolate Chips, Coconut  
Cremes, Espresso Beans,  
Marshmallows, Marzipan Rings,  
Mint Lentils, Nonpareils, Nougat  
Roll, Pralines, Raspberry  
Cremes, Tootie Frooties, Truffles,  
Viennese Crunch*

*Jelly: Fingers, Fish, Fruit, Ju Ju  
Jellies, Rings, Safari Jellies,  
Slices, Sour Jelly Bears*

*Butterscotch, Coffee Candy,*

*Frooties, Fruit Flavored Candy,  
Fruit Taffy, Honey Candy,  
Lollypops, Mints, Pearls, Sour  
Fruits, Sour Mini Fruits*

#### **OPPENHEIMER**

*Non Pareils: Blue, Colored, White  
Chocolate Coated Matzos*

#### **OSEM**

*Chocolate Covered Matzah: Dark  
- Mint, Dark - Plain, Milk,  
Orange Flavored, Raspberry  
Flavored*

#### **ROKEACH**

*Fruit Slices: Orange, Lemon, Lime,  
Raspberry*

#### **SAVION**

*Marshmallows: Coconut, Twister,  
White*

*Fruit Slices: Cherry, Lemon, Lime,  
Orange*

#### **SCHMERLING'S**

*Rosemarie Bar: Cappuccino,  
Caramel, Harmony, Milk, Split  
Choco Blanc Bar, Chocolate Bar,  
Cocoa Bar, Honeymoon Bar,  
Krachnuss, Noblesse Bar, Orange  
Noir, Praline Bar Milk Stick,  
Praline Bar White Stick,  
Rosemarie Coconut, Swiss Milk  
Bar, Swiss Milk Hazelnuts, White  
Almond Bar*

#### **YEHUDA**

*Gluten Free Chocolate Covered  
Crackers*

#### **YEHUDA MATZOS**

*Chocolate Coated Matzot*

### **CONDIMENTS**

#### **ALTMAN'S**

*Beet Horseradish, Horseradish*

#### **AMERICA'S CHOICE**

*Pure Honey*

#### **ARROW**

*Horseradish, Horseradish And  
Beets, Horseradish Cream Style*

#### **AUNT BERTIA'S**

*Fruit Spread: Cherry, Date &  
Walnut, Mandarin Orange, Plum*

#### **AXELROD**

*Horseradish Red, Horseradish  
White*

#### **B.L.**

*Beet Horseradish, Horseradish*

#### **BA-TAMPTE**

*Half Sour Pickles, New Kraut,  
Red Horseradish, Sauerkraut,  
White Horseradish*

#### **BARTENURA**

*Balsamic Blaze, Balsamic Vinegar,*



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Olives, Peppers

**BILLY BEE**

Honey Bear, Squeeze Beehive  
Honey

**BLANCHARD**

Sauce: *Apricot Chicken, Cherry  
Chicken, Chili, Cranberry Chicken,  
Orange Chicken, Tomato with  
Mushrooms*

Pasta Sauce: *Cabernet Sauvignon,  
Roasted Garlic*

Honey Mustard, Mustard, Spicy  
Ketchup

**BLANCHARD & BLANCHARD**

Marinara Sauce: *Cabernet  
Sauvignon, Roasted Garlic*

Dressing Vinaigrette: *Balsamic,  
Fat Free Balsamic and Garlic,  
Northern Italian, Olive Oil, Olive  
Oil and Balsamic, Raspberry, Red  
Wine Fat Free, Tomato Basil*

Dressing: *Balsamic & Olive Oil,  
Balsamic Italian Low Fat,  
Balsamic Low Fat, Balsamic  
Roasted Garlic, Fat Free Sweet  
Onion, Garden Garlic, Northern*

*Italian, Northern Italian Tomato  
Basil, Tomato Basil, Zesty Garlic,  
Zesty Garlic Fat Free*

Chicken Sauce: *Apricot,  
Cranberry, Orange*

Chili Sauce, Distilled Vinegar,  
Honey Mustard, Passover  
Mustard, Spicy Ketchup, Tomato  
Sauce w/ Mushrooms

**BLOOM'S**

Chocolate Syrup

**BLOSSOM HILL**

Honey: *Blends, Orange Blossom,  
Wildflower*

**BNEI DAROM**

Eggplants

**BOSCO**

Chocolate Syrup

**BREDE**

Beet Horseradish, Horseradish

**DEER CREEK**

Honey: *Clover, Orange Blossom,  
Tupelo, Wildflower*

**DI NICOLA**

Pasta Sauce

**DOUBLE H**

Beet Horseradish, Horseradish

**DOVID'S**

Beet Horseradish, Horseradish

**DUTCH GOLD**

Honey: *Alfalfa, Baker's Special,  
Blueberry, Buckwheat, Clover,  
Eucalyptus, Golden, Orange  
Blossom, Organic, Tupelo,  
Wildflower*

**ELITE**

Chocolate Spread

**EMZEE**

Hot Salsa, Mild Salsa

**ESKAL**

Cucumbers

**FARM FRESH**

Garlic Pickles, Half Sour Pickles

**FARMERS**

Beet Horseradish, Horseradish

**FEATURE**

Beet Horseradish, Horseradish

**FLAUM'S**

Horseradish: *Extra Strong,  
Regular, Triple Strong, White*  
Dips: *Babaganoush, Broccoli,*

*Dill, Olive, Spinach, Tomato  
Half Sour Pickles, Hot Pepper  
Mix, Hot Sour Pickles, Sour  
Gherkin, Sour Pickles*

**FOODTOWN**

Clover Honey

**GALIL**

Balsamic Vinegar of Modena,  
Cucumbers, Eggplants, Hot  
Peppers, Olives, Orange Blossom  
Honey

**GEFEN**

Syrup: *Chocolate, Chocolate  
Flavor, Coffee, Raspberry,  
Strawberry, Strawberry Natural  
Flavor, Sugar Free Chocolate,  
Vanilla, Vanilla Artificially  
Flavored*

Sauce: *Horseradish, Rib, Spicy  
Hot Rib, Steak*

Pizza Sauce: *F/F, Oregano, Plain*  
Pasta Sauce: *F/F Classic, Fresh  
Basil, Mushroom, Salt Free, Spicy,  
Vodka*

Pancake Syrup: *Lite, Plain,  
Regular*

Marinara Sauce: *Classic, No  
Sugar Added*

Duck Sauce: *Ginger, Hot & Spicy,*

**It hurts  
to call  
a domestic  
abuse  
hotline.**

**It hurts  
more  
not to.**



It feels better just to talk about it. That's why we're here. Our staff is made up of caring and sensitive individuals. Together, we can help you explore your options. We can refer you to recognized professionals for counseling, legal advice or help in finding a safe environment. We can also put you in touch with some very special Rabbis. But in order for us to reach out to you, you must first reach out to us.

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#### Sweet & Sour

Chicken Sauce: *Hot, Plain*  
BBQ Sauce: *Bold, Homestyle, Hot & Spicy, Sweet & Sour*  
Almond Butter, Chrayonnaise, Chrayonnaise Squeeze,  
Cucumbers, Eggplants, Gherkins, Honey, Honey Bear, Honey Bear Shipper, Horseradish Sauce Squeeze, Hot Peppers, Mayonnaise, Mayonnaise Lite, Mayonnaise w/Walnut Oil, Olives, Pickles, Relish, Sauerkraut, Soup Mandels, Tomato Ketchup

#### GESHMAK

Pickles: *Half Sour, Hot Sour, Sour, Sweet Pickle Chips*  
Pickled Tomatoes, Salsa, Sauerkraut, Sweet Peppers

#### GIANT

Beet Horseradish, Clover Honey, Horseradish

#### GLICKS

Marinara Sauce: *Fat Free, Thick & Chunky, Tomato Basil, Traditional*  
Apple Cider Vinegar, Chocolate Syrup, Distilled White Vinegar, Honey, Imitation Lite Soy Sauce, Imitation Soy Sauce, Ketchup, Lite Mayonnaise, Mayonnaise, Pizza Sauce, Teriyaki Sauce

#### GOLD'S

Sauce: *Barbecue, Barbecue Sauce New England Home Style, Chicken, Cocktail, Duck, Saucy Chicken, Saucy Rib, Steak, Steak w/ Horseradish, Wasabi*  
Horseradish, Horseradish And Beets, Horseradish Cream Style, Horseradish Sauce, Ketchup With Horseradish, Salsa, Sweet Horseradish

#### GOLD'S OLD WORLD

Barbecue Sauce New England Home Style

#### GOLDEN

Beet Horseradish, Horseradish

#### GOLDEN BLOSSOM

Honey

#### HADDAR

Syrup: *Berry Blue, Chocolate, Chocolate Sugar-Free, Coffee, Pancake, Pancake Lite, Pancake Sugar-Free, Strawberry, Vanilla*  
Sauce: *Buffalo Wing, Chicken Sweet & Sour, Horseradish, Rib Sweet & Sour, Salsa Hot, Salsa Mild, Soy, Soy Lite, Stir Fry, Tartar, Teriyaki, Tomato*  
Olives: *Green Pitted, Green Sliced,*

#### Manzanilla Pitted

Duck Sauce: *Garlic, Hot & Spicy, Sweet & Sour*  
Barbecue Sauce: *Garlic & Onion, Hickory, Homestyle, Honey, Hot & Spicy, Sweet & Sour*  
Almond Butter, Cashew Butter, Extra Strong Chrayonnaise, Honey, Ketchup, Lite Mayonnaise, Regular Chrayonnaise, Regular Mayonnaise, Salsa Hot, Salsa Mild, Sliced Green Olives

#### HALUTZA

Olives

#### HANNAFORD

Horseradish

#### HARRIS TEETER

Horseradish

#### HASHACHAR H'AOLE

Special Cocoa Spread

#### I-DEE

Beet Horseradish, Horseradish

#### INDO-EUROPEAN

Cucumbers

#### KARNILOW

Horseradish, Horseradish And Beets, Horseradish Cream Style

#### KEDEM

Vinegar: *Balsamic, Balsamic Light, Red Wine, White*  
Raspberry Syrup

#### KELCHNER'S

Beet Horseradish

#### KIRKLAND SIGNATURE

Clover Honey

#### KVUZAT YAVNEH

Cucumbers, Eggplants, Hot Peppers, Olives, Tomatoes

#### LA JOLLA

Salad Dressing: *1000 Island, French, Italian, Russian*  
Lite Salad Dressing: *1000 Island, French, Italian, Russian*

#### LIEBER'S

Ketchup

#### MA COHEN'S

Beet Horseradish, Horseradish

#### MANISCHEWITZ

Sauce: *Marinara, Marinara No Salt, Tomato Mushroom*  
Honey: *Clover, Golden, Orange Blossom*  
Dressing: *Classic Italian, Creamy French, Thousand Island*  
Creamy Horseradish Sauce: *Dill,*

*Original, Wasabi*

Almond Butter, Balsamic & Roasted Garlic Vinaigrette, Balsamic Vinegar, Horseradish Red, Horseradish Sauce, Horseradish White, Ketchup, Mandlen for Soup, Mayonnaise, Mayonnaise Lite, Pancake Syrup, Soup Nuts

**MARIA ANGELINA**

Spaghetti Sauce

**MCLURE'S**

*Honey: Blueberry, Buckwheat, Clover, Orange Blossom, Tupelo, Wildflower*

**MEADOW BLOSSOM**

Pure Honey

**MEAL MART**

Horseradish

**MICHVERET YAD**

**MORDECHAI**

Pure Honey

**MISHPACHA**

Sauce: *Marinara, Marinara Fat Free, Pizza*

Chocolate Syrup, Honey, Honey-Squeeze Bear, Ketchup, Mayonnaise, Mayonnaise Lite, Vinegar

**MORELAND**

Pure Honey, Wildflower Honey

**MOTOLA**

Cucumbers, Eggplants, Hot Peppers, Mixed Vegetables, Olives, Plums, Sauerkraut

**NATHAN'S FAMOUS**

Horseradish, Horseradish And Beets, Horseradish Cream Style, Red Horseradish, White Horseradish

**NATURAL EARTH PRODUCTS**

Balsamic Vinegar of Modena

**NOAM**

Beet Horseradish

**OSEM**

Cucumbers, Hot Peppers, Natural Vinegar, Olives

**OXYGEN**

Sauce: *Citrus Fusion, Citrus Mix, Pomegranate & Plum*

**PARFAIT**

Horseradish, Horseradish And Beets

**PENN MAID**

Beet Horseradish, Horseradish

**PETRA**

Cucumbers, Eggplants, Olives

**PRI VAYEREK**

Cucumbers, Hot Peppers, Olives

**PRICE CHOPPER**

Red Horseradish, White Horseradish

**RASKIN**

Beet Horseradish, Horseradish

**ROBERTS**

Lite Mayonnaise, Mayonnaise

**ROKEACH**

Ketchup, Mayonnaise

**ROSOFF**

Garlic Pickles, Half Sour Pickles, Horseradish, Red Horseradish

**SADAF**

Cucumbers, Eggplants, Hot Peppers, Olives, Pickles, Plums

**SAVION**

Salad Dressing: *Balsamic Vinaigrette, Balsamic Vinaigrette with Roasted Garlic, Balsamic Vinaigrette with Roasted Pepper, Creamy Garlic, Creamy Italian, French, French Low Calorie, Italian Low Calorie, Lemon Pepper Vinaigrette, Raspberry Vinaigrette, Russian, Sweet Onion, Thousand Island, Vidalia Onion, Zesty Garlic*  
Fat Free Salad Dressing: *French with Sundried Tomatoes, Raspberry Vinaigrette, Red Wine Vinaigrette, Vidalia Onion, Zesty Garlic*  
Chicken Sauce: *Apricot, Cherry*

**SCHORR'S**

Garlic Pickles, Half Sour Pickles

**SEASON**

Duck Sauce: *Sweet & Sour, Zesty*

**SHAMS**

Cucumbers

**SHOP RITE**

Honey, Red Horseradish, White Horseradish

**SILVER SPRING**

Beet Horseradish, Extra Hot Horseradish, Horseradish

**SONNY & JOE'S**

Babaganoush, Grilled Eggplant, Half Sour Pickles, Matbucha Dip, Sautéed Eggplant, Sour Pickles, Turkish Dip

**STERN'S**

Beet Horseradish, Horseradish

**STOP & SHOP**

Clover Honey

**STRUBS**

Beet Horseradish, Horseradish, Sauerkraut

**SUE BEE**

Honey

**SUN ROSE**

Dressing: *French Low Calorie,*



Why does  
Passover food  
always taste  
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**Gold's Tip:**

Season chicken, veal or steak and bake or broil as you normally would.

Coat liberally with Gold's sweet or savory sauces and brown under the broiler for 5 minutes for a flavor and texture boost.

**Gold's**



[www.healthyhorseradish.com](http://www.healthyhorseradish.com)

*Italian, Italian Low Calorie, Raspberry Vinaigrette, Thousand Island, Zesty Garlic*

Balsamic Dressing: *Italian Low Calorie, Regular, Roasted Garlic Fat Free*

Ketchup

#### **SWEETMEADOW FARM**

Clover Honey, Pure Honey

#### **THE FRESH MARKET**

Honey: *Blueberry, Orange Blossom, Tupelo*

#### **TONELLI**

Vinegar: *Balsamic, Red Wine, White Wine*

#### **TOP'S**

Horseradish

#### **TULKOFF'S**

Red Horseradish, White Horseradish

#### **UNGER**

Beet Horseradish

#### **VITA**

Beet Horseradish, Horseradish

#### **WADI ZAHLE**

Cucumbers

#### **WEGMANS**

Honey: *Clover, Orange Blossom*

#### **WOEBER'S**

Beet Horseradish, Horseradish

#### **YAD MORDECHAI**

Balsamic Vinegar

#### **YEHUDA**

Babaganush, Matbucha

### **COOKING & BAKING**

#### **ALPROSE**

Baking Chocolate

#### **AVOCADOIL**

Natural Avocado Oil

#### **BARTENURA**

Extra Virgin Olive Oil, Grapeseed Oil

#### **BLANCHARD & BLANCHARD**

Couscous: *Chicken Flavor, Garlic, Plain, Roasted Garlic*

#### **CALIFORNIA VALLEY**

Almonds Ground, Walnuts Ground

#### **CARMEL**

Chicken Soup Base, Chicken Soup Mix, Potato Pancake Mix

#### **CROYDEN HOUSE**

Chicken Soup Base, Chicken Soup Mix, Egg Drop Soup Mix, Matzo Ball & Soup Mix, Matzo Ball Dumpling Mix

#### **GEFEN**

Sugar Free Cake Mixes: *Chocolate, Coffee, Yellow*

Pasta: *Elbows, Rotelle, Shells, Ziti*

Olive Oil: *100% Pure, Extra Light, Extra Mild, Extra Virgin, Mild, Pomace, Pure*

Oil: *Cottonseed, Hazelnut*

Nuts: *Chestnuts Roasted, Ground Almonds, Ground Filberts, Ground Walnuts, Shelled Filberts, Shelled Walnuts, Sliced Almonds, Whole Shelled Almonds*

Mashed Potatoes: *Flavored, Instant*

Frosting Mixes: *Chocolate, Vanilla*

Extracts: *Almond, Lemon, Orange, Vanilla Imitation, Vanilla Pure*

Cookie Mixes: *Chocolate Chip, Double Choco Chip*

Cake Mixes: *Brownie, Chocolate, Chocolate Chiffon, Chocolate Chip, Chocolate w/ Frosting, Coffee Crumb, Honey, Marble, Sponge, Yellow, Yellow w/ Frosting*

Baking Cocoa Sugar, Baking Powder, Baking Soda, Cinnamon Sugar, Cocoa, Confectioners Sugar, Farfel, Kneidel Mix Non Gebrochts, Latke Mix, Latke Mix No Salt, Onion Soup Mix, Potato Kugel Mix, Potato Latke Mix No Salt, Potato Pancake Latke Mix, Potato Starch, Sugar, Sweet N' Low, Tapioca Starch, Thin Noodles, Vanilla Sugar, Wide Noodles

#### **GLICKS**

Olive Oil: *Cooking Spray, Extra Mild, Extra Virgin, X-Lite*

Chocolate Chips, Cottonseed Oil, Potato Starch, Vegetable Oil, Vegetable Oil Spray

#### **GOODMAN'S**

Matzo Ball Mix Reduced Salt, Matzo Ball & Soup Mix, Matzo Ball & Soup Mix Reduced Salt, Matzo Ball Mix, Onion Soup & Dip, Potato Starch, Stuffing Mix

#### **HADDAR**

Sugar: *Brownulated, Dark Brown, Light Brown*

Soup Mixes: *Chicken, Mushroom, Onion, Onion Soup & Dip, Potato, Vegetable*

Olive Oil: *Cooking Spray, Extra Lite, Extra Mild, Extra Virgin, Pomace*

Baking Powder, Chocolate Chips, Cinnamon & Sugar, Coat 'N Bake Honey Glazed, Coat 'N Bake Original, Coat 'N Fry, Cocoa, Kneidel Mix, Mashed Potatoes Chicken Flavored with Onion, Mashed Potatoes Instant, Potato Latke Mix, Topping, Vanilla Sugar

#### **HALUTZA**

Extra Virgin Olive Oil

#### **HAOLAM**

Unsalted Margarine Sticks

Hashachar H'aole

Baker's Chocolate

#### **JASON**

Flavored Coating Crumbs

#### **JEFF NATHAN**

Gluten Free Panko Flakes, Gluten Free Panko Flakes Seasoned

#### **KEMACH**

Bag & Bake Mix, Matzo Ball Mix

#### **KING DAVID**

Real Chocolate Chips

#### **KVUZAT YAVNEH**

Olive Oil

#### **LIPTON**

Chicken Consommé & Recipe Mix, Lower Sodium Chicken Flavor Consommé & Recipe Mix, Matza Ball & Soup Mix, Matza Ball Mix

#### **MANISCHEWITZ**

Potato Pancake Mix: *Reduced Sodium, Regular, Roasted Garlic & Rosemary, Sweet Potato, Vegetable*

Noodles: *Egg, Medium Egg, Shell Shaped Gluten Free, Spiral Gluten Free, Wide Egg*

Muffin Mixes: *Apple Cinnamon, Blueberry, Plain*

Macaroon Dough: *Chocolate, Coconut*

Food Mixes: *Matzo Ball, Matzo Ball & Soup, Matzo Ball & Soup Reduced Sodium, Matzo Ball Reduced Sodium, Potato Kugel, Potato Latke Homestyle, Stuffing Mix, Stuffing Mix Homestyle*

Cooking Spray: *Buttery, Olive Oil, Olive Oil Garlic*

Cake Mixes Extra Moist: *Chocolate, Coffee, Marble, Yellow*

Cake Mixes: *Angel Food, Apple Crumb, Carrot, Chocolate, Chocolate Gluten Free, Chocolate Brownie, Coffee, Fudgey Goopy Brownie, Honey, Marble, Red Velvet, Sponge, Yellow, Yellow*

#### *Gluten Free*

Italian Coating Crumbs, Italian Herb Flavored Coating Crumbs, Magic Max Cupcake Fun Kit, Pie Shell Macaroon Chocolate, Pie Shell Macaroon Coconut, Potato Roasters, Potato Starch, Vegetable Oil

#### **MISHPACHA**

Olive Oil: *Extra Light, Extra Virgin, Spray*

Baking Powder, Brown Sugar, Chocolate Chips, Cinnamon, Cocoa Supreme, Confection Sugar, Pesach Crumbs Gluten Free, Potato Starch, Sugar, Vanilla Sugar, Vegetable Oil

#### **MOTHER'S**

Margarine: *Block Salted, Block Unsalted, Sticks, Sticks Salted, Sticks Unsalted, Tubs Salted, Tubs Soft, Tubs Soft Unsalted, Tubs Unsalted*

Butter Spray, Olive Oil Pan Coating

#### **NUT-OLA**

Cottonseed Oil, Cottonseed Shortening, Walnut Oil

#### **ONEG**

Walnuts: *Ground, Shelled*

Pistachios: *Roasted, Salted*

Mixed Nuts: *Roasted, Salted*

Hazelnuts: *Roasted, Salted*

Filberts: *Ground, Shelled*

Cashews: *Roasted, Salted*

Almonds: *Ground, Roasted, Salted, Shelled*

#### **OSEM**

Soup: *Chicken Flavored, Chicken Natural, Mushroom, Onion, Vegetable*

#### **PEREG**

Cottonseed Oil, Couscous Onion, Couscous Plain, Matzo Ball Mix, Olive Oil

#### **SADAF**

Olive Oil

#### **SAVION**

Couscous: *Chicken, Plain, Roasted Garlic*

Falafel Mix

#### **SEASON**

Roasted Chestnuts

#### **SHIBOLIM**

Matza Ball Mix: *Whole Spelt, Whole Wheat*

## SHOP RITE

Almonds Chopped, Almonds Whole, Walnuts Chopped, Walnuts Halved

## TAANUG

Olive Oil Cooking Spray

## TELMA

Soup Mix: Asparagus, Beef, Chicken, Clear Chicken, Clear Vegetable, Onion

Beef Flavored Stock Cube, Chicken Flavor & Recipe Mix, Latkes Potato Pancake Mix, Vegetable Soup and Seasoning Cube

## V.I.P.

Muffin Mixes: Blueberry, Honey Raisin

Cookie Mixes: Chocolate Chip, Fudge Brownie

Cake Mixes: Angel Food, Brownie, Chocolate, Chocolate Chiffon, Chocolate Chip Loaf, Chocolate Frosting, Coffee, Honey, Sponge, Yellow

Baking Powder, Kishke Mix, Knaidel Mix, Low Calorie Liquid Sweetener, Natural Powdered Sugar, Potato Flakes, Vanilla Sugar

## YARDEN

Matzo Ball Mix

## YEHUDA

Gluten Free Cake Meal, Gluten Free Farfel, Gluten Free Matzo Farfel, Gluten Free Matzo Meal

## YEHUDA MATZOS

Matzo Ball and Soup Mix, Matzo Ball Mix

## YUM TEE

Walnuts: Chopped, Ground, Whole  
Pecans: Honey Glazed, Roasted, Whole

Filberts: Chopped, Ground, Whole  
Cashews: Honey Glazed, Roasted, Whole

Almonds: Chopped, Ground, Honey Glazed, Roasted, Whole

Roasted Macadamias, Roasted Mixed Nuts, Roasted Pignolias, Roasted Pistachios

## ZETA

Extra Virgin Olive Oil: Regular, with Garlic, with Hot Pepper, with Lemon

**DAIRY:  
CHALAV YISRAEL**

## BARKANIT

California Goat Cheese, Gilboa Sheep Cheese

## GALIL

Feta Cheese

## HADDAR

Milk Powder

## J&J

Cottage Cheese, Cream Cheese, Farmer Cheese

## MACHMIRIM

Yogurt Non Fat Swiss Style: Cappuccino, Coffee, Pomegranate, Strawberry, Strawberry Banana, Vanilla

Yogurt Non Fat Swiss: Strawberry, Vanilla

Yogurt Non Fat: Coffee, Strawberry, Vanilla

Yogurt: Coffee, Strawberry, Vanilla

Pudding: Chocolate, Vanilla

Chocolate Leben

## MEHADRIN

Farmer Cheese

## NORMAN'S

Yogurt Sugar Free: Coffee, Peach, Strawberry, Vanilla

Yogurt Non Fat Creamy: Black Cherry, Blueberry, Forest, Peach, Strawberry, Vanilla

Yogurt Light: Black Cherry, Blueberry, Mixed Fruits, Strawberry, Vanilla

Yogurt Greek: Black Cherry, Blueberry, Peach, Plain, Strawberry, Vanilla

Yogurt Drink: Strawberry, Strawberry Banana, Strawberry Sugar Free, Tropical

Yogurt: 1/2% Fat Vanilla, Bio Pro, Black Cherry, Blueberry, Forest, Peach, Strawberry, Vanilla

Cheese: 1/2% Creamy White Soft, 5% Creamy White Soft, 9% Creamy White Soft, Baker's, Creamy White Cheese with Olives, Creamy White Soft Cheese, Feta, Soft 1/2% Fat E'shel, Leben, Sour Cream, Tzfatit

## PASTURES OF EDEN

Feta Cheese

**DAIRY: NON  
CHALAV YISRAEL**

## ACME

Milk: 1%, 2%, Fat Free, Whole  
Cottage Cheese: Low Fat, Nonfat, Regular

Sour Cream

## AHOLD

Cream Cheese: Bars, Cups - Soft, Cups - Whipped

Cottage Cheese: Low Fat, Nonfat, Nonfat with Pineapple, Plain

Sour Cream



Why is horseradish always either red or white?

*It doesn't have to!*



**Gold's Tip:**

Gold's Wasabi Sauce is the perfect complement to any Cuisine.

Spread some Gold's Wasabi Sauce inside a leaf of Boston Lettuce. Lay strips of gefilte fish, cucumber and/or scallions. Roll up and slice as you would Sushi for a creative snack or appetizer.

**Gold's**



[www.healthyhorseradish.com](http://www.healthyhorseradish.com)

**AMERICA'S CHOICE**

Yogurt: *Blueberry, Cherry, Plain, Strawberry*

Milk: 1%, 2%, Fat Free, Skim, Whole

Cream Cheese: *Bars, Cups- Soft, Cups- Whipped*

Cottage Cheese: *Nonfat, Plain*  
Sour Cream

**AXELROD**

Buttermilk, Lowfat Plain Yogurt,  
Nonfat Plain Yogurt, Sour Cream

**BALFORD**

Cottage Cheese, Low Fat Cottage  
Cheese

**BALFORD FARMS**

Half & Half, Heavy Cream

**BARKANIT**

Adom Goat Cheese with Sun  
Dried Tomatoes

**BARLETT**

Milk: 1%, 2%, Skim, Whole,

**BEST YET**

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**BORDEN**

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**BREAKSTONE'S**

Cottage Cheese, Cottage Cheese  
Light N Lively, Cottage Cheese  
Low Fat, Salted Butter, Sour  
Cream, Sour Cream Reduced Fat,  
Unsalted Butter

**CABOT**

Cheddar Cheese

**CLEAR VALUE**

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**COOL COW**

1% Milk, 2% Milk, Milk, Skim  
Milk

**CREAM-O-LAND**

1% Milk, 2% Milk, Fat Free Milk,  
Skim Milk, Whole Milk

**CROTON FARMS**

Whole Milk

**CROWLEY**

Yogurt: *Lowfat, Plain*

Ultra Pasteurized: 1% *Lowfat  
Milk, 2% Reduced Fat, Fat Free  
Milk, Fat Free Skim Milk,*  
*Homogenized Creamers,*  
*Homogenized Milk*

Sour Cream: *Plain*

Cream: *Heavy, Light, Whipped*

Cottage Cheese: *Large Curd,  
Lowfat, Nonfat, Small Curd*  
Buttermilk, Half & Half, Half &  
Half Creamers

**CUMBERLAND**

Sour Cream

**CUMBERLAND FARMS**

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**DAIRY FRESH**

1% Milk, 2% Milk, Cottage  
Cheese, Low Fat Cottage Cheese,  
Milk, Skim Milk

**DAIRYLEA**

Half & Half, Heavy Cream

**DANNON**

Yogurt: *Coffee, Lemon, Lowfat,  
Plain, Plain Lowfat, Plain Nonfat,  
Vanilla*

**DEAN**

Cottage Cheese, Low Fat Cottage  
Cheese, Sour Cream

**DERLE FARMS**

1% Milk, 2% Milk, Milk, Skim  
Milk

**DERLE HYGRADE**

1% Milk, 2% Milk, Skim Milk,  
Whole Milk

**EAT 'N PARK**

Half & Half

**ELMHURST**

1% Milk, 2% Milk, Chocolate  
Milk, Heavy Cream, Milk, Skim  
Milk, Whole Milk

**ELMOO**

1% Milk, 2% Milk, Milk, Skim  
Milk

**FARMS CREAMERY**

Cream Cheese: *Bars, Cups- Soft,  
Cups- Whipped*

**FOOD LION**

Heavy Cream, Nonfat Cottage  
Cheese, Nonfat Plain Yogurt,  
Small Curd Cottage Cheese,  
Whipped Cream

**FOODTOWN**

Cream Cheese: *Bars, Cups- Soft,  
Cups- Whipped*

Cottage Cheese: *Large Curd,  
Lowfat, No Salt, Small Curd*

Plain Yogurt, Sour Cream

**FRIENDLY FARMS**

Milk: 1% *Lowfat, 1%, 2%, Fat  
Free, Skim, Whole*

Cottage Cheese, Low Fat Cottage  
Cheese, Sour Cream

**FRIENDSHIP**

Cottage Cheese: *Dry Curd, Low  
Fat, Nonfat, Nonfat with  
Pineapple, Regular, Regular with  
Pineapple*

Buttermilk, Farmer Cheese, Plain  
Yogurt, Pot Cheese, Sour Cream

**GARELICK FARMS**

Milk: 1% *Milk, 1% Over the  
Moon, 2% Milk, Fat Free, Skim  
Over the Moon, Whole*

Cottage Cheese, Heat Treated  
Cream, Low Fat Cottage Cheese,  
Sour Cream

**GENUARDI'S**

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**GENUARDI'S-LUCERNE**

Half & Half, Heavy Cream, Light  
Cream

**GIANT**

Milk: 1% *Milk, 2% Milk, Fat  
Free, Skim, Whole*

Cream Cheese: *Regular, Soft,  
Whipped*

Neufchatel

**GIANT EAGLE**

Cottage Cheese: *Low Fat, Nonfat,  
Nonfat with Pineapple, Regular*  
Sour Cream

**GLEN FARMS**

Half & Half, Heavy Cream

**GLENVIEW**

2% Milk, Half & Half

**GLENVIEW FARMS**

Half & Half Creamers, Heavy  
Cream, Milk, Ultra Pasteurized  
Homogenized Milk

**GREAT VALUE**

1% Milk, 2% Milk, Fat Free Milk,  
Skim Milk, Whole Milk

**HARRIS TEETER**

Cottage Cheese: *Lowfat, Nonfat,  
Small Curd*

Half & Half, Heavy Cream,  
Whipped Cream

**HARRY WILS**

Heavy Cream

**HELUVA GOOD**

Sour Cream

**HERITAGE'S**

Half & Half Creamers

**HOOD**

Half & Half, Light Cream

**HORIZON**

1% Milk, 2% Milk, Skim Milk,

Whole Milk

**HYGRADE**

1% Milk, 2% Milk, Milk, Skim  
Milk

**JAMES FARM**

Cream Cheese

**KEMP'S**

Half & Half, Heavy Cream

**KEY FOOD**

Cream Cheese: *Bars, Cups Soft,  
Cups Whipped*

Half & Half, Heavy Cream

**KING KULLEN**

Lowfat 1% Milk, Reduced Fat 2%  
Milk, Skim Milk, Whole Milk

**KIRKLAND**

1% Milk, 2% Milk, Fat Free Milk,  
Skim Milk, Whole Milk

**KRASDALE**

Cream Cheese Bars, Cream  
Cheese Cups Soft, Sour Cream

**KREIDER FARMS**

1% Milk, 2% Milk, Chocolate  
Milk, Fat Free Milk, Half & Half,  
Heavy Cream, Whole Milk

**KROGER**

Cream Cheese

**LA YOGURT**

Yogurt: *Blueberry, Cherry, Plain,  
Strawberry*

**LAND O' LAKES**

1% Milk, 2% Milk, Fat Free Milk,  
Skim Milk, Whole Milk

**LAURA LYNN**

Nonfat Plain Yogurt, Sour Cream

**LEHIGH VALLEY DAIRIES**

Milk: 1% *Milk, 1% Over the  
Moon, 2% Milk, Fat Free, Skim,  
Skim Over the Moon, Whole*

Half & Half, Heavy Cream, Light  
Cream

**LUCERNE**

Cream Cheese: *Bars, Cups Soft,  
Cups Whipped*

1% Milk, 2% Milk, Fat Free Milk,  
Whole Milk

**MARKET BASKET**

Half & Half, Heavy Cream, Light  
Cream, Sour Cream, Whipped  
Cream

**MARKET PANTRY**

1% Milk, 2% Milk, Fat Free Milk,  
Skim Milk, Whole Milk

**MCCAFFERY'S**

1% Milk, 2% Milk, Fat Free Milk

**MEIJER**  
Half & Half

**MIGDAL**  
Cheese: American, American Smoked, Baby Swiss, Cheddar, Colby, Monterey Jack, Mozzarella, Muenster

**MILLER'S**  
Cheese: American, Asiago, Cheddar, Cheddar Shredded, Cheddar Skim, Colby, Edam, Feta, Gouda, Havarti, Havarti & Dill, Italian Shredded, Monterey Jack, Mozzarella, Mozzarella Shredded, Muenster, Muenster Vegetable, Parmesan, Parmesan Grated, Romano, Romano Grated, Smoked, String, Swiss, Vegetable Cheese Spread, Yogurt Cheese, Yogurt Spice Cheese

**MILLER'S CHUNK**  
Cheese: Calico Cheddar, Dill Havarti, Fresh Curd, Golden Jack, Mello Gold, Port Salut

**MILLER'S GOOD HEALTH**  
Cheese: American, Edam, Gouda, Mozzarella, Muenster, Swiss, Vegetable Colby

**MILLER'S MEXICAN**  
Queso Blanco, Queso Quesadilla

**MOHAWK DAIRY**  
1% Milk, 2% Milk, Fat Free Milk, Whole Milk

**MORNING FRESH**  
Lowfat Cottage Cheese, Small Curd Cottage Cheese

**MORNING FRESH FARMS**  
Sour Cream

**MOTHER'S**  
Butter Spray Butter, Spreadable Butter

**MOUNTAINSIDE**  
1% Milk, 2% Milk, Skim Milk, Whole Milk

**MR. CHEESE**  
Cream Cheese Bars

**MY ESSENTIALS**  
Cream Cheese Bars, Half & Half, Nonfat Plain Yogurt, Sour Cream

**NATURE'S PRIDE**  
1% Milk, 2% Milk, Fat Free Milk, Skim Milk, Whole Milk

**ORGANIC VALLEY**  
1% Milk, 2% Milk, Skim Milk, Whole Milk

**PENN MAID**  
Cottage Cheese: Large Curd, Lowfat, Nonfat, Small Curd  
Nonfat Plain Yogurt, Sour Cream

**PIGGLY WIGGLY**  
Cream Cheese Bars, Half & Half, Heavy Cream, Small Curd Cottage Cheese, Sour Cream

**POCONO**  
1% Milk, 2% Milk, Skim Milk, Whole Milk

**PRICE CHOPPER**  
Milk: 1% Milk, 2% Milk, Skim, Whole  
Cottage Cheese: Large Curd, Lowfat, Nonfat

Cream Cheese, Fat Free, Half & Half, Nonfat Plain Yogurt, Sour Cream

**PRICE RITE**  
Half & Half, Light Cream, Whipped Cream

**PUBLIX**  
Cream Cheese Bars, Half & Half, Heavy Cream, Whipping Cream

**QUEENSBORO FARMS**  
1% Milk, 2% Milk, Milk, Skim Milk

**QUICK CHECK**  
1% Milk, 2% Milk, Fat Free Milk, Whole Milk

**RASKAS**  
Cream Cheese Bars, Cream Cheese Loaf, Cream Cheese Tubs

**REDNER'S**  
Sour Cream

**RICH N' PURE**  
Half & Half, Heavy Cream, Light Cream

**ROSENBERGER'S DAIRIES**  
Half & Half Creamers, Heavy Cream, Light Cream

**ROSENBERGER'S DAIRY GRABBA**  
Half & Half Creamers, Heavy Cream, Light Cream

**SAVE-A-LOT**  
1% Milk, 2% Milk, Fat Free Milk, Whole Milk

**SCHNUCK'S**  
Cream Cheese Bars

**SHAMROCK FARMS**  
1% Milk, 2% Milk, Fat Free Milk, Half & Half, Whole Milk

**SHAW'S**  
Milk: 1% Milk, 2% Milk, Fat Free, Whole  
Cream Cheese Bars, Cups Cream Cheese Soft, Half & Half, Heavy Cream, Light Cream, Lowfat Plain Yogurt, Nonfat Plain Yogurt, Sour Cream



Why does my  
Passover brisket  
always taste  
the same?

*It doesn't have to!*

**Gold's Tip:**

For an enhanced, richer flavor rub prepared horseradish on the brisket and whisk some more into the meaty sauce for a little zest just before serving.

Visit: [www.goldshorseradish.com/new/2.html](http://www.goldshorseradish.com/new/2.html) for complete recipe and instructions

**Gold's**



[www.healthyhorseradish.com](http://www.healthyhorseradish.com)



# THE WAY Grandma MADE IT™



**HERE'S HOW SIMPLE** Grandma's Homemade Gefilte Fish is today, thanks to A & B preparing the raw mix of fresh fish, chopped onions & spices and keeping it frozen until you're ready to cook it.

**ALL YOU HAVE TO DO** is add your favorite seasoning with a healthy dash of love & cook to perfection...

**WOW!** Such delicious gefilte fish with so little effort (but your guests will never know)!

*Find it in the freezer section of your local supermarket.*



**WISHING YOU  
A HAPPY & HEALTHY  
PASSOVER!**

1-866-gefilte

[www.gefiltefish.com](http://www.gefiltefish.com)

FRESHLY FROZEN. 100% NATURAL.  
NO PRESERVATIVES. NO MSG. NO GEL

#### SHOP 'N SAVE

Cottage Cheese: *Large Curd, Lowfat, Nonfat, Small Curd*

#### SHOP RITE

Yogurt: *Blueberry, Cherry, Plain, Strawberry*

Milk: *1% Milk, 2% Milk, Fat Free, Fat Free Plus, Skim, Whole*  
Cream Cheese: *Bars, Cups- Soft, Regular*

Cream: *Heavy, Light, Whipped*

Cottage Cheese: *Large Curd, Lowfat, No Salt*

Butter *Salted, Butter Unsalted, Buttermilk No Salt, Half & Half, Sour Cream*

#### SHOPPERS VALUE

1% Milk, 2% Milk, Fat Free Milk, Whole Milk

#### SMITHFIELD

Cream Cheese

#### SOMMER MAID

Heavy Cream

#### SOUTHERN HOME

Cottage Cheese: *Lowfat, Nonfat, Small Curd*

Half & Half, Heavy Cream, Whipped Cream

#### STEWART'S

Small Curd Cottage Cheese, Sour Cream

#### STOP & SHOP

1% Milk, 2% Milk, Fat Free Milk, Half & Half, Skim Milk, Whole Milk

#### SUPER A

Sour Cream

#### SYCAWAY

2% Milk, Half & Half, Whole Milk

#### TAAM TOV

Cheese: *American, Cheddar, Edam, Gouda, Mozzarella, Muenster, Swiss, Syrian*

#### TEMP-TEE

Cream Cheese

#### TOPS

Cream Cheese Bars, Half & Half, Heavy Cream, Light Cream

#### TRADER JOE'S

Milk: *Lowfat 1%, Reduced Fat 2%, Skim, Whole*  
Half & Half, Heavy Cream

#### TUSCAN

Milk: *1%, 1% Lowfat, 1% Over*

*the moon, 2%, 2% Reduced Fat, Fat Free, HVD, Skim, Skim Over the Moon, Whole*  
Half & Half, Heavy Cream, Light Cream

#### WEGMANS

Cream Cheese Bars, Cups Cream Cheese Soft

#### WEIS

Cottage Cheese, Cream Cheese Bars, Low Fat Cottage Cheese, Sour Cream

#### WEST CREEK

2% Milk, Milk

#### WHITE ROSE

Cottage Cheese: *Lowfat, Nonfat, Small Curd*

Light Cream, Lowfat Plain Yogurt, Sour Cream

#### WINN-DIXIE

Cream Cheese Bars, Lowfat Plain Yogurt

### EGG PRODUCTS

#### ACME

The Amazing Egg Whites 100% Liquid Egg Whites

#### ALBERTSON'S

The Amazing Egg Whites 100% Liquid Egg Whites

#### BEST OF THE EGG

Liquid Egg Whites

#### BETTER 'N EGGS

Better N' Egg

#### COBURN FARMS

EggZactly! 100% Egg Whites

#### DAVIDSON'S

Eggs Pasteurized

#### DEMOULAS/MARKET

BASKET  
Pure Whites

#### FROZE'N READY

Egg Whites Frozen Pasteurized

#### GREAT VALUE

Liquid Egg Whites

#### HARRIS TEETER

Egg Whites, Egg Starts

#### JEWEL

The Amazing Egg Whites 100% Liquid Egg Whites

#### KEY FOOD QUALITY

Pure Whites

#### MARKET PANTRY

100% Liquid Egg Whites - A Fat Free Cholesterol Free Food

#### SHAW'S

The Amazing Egg Whites 100% Liquid Egg Whites

#### SHOP RITE

Liquid Egg Whites

#### STOP & SHOP

Eggs Made Simple-100% Liquid Egg Whites

#### WEGMANS

Egg Busters Egg Whites-100% Egg Whites

#### WHITE ROSE

Pure Whites

### FISH PRODUCTS

#### A & B FAMOUS

Gefilte Fish: *Carbohydrate Free, Kingfish, Less Sugar, Long Less Salmon, Long Less Sugar Rolls, Long Rolls, Low Cholesterol, Old Fashioned, Pike and Whitefish, Salmon, Splenda, Sugar Free, Sweet*

#### ACME

Chopped Herring, Herring in Cream Sauce, Herring in Wine Sauce, Homestyle Herring, Rollmops, Schmaltz Herring

#### ALTMAN'S

Lunch Herring, Party Snax Herring, Tasty Bits Herring

#### AMAZING MEALS

Gefilte Fish in Jelled Broth

#### BANNER

Smoked Fish: *Brook Trout, Chubs, Gravlax, Mackerel, Sable, Sea Bass, Tuna, Whitefish, Whiting*

Salmon: *Kippered, Kippered Meat, Norwegian, Sliced Norwegian, Supreme Color Added Smoked*

Salads: *Kippered Salmon, Whitefish*

Nova: *Pastrami Nova (Whole, Sliced), Pre Sliced, Tray Sliced, Trimmings, Whole Sides*

Lox: *Pickled, Whole Sides*

Herring: *Pickled in Cream Sauce, Pickled in Wine Sauce, Schmaltz Fillers*

#### BENZ'S

Smoked Fish: *Lox, Sable, Tuna, Whitefish*

Raw Fish: *Bluefish, Carp, Cod, Flounder, Halibut, Hamachi, Hoki, Ocean Perch, Pike, Pollack, Red Snapper, Salmon, Sea Bass, Sole, Tilapia, Tuna, Turbot,*

#### Whitefish

Herring Salad, Pickled Herring, Salmon Salad, Whitefish Salad

#### BLACK BEAR OF THE BLACK FOREST

Smoked Salmon

#### DAG-YAM

Chunk Light Tuna in Oil, Chunk White Tuna Diet, Chunk White Tuna in Oil, Chunk White Tuna in Water

#### DAGIM

Tuna: *Chunk Light Tuna in Oil, Chunk Light Tuna in Water, Chunk White Tongol Tuna, Chunk White Tuna in Oil, Chunk White Tuna in Water, Diet Solid White Tuna, Solid White Tuna in Oil, Solid White Tuna in Water*

Blueback Salmon, Cod, Diet Blueback Salmon, Flounder Fillets, Gefilte Fish, Pink Salmon, Pollok, Precooked Gefilte Fish, Salmon Fillets, Sardines in Olive Oil, Sardines in Water, Sole Fillets, Tilapia, Whiting

#### DR. PRAEGER'S

Fish Fillets Crusted, Fish Sticks Crusted, Fishies Crusted, Tilapia Fillets Crusted

#### FEATURE

Bismark Herring, Chopped Herring, Herring Fillets in Wine, Lunch Herring, Schmaltz Herring, Thick Cut Herring

#### FISHING VESSEL ST. JUDE

Solid White Albacore Tuna

#### FLAUM'S

Salads: *Baked Salmon, Lox Salad, Lox Spread, Nova Lox Salad, Spicy Tuna, Tuna Deluxe, Tuna Spread, Vegetable Tuna, White Fish*

Lox: *Deluxe, Tray*

Herring: *Cream Sauce, Fillet Pickled, Matjas, Premium Tidbits, Schmaltz, Tidbits*

#### FRESH & FROZEN

Gefilte Fish Rolls, Long Rolls

#### GEFEN

Tuna: *Chunk Light Tuna Oil, Chunk Light Tuna Water, Chunk White Tuna, Chunk White Tuna Diet, Chunk White Tuna Oil, Chunk White Tuna Water, Solid Tuna in Oil, Solid Tuna in Water*

Blueback Salmon, Kipper Snacks, No Salt Blueback Salmon, No Salt Pink Salmon, Pink Salmon, Sardines in Oil, Sardines in Water

#### GLATT MART

Gefilte Fish



Can I find the Gold's family of kosher products in a store near me?

*Always!*



*Gold's Family of fine products wishes you & your family a Happy & Healthy Passover!*

**Gold's**



[www.healthyhorseradish.com](http://www.healthyhorseradish.com)

**MA COHEN'S**

Smoked Fish: *Sable, Salmon, Trout, Whitefish*

Herring: *Chopped, Cream, Lunch, Wine Sauce*

**MANISCHEWITZ**

Gefilte Fish: *All Whitefish Jelled, All Whitefish Liquid, Fishlets, Jelled, Liquid, Mediterranean Flavor, Premium Gold, Reduced Sodium, Reduced Sodium Whitefish & Pike, Sweet, Whitefish & Pike Jelled, Whitefish & Pike Liquid, Whitefish & Pike Sweet*

**MEAL MART**

Cooked Gefilte Fish, Gefilte Fish, Raw Gefilte Fish

**MISHPACHA**

Salmon Blueback, Salmon Pink, Tuna in Water Chunk Light, Tuna In Water Solid White

**MOTHER'S**

Gefilte Fish: *All Whitefish Jelled Sugar Free, All Whitefish Liquid, Fish D'oeuvres Sugar Free, Jelled, Liquid, Low Sodium, Sugar Free, Sweet Jelled, Whitefish & Pike Jelled, Whitefish & Pike No MSG, Whitefish & Pike Sugar Free*

**MRS. ADLER'S**

Gefilte Fish: *Gefilte Fish, No Salt, No Sugar, Old Jerusalem, Pike and Whitefish*

Fish Bits

**NANUK**

Smoked Salmon

**NOAM GOURMET**

Old Fashioned Herring, Pickled Herring, Pickled Tidbits

**OCEAN GOURMET**

Gefilte Fish Rolls, Long Rolls

**OSSIE'S**

Black Bass, Blue Fish, Bronzini, Brook Trout, Carp, Caviar, Chilean Seabass, Cod, Dorad, Escolar, Flounder, Grouper, Haddock, Hake, Halibut, Lox, Mackerel, Mahi Mahi, Perch, Pike, Pollack, Red Snapper, Salmon, Salmon Trout, Sea Trout, Schmaltz Herring Fillet, Sole, Striped Bass, Tilapia, Tile Fish, Tuna, Turbo, White Fish, Whiting

**ROKEACH**

Gefilte Fish: *All Whitefish Sugar Free, Gold Label Old Vienna, Gourmet Sweet No Matzah Meal, Heimische No Matzah Meal, Jelled, Jelled No MSG, Jelled Premium Whitefish, Jelled Sugar Free, Jelled Whitefish and Pike,*

*Natural Broth, No Sugar No MSG, Old Vienna No MSG, Old Vienna Fish Bits, Old Vienna Jelled, Old Vienna Whitefish Pike, Sugar Free, Taam Beti*

**ROYAL**

Gefilte Fish

**RUBINSTEINS**

Red Salmon

**SEA DIAMOND**

Chunk Lite Tuna

**SEASON**

Tuna: *Albacore in Oil, Albacore in Water, Albacore Pouch, In Water Chunk Light, Light Pouch*

Sardines: *Skinless & Boneless: In Olive Oil, In Olive Oil No Salt, In Tomato Sauce, In Tomato Sauce No Salt, In Water, In Water No Salt*

Sardines: *In Lemon Garlic Sauce, In Lemon Pepper Sauce, In Olive Oil, In Olive Oil No Salt, In Sweet & Tangy Sauce, In Tomato Sauce, In Tomato Sauce No Salt, In Water, In Water No Salt, Tomato Oval*

Brisling Sardines: *Crosspack Tiny, In Olive Oil, In Olive Oil No Salt, In Tomato Sauce, In Water, In Water No Salt*

Anchovies, Kipper Snacks, Mackerel Fillets, Mackerel Fillets No Salt, Mackerel Skinless Boneless in Olive Oil, Mackerel Skinless Boneless in Water, Moroccan Fish Bites Original, Moroccan Fish Bites Spicy, No Salt Kipper Snacks, Peppered Kipper Snacks, Salmon Blueback Red, Salmon Pink, Sprats

**SHOP RITE**

Albacore Tuna in Water

**STRUB'S**

Gefilte Fish Jarred, Herring Tidbits in Wine, Lunch Cut Herring

**SUPERIOR**

Gefilte Fish

**UNGAR'S**

Gefilte Fish: *No Sugar, Regular, Salmon*

Herring Tidbits, Pickled Herring, Schmaltz Herring

**VITA**

Salmon: *Honey Smoked, Nova, Sliced, Sliced Smoked Nova*

Herring: *Homestyle, in Cream, in Sour Cream, in Wine, Party Snacks in Wine Sauce*

**YEHUDA**

Gefilte Fish: *Regular, Sweet*

**FOODSERVICE**

**ALBERT EINSTEIN HOSPITAL COLLEGE OF MEDICINE/ MONTEFIORE MEDICAL CENTER**

**BETH ISRAEL HOSPITAL**

**FISCHER BROTHERS & LESLIE**

**HUDSON VALLEY RESORT**

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**PRIME AT THE BENTLEY**

**PRIME BUTCHER AND BAKER**

**THE PRIME GRILL**

**SINAI HOSPITAL**

**FROZEN FOODS****BERNIE'S**

Blintzes: *Apple, Cheese, Cherry, Potato, Sugar Free Cheese*

**DAYEINU**

Cheese Ravioli, Pizza, Pizzarogies, Potato & Onion Pierogies, Potato Pierogies

**DR. PRAEGER'S**

Pancakes: *Broccoli, Potato, Spinach, Sweet Potato*

**FRANKEL'S**

Blintzes: *Apple, Cheese, Cherry, Potato*

Egg Noodles, Matzo-Free Balls, Pizza, Potato Knishes, Waffles

**HOO LACHMU**

Pizza Wheels

**MANISCHEWITZ**

Pancakes: *Potato, Sweet Potato*

Blintzes: *Blueberry, Cheese, Potato*

**MEAL MART**

Souffle: *Apple, Broccoli*

Pudding: *Apple, Potato, Sweet Potato*

Omelet: *Cheese, Plain*

Dinners: *Beef, Chicken, Goulash, Roast, Salmon, Sole, Steak, Turkey, Veal*

Assorted Knishes, Aufshnit, Beef Stew, Brisket, Buffalo Wings, Chicken Broth, Chicken Soup, Cooked Turkey Breast, Fried Chicken Nuggets, Fried Turkey Cutlets, Grilled Chicken Cutlets, Jerusalem Turkey Roll, Kids Nuggets, Meatballs, Rotisserie Chicken, Rotisserie Duck, Sliced Brisket, Sliced Roast, Stuffed Cabbage, Stuffed Chicken

**MELROSE MADE GOURMET**

Souffle: *Broccoli, Potato, Spinach, Vegetable, Zucchini*

**MON CUISINE**

Dinners: *Beef Goulash, Chicken, Rib Eye Roast, Salisbury Steak, Salmon, Turkey, Veal*

**RATNER'S**

Pancakes: *Potato, Sweet Potato*

Blintzes: *Blueberry, Cheese, Potato*

**SCHREIBER**

Chicken Broth with Matzo Ball, Cooked Pot Roast, Cooked Tongue, Dinner Set Up, Matzo Balls, Matzo Pudding, Turkey Lunch

**SPRING VALLEY**

Passover Apple Souffle

**UNGAR'S**

Blintzes: *Blueberry, Cheese, Potato*

**FRUITS & VEGETABLES****ALEI BODEK**

Romaine Lettuce

**AUNT BERTA'S**

Sauce: *Passion Fruit, Passion Fruit Less Sugar, Pomegranate & Plum Less Sugar*

Pomegranate Delight

**BODEK**

Asparagus Cuts and Tips, Asparagus Spears, Broccoli Cuts & Florets, Broccoli Spears, California Blend, Cauliflower Cuts, Chopped Spinach, Coleslaw, Green Cabbage, Iceberg Lettuce, Leaf Spinach, Red Cabbage, Rhubarb, Rhubarb & Strawberries, Romaine House Salad, Romaine Lettuce, Strawberries, Strawberries In Syrup, Winter Blend

**BODEK GREENHOUSE**

Baby Leaf Spinach, Baby Spring Mix, Romaine Lettuce

**CALIFORNIA DELITE**

Raisins

**GARDEN PURE**

Broccoli Cuts & Florets, Broccoli

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Spears, California Blend, Cauliflower Cuts, Chopped Spinach

**GEFEN**

Tomatoes: *Diced, Paste, Puree, Sauce, Sauce No Salt, Whole Peeled*

Pineapple: *Chunk, Crushed, Slice, Tidbit*

Fruit 'N Sauce: *Cherry, Raspberry, Strawberry*

Cup A Fruit: *Diced Peaches, Diced Pears, Fruit Mix, Whole Mandarins*

Apple Sauce, Apple Sauce Natural, Apple Sauce Regular, Beets Sliced, Beets Whole, Carrots Sliced, Carrots Whole, Cherries Sour Pitted, Cherries Sweet Pitted, Cranberry Sauce Jellied & Whole, Cranberry Sauce Jelly, Cranberry Sauce Whole, Fruit Mix, Hearts of Palm, Mandarin Oranges Broken, Mandarin Oranges Segments, Natural Apple Sauce, Peaches, Pears, Potatoes Sliced, Potatoes Whole, Sour Pitted Cherries, Sweet Potatoes

Cut

**GLICKS**

Pineapple: *Chunks, Crushed, Slices, Tidbits*

Apple Sauce, Apple Sauce Natural, Artichoke Bottoms, Beets Sliced, Beets Whole, Carrots Sliced, Carrots Whole, Cherries Sour Pitted, Cranberry Sauce Jelly, Cranberry Sauce Whole, Hearts of Palm, Mandarins Broken, Mandarins Whole, Mushrooms S&P, Potatoes Sliced, Potatoes Whole, Tomato Sauce, Tomatoes Crushed

**HADDAR**

Pineapple: *Chunks, Crushed, Sliced, Tidbits*

Fruit Cup: *Mandarin Orange, Mixed Fruit, Peach Diced, Pear Diced*

Apple Sauce, Apple Sauce Unsweetened, Apricot Halves, Beets Sliced, Beets Whole, Carrots Whole, Cherries in Water, Cherries Sour, Chestnuts Roasted Whole Shelled, Cranberry Sauce Jellied, Cranberry Sauce Whole Berry,

Hearts of Palm, Hearts of Palm Cut, Hearts of Palm Whole, Mandarin Orange Broken, Mandarin Orange Whole, Mixed Fruit, Mushroom Stems & Pieces, Mushroom Whole, Mushrooms Sliced, Peach Halves Lite Syrup, Peach Slices Lite Syrup, Pear Halves, Pear Slices, Potatoes Sliced, Potatoes Whole, Tomatoes Crushed

**KEDEM**

Cranberry Jelly

**KLEEN FARMS**

Romaine Hearts Cut, Romaine Hearts Whole

**LOVE BEET**

Cooked Beets

**MA NISHTANA**

Apple Rings, Apricots, Cranberries, Mixed Fruit, Peaches, Prunes

**MANISCHEWITZ**

Applesauce, Apricots, Apricots Dried, Mixed Fruit, Prunes, Prunes Extra Large, Prunes

Pitted, Tart Prunes

**MEAL MART**

Apple Sauce

**MISHPACHA**

Pineapple: *Chunks, Crushed, Sliced, Tidbits*

Apple Sauce, Apple Sauce Cups Sweetened, Apple Sauce Cups Unsweetened, Apple Sauce Natural, Beets Sliced, Carrots Sliced, Cranberry Sauce Jellied, Cranberry Sauce Whole, Hearts of Palm Cut, Hearts of Palm Whole, Mandarin Oranges Broken, Mandarin Oranges Whole, Mushrooms Stems & Pieces, Potatoes Whole, Tomato Sauce, Tomato Sauce w/ Mushrooms, Tomatoes Crushed

**MUSSELMAN'S**

Applesauce, Natural Applesauce

**O'GOODYS**

Raisins

**PEREG**

Tomato Spread

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## ROKEACH

Tomato Sauce, Tomato Sauce with  
Mushrooms, Tomato Sauce with  
Mushrooms Low Sodium

## SEASON

Hearts of Palm, Hearts Of Palm  
Cuts & Tips, Hearts Of Palm  
Whole, Water Chestnuts Sliced,  
Water Chestnuts Whole

## SETTON

Jumbo Peaches, Jumbo Pears,  
Mixed Fruit, Nectarines, Peaches,  
Pears, Prunes, Raisins

## SHOP RITE

Applesauce Unsweetened, Beets  
Sliced, Carrots Sliced, Cranberry  
Sauce Jellied, Raisins, Potatoes  
Sliced, Potatoes Whole

## STOP & SHOP

Cranberry Sauce Jellied, Raisins

## YUM TEE

Dates, Dried Apricot, Dried  
Cranberries, Dried Peaches, Dried  
Pears, Dried Prunes, Figs, Mixed  
Fruit, Raisins

## ICE CREAM & FROZEN NOVELTIES

### GIVAT

Parve: *Cherry Lemon Cups,  
Cherry/Lemon Tubes*

### J&J

Parve: *Kiwi Strawberry Tubes,  
Lemon Tubes, Pina Colada Tubes*  
Dairy Chalav Yisrael: *Ice Cream  
Sandwich, Ice Cream Sandwich  
Mini*

### MEHADRI

Parve: *Italian Cherry, Italian  
Lemon, White Cherry Ice Pop*  
Dairy Chalav Yisrael: *Chocolate  
Ice Cream, Dixie Vanilla Chocolate  
Ice Cream, Vanilla Chocolate Ice  
Cream, Vanilla Classic Bars,  
Vanilla Fudge Ice Cream, Vanilla  
Ice Cream*

## JAMS & JELLIES

### 778

Preserves: *Apricot, Blackcurrant,  
Cherry, Strawberry*

## AUNT BERTA'S

Preserves: *Apricot, Berry Mix,  
Kiwi, Mango, Orange,  
Passionfruit, Pink Grapefruit,  
Strawberry*

## ETHNIC DELIGHT

Preserves: *Apricot, Berry, Kiwi,  
Mango, Orange*

## GEFEN

Preserves: *Apricot, Cherry, Grape,  
Raspberry, Strawberry*

## GLICKS

Preserves: *Apricot, Raspberry,  
Strawberry*

## JORDAN VALLEY

Preserves: *Date & Apricot, Date  
& Kiwi, Date & Mango, Date &  
Strawberry*

## KEDEM

Preserves: *Apricot, Apricot Sugar  
Free, Blueberry, Boysenberry,  
Doubleberry, Strawberry,  
Strawberry Sugar Free, Strawberry  
with Champagne*

Grape Jelly, Grape Jelly Sugar  
Free, Mint Jelly, Orange  
Marmalade

## KING STAR FOODS

Confiture: *Apple & Cinnamon,  
Apricot, Orange, Plum,  
Strawberry*

## LINS BEE FARM

Strawberry Preserve

## MANISCHEWITZ

Apple Butter, Apple Butter  
Spread, Strawberry Preserves

## OXYGEN

Apple & Cinnamon Confiture,  
Apple & Cinnamon Preserves,  
Date & Walnut Delight, Mandarin  
& Orange Citrus Fusion, Passion  
Fruit Obsession, Strawberry  
Confiture, Strawberry Preserve,  
Very Cherry Fruit Spread

## POLANER

Spreadable: *Apricots, Raspberries,  
Strawberries*

## SAVION

Apricot Preserves, Grape Jelly,  
Strawberry Preserves

## MATZAH PRODUCTS

### AVIV

Egg Matzo, Honey Matzah, Light  
Matzos, Matzo Farfel, Matzo  
Meal, Matzos, Mini Egg Matzos,  
Mini Matzos, Mini Matzos Whole  
Wheat, Organic Matzo Farfel,

Organic Matzo Meal, Organic  
Matzos, Round Matzos, Rye  
Matzos, Wheat Bran Matzos,  
Whole Wheat Matzos

## BLANCHARD & BLANCHARD

Matzo Sticks, Matzo Sticks Onion  
Garlic, Matzo Sticks Whole Wheat

## BNEI BRAK

Matzos, Whole Wheat Matzos

## GEULA

18 Minute Cake Meal, 18 Minute  
Matzah, 18 Minute Matzah Farfel,  
18 Minute Matzah Meal, Shmura  
Cake Meal, Shmura Matzah,  
Shmura Matzah Bits, Shmura  
Matzah Meal

## GLICKS

18 Min Cake Meal, 18 Min  
Matzo, 18 Min Matzo Farfel, 18  
Min Matzo Meal, 18 Min Whole  
Wheat Matzah, Shmura Cake  
Meal, Shmura Matzo, Shmura  
Matzo Meal

## GOODMAN'S

Egg Matzo, Matzo, Matzo Meal

## HADDAR

Matzo, Matzo Lite Whole Wheat,  
Matzo Meal, Matzo Meal-Whole  
Wheat, Matzo Organic Spelt,  
Matzo Whole Wheat

## HAGADA

Egg Matzo, Matzo Farfel, Matzo  
Meal, Matzos, Organic Matzos

## HOLYLAND

Hand Shmura Matzah, Hand  
Shmura Matzah Whole Wheat

## HOROWITZ MARGARETEN

Egg Matzo, Farfel, Matzo, Matzo  
Cake Meal, Matzo Meal Fine

## IERUSHALAIM

Matzo Shmura

## JERUSALEM MATZOS

Egg Matzo

## KING DAVID

Cake Meal, Matzo, Matzo Meal,  
Whole Wheat Matzo Farfel

## KING STAR FOODS

Egg Matzo, Matzo Meal, Matzos

## MANISCHEWITZ

Crackers: *Passover Egg Matzo  
Onion Tams*

Egg Matzo, Egg Matzo Crackers,  
Matzo, Matzo Cake Meal, Matzo  
Cereal, Matzo Crackers, Matzo  
Farfel, Matzo Farfel Whole, Matzo  
Meal, Matzo Meal Whole Wheat,  
Mediterranean Matzo, Organic  
Matzo, Passover Egg Matzo

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Everything Tams, Passover Egg Matzo Garlic Tams, Passover Egg Matzo Original Tams, Schmura Matzo, Schmura Matzo Handmade, Spelt Matzoh, Thin Tea Matzo, Thin Unsalted Matzoh, Whole Wheat Matzo, Yolk Free Egg Matzo

**MATZOT CARMEL**

Egg Matzot, Farfel, Honey Matzot, Light Matzot, Matzo Meal, Matzot, Matzot Cake Meal, Rye Matzot, Shmura Matzo Meal, Shmura Matzot, Spelt Matzot, Tea Matzot, Tea Whole Wheat Matzos

**MATZOT SOLOMON-AUSTRALIA**

Matzos, Whole Wheat Matzos

**MOSMARKS**

Cake Meal, Egg Matzo, Light Matzo, Matzo, Matzo Crackers, Matzo Meal, Organic Spelt Matzo, Rye Matzo, Whole Wheat Matzo

**NEGEV**

Matzo

**OSEM**

Cake Meal, Egg Matzo, Light Matzo, Matzo, Matzo Farfel, Matzo Meal, Organic Spelt Matzo, Rye Matzo, Shmura Matzo, Spelt Matzo, Whole Wheat Matzo, Whole Wheat Matzo Farfel, Whole Wheat Matzo Meal

**PEREG**

Plain Matzo Meal, Seasoned Matzo Crumbs

**RISHON**

Cake Meal, Egg Matzo, Matzo, Matzo Farfel, Matzo Meal, Shmura Matzo, Whole Wheat Matzo

**ROKEACH**

Matzo Shmura Handmade

**SAVION**

Matzo Crackers Sweet Egg, Matzo Crackers Whole Wheat, Matzo Snacks Cinnamon Flavor, Matzo Sticks, Matzo Sticks Onion Garlic

**SHEMOT**

Farfalach Couscous Mini, Farfalach Couscous Mini Whole Wheat, Farfalach Whole Wheat

**SHIBOLIM**

Egg Matza Squares - Whole Wheat, Matza Squares - Whole Spelt, Matza Squares - Whole Wheat, Mini Egg Matza - Whole Wheat, Mini Matza - Whole Spelt, Mini Matza - Whole Wheat

**SHOP RITE**

Egg Matzo, Matzo, Matzo Meal, Whole Wheat Matzos

**YANOVSKY**

Farfalach Couscous Mini, Farfalach Couscous Mini Whole Wheat, Farfalach Whole Wheat, Matzo, Matzo Crackers, Matzo Dulce, Matzo Farfale, Matzo Meal Shemura, Matzo Shemura, Matzo Sticks, Matzo Whole Wheat

**YARDEN**

Farfel, Matzo, Matzo Cereal, Matzo Farfel, Matzo Meal, Matzo Meal Fine, Whole Wheat Matzo

**YEHUDA**

Bran Matzo, Cake Meal, Egg Matzot, Honey Matzo, Light Matzo, Matzo Meal, Matzos, Matzot Cracker, Mini Matzah,

Shmura Matzah Meal, Shumra Matzo, Spelt Matzos, Tea Matzo, Whole Wheat Matzos

**YEHUDA MATZOS**

Egg Matzot, Matzo Meal, Matzos, Mini Matzah, Organic Matzos, Spelt Matzos, Whole Wheat Matzos

**MEAT & POULTRY**

**ALLE**

Beef Patties, Broiled Beef Livers, Broiled Chicken Livers, Ground Beef, Ground Chicken Breast, Ground Lamb, Ground Veal

**AMERICAN KOSHER**

Beef Frankfurters: *Cocktail, Low Fat, Regular*  
Beef: *Bologna, Ground, Knockwurst, Patties, Salami*  
Chopped Liver Spread, Corned Beef, Kishka, Pastrami

**BRAUN'S GOOD-N-GLATT**

Bologna, Frankfurters, Salami

**EMES GLATT KOSHER**

Brisket, Chopped Liver, Corned Beef, Ground Beef, Italian Sausage, Kielbasa, Pastrami, Polish Sausage, Shoulder Roast

### EMPIRE

Turkey Breast: *All Natural, All Natural with Skin, Boneless Netted, Honey Smoked, Oven Prepared, Smoked, Whole*  
 Turkey: *BBQ, Bologna, Drumsticks, Franks, Ground, Pastrami, Salami, Tenders, Thighs*  
 Organic Chicken: *Breast Boneless Skinless, Drumsticks, Whole Broiler*

Chicken Breast: *Boneless Skinless, Chunk, Nugget, Regular*  
 Chicken: *BBQ, Bologna, Broiler Quartered, Broiler Whole, Cornish Broiler, Drumsticks, Fat, Franks, Leg Meat Boneless Skinless, Legs, Ready to Roast Barbeque, Ready to Roast Garlic Herb, Roasting Chicken, Thighs, Thighs Boneless, Wing Drumette*  
 Hen Half Breast

### H.G.I.

Pattie Mix, Patties

### INTERNATIONAL GLATT

Beef Salami: *Dark, Peppercorn, Regular*  
 Beef Frankfurters: *Cocktail, Hot & Spicy, Low Fat, Regular*  
 Beef: *Bologna, Garlic Ring, Ground, Knockwurst, Patties, Sausage Polish*  
 Chopped Liver Spread, Corned Beef, Kishka, Pastrami, Pattie Mix, Patties, Tongue Pickled

### JACK'S GOURMET

Beef Kielbasa, Bratwurst, Buffalo Wings Sausage, Chorizo, Facon Cured Beef, Hot Italian Sausage, Jamaican Jerk Sausage, South African Boerewors, Spicy Southwestern Style Sausage, Sweet Italian Sausage, Turkey Apple Sausage

### KOSHER VALLEY

Turkey Breast: *Cutlet, Honey Smoked, Oven Prepared, Smoked*  
 Turkey: *Drumsticks, Franks, Ground, Tenderloins, Thighs*  
 Chicken: *8 Pc. Cut-up, Breast, Drumsticks, Franks, Ground, Legs, Quarters, Thighs, Whole, Wing Drumette*

### LOWER EAST SIDE

Mild Sausage, Spicy Sausage, Veal Franks

### MEAL MART

Turkey: *Breast, Pastrami, Roll*  
 Steak: *Minute, Ribeye, Salisbury, Swiss*

Smoked: *Chicken Breast, Turkey Breast, Turkey Legs, Veal Shoulder*  
 Franks: *Beef, Reduced Fat, Turkey Beef & Veal Sausage, Beef Knocks, Bologna, Chicken Liver, Chopped Liver, Chub Bologna, Corned Beef, Kielbasa, Lamb Breast, Pastrami, Salami*

### REAL KOSHER

Steak: *Minute, Rib, Side, Skirt, Swiss*  
 Beef Ground, Beef Kielbasa, Beef Stew, Beef/ Veal Bones, Bologna, Bratwurst, Brisket, Cocktail Frankfurters, Corned Beef, Declé, Fat, Flanken, Frankfurters, Ground Beef/ Chicken/ Turkey Blends, Kalachel, Kielbasa, Kishka, Knockwurst, Liver, London Broil, No-Nitrite Sausages, Pastrami, Ribs, Roast, Salami, Sausage, Shoulder Smoked, Skinless Franks, Smoked Jumbo Franks, Spare Ribs, Tongue, Veal Pickled

### SCHREIBER

Ground: *Beef, Chicken Breast, Lamb, Veal*  
 Beef Patties, Bologna, Chicken Livers, Chopped Liver, Corned Beef, Franks, Knockwurst, Pastrami, Salami, Tongue, Veal Patties

### SOLOMON'S

Beef Products

## PAPER & PLASTIC

### GEFEN

Parchment Paper

### GEULA

Crock Pot Liners, Parchment Paper, Roasting Bags

### PREMIERE

Tablecloths

## PREPARED FOODS

### AMAZING MEALS

Beef Goulash w/ Carrots, Chicken Soup with Matzo Balls, Chicken w/ Diced Potatoes, Salmon w/ Potatoes, Stuffed Cabbage w/ Beef

### BENZ'S

Charoset

### FLAUM'S

Salads: *Cole Slaw, Cucumber, Egg,*

*Health, Potato, Red Skin Potato*  
 Vegetarian Liver

### GEFEN

Borscht, Borscht Low Cal, Pasta Elbows, Pasta Rotelle, Pasta Shells, Pasta Ziti, Schav

### GESHMAK

Salads: *Beet, Cole Slaw, Cucumber, Health, Potato, Red Potato*

### GOLD'S

Borscht: *Cabbage, Low Calorie, Regular, Russian, Unsalted*  
 Schav

### HADDAR

Borscht

### MANISCHEWITZ

Borscht, Borscht Low Calorie, Borscht, Reduced Sodium, Chicken Broth, Chicken Consommé, Matzo Ball Soup, Matzo Ball Soup Reduced Sodium, Matzo Balls In Broth, Matzo Balls in Broth Reduced Sodium, Matzo Balls in Chicken Broth

### MEAL MART

Salads: *Cole Slaw, Cucumber, Potato*

### MOTHER'S

Matzo Ball Soup, Matzo Balls In Broth

### MRS. ADLER'S

Matzo Ball Soup, Matzo Dumplings

### OSEM

Heat & Serve Potato Puree, Meals on the Go Potato and Mushroom, Meals on the Go Potato and Vegetables

### RICHFIELD SOUPS

Butternut Squash Soup, Chicken Broth, Chicken Matzo Ball Soup, Vegetable Soup

### ROKEACH

Soup: *Cabbage, French Onion, Garden Vegetable, Mushroom, Potato, Russian Cabbage Potato, Tomato*

Chicken Consommé, Matzo Balls in Clear Chicken Broth

## SALT

### BEKSUL

### CENTRAL MARKET CLASSICS

### DAVID'S

### DOS ANCLAS

### EL SEMBRADOR

### GEFEN

### GLICKS

### GOYA

### GULF

### HADDAR

### KIRKLAND SIGNATURE

### MANISCHEWITZ

### MISHPACHA

### MORTON

### NORTH AMERICAN SALT

### OLDE THOMPSON

### PEREG

### PURE OCEAN

### SOLAR

### SPECIAL PURITY

### SUPERIOR

### WEGMANS

### WINDSOR

## SNACKS & DESSERTS

### BLOOM'S

Potato Stix: *BBQ, Onion, Plain*  
 Potato Chips: *BBQ, No Salt, Onion, Regular, Ripple*  
 Fries: *BBQ, Crunchy, Hot, Onion*

### GEFEN

Pudding: *Chocolate, Diet S/f Instant Chocolate, Diet S/f Instant Vanilla, Instant Chocolate, Instant Vanilla, Vanilla*

Jello: *Cherry, Clear Unflavored, Lemon, Lime, Orange, Raspberry, Strawberry*

Diet Jello: *Cherry, Clear Unflavored, Lemon, Lime, Orange, Raspberry, Strawberry*

Curly Nosh Bbq, Curly Nosh Onion

### GLICKS

Pudding: *Instant Chocolate, Instant Vanilla*

Potato Stix: *BBQ, Hot, Hot N' Spicy, Onion Garlic, Regular*

Potato Chips: *BBQ, No Salt, Onion Garlic, Original, Rippled*

Jello: *Cherry, Grape, Lemon, Orange, Raspberry, Strawberry, Unflavored*

Diet Jello: *Cherry, Raspberry, Strawberry*

**GOLDEN FLUFF**

Potato Chips: *Regular, Ripple, Onion Garlic, BBQ*  
 Potato Fries: *Regular, BBQ, Onion Garlic*  
 Potato Stix: *Regular, BBQ, Onion Garlic*

**GUILTLESS GOURMET**

Almond Crunch, Almond Flaxseed Crunch, Cashew Crunch, Cashew Flaxseed Crunch, Root Chips

**HADDAR**

Jel: *Cherry, Grape, Lemon, Lime, Orange, Raspberry, Unflavored*  
 Instant Pudding: *Chocolate, Vanilla*  
 Diet Jel Instant Mixes: *Chocolate/ Vanilla, Raspberry, Strawberry*

**HERR'S**

Potato Chips, Potato Chips No Salt

**KOJEL**

Pudding: *Caramel, Chocolate, Instant Mixes Chocolate/ Vanilla, Vanilla*  
 Jel: *Lemon Dessert, Lime Dessert, Orange Dessert, Raspberry Dessert*  
 Diet Pudding: *Chocolate, Vanilla*  
 Diet Jel: *Lemon Dessert, Lime Dessert, Orange Dessert, Strawberry Dessert*

Diet: *Cherry, Double Berry, Orange, Strawberry, Unflavored*  
 Cherry, Double Berry, Lemon, Lime, Orange, Raspberry, Strawberry, Tropical Punch

**LAYS**

Potato Chips

**MANISCHEWITZ**

Potato Chips: *BBQ, Kettle Chips - Regular, Kettle Chips - Sea Salt, No Salt, Regular, Ripple, Salted, Unsalted*  
 Crunch Roasted Cashew

**OSEM**

Pudding: *Instant Chocolate, Instant Vanilla*

**SCHICK'S**

Cashew Brittle

**UTZ**

Potato Chips, Potato Chips No Salt

**SOAP & DETERGENTS**

**AMA**

Lemon HDW Liquid 20%, Lemon HDW Paste 20%

**BIO OR**

Hand Washing Powder

**GEFEN**

Lotion: *Blue, Blue Dish, Green, Green Dish, Lemon, Lemon Dish, Pink, Pink Dish*  
 Blue Bar Soap, Cleanser, Pink Bar Soap, Soap Pads

**GEULA**

Metal Sponges

**GILAH**

Blue Liquid, Blue/Pink Bar Soap, Cleanser, Green Liquid, Lemon Liquid, Pink Liquid, Soap Pads

**GLICKS**

Dish Lotion: *Blue Juniper Breeze, Green Apple Delight, Lemon Citrus Splash, Pink Spring Blossom*

Orange Blossom Fresh Anti Bacterial

**HADDAR**

Lotion: *Blue, Green, Lemon, Orange, Pink*  
 Easy Scrub: *Bleach, Lavender, Lemon*  
 Cleanser

**HAWAII**

Liquid Soap: *Blue Lagoon, Deep Blue, Tropical Breeze*  
 Deodorant

**OR**

Hand Washing Powder

**PERSIL**

Washing Powder: *Color, Regular, Universal*  
 Compact Gel Active Soda, Compact Liquid Active Soda, Gel Active Soda

**ROKEACH**

Kosher Soap-Blue, Kosher Soap-Red, Silver Polish

**SOAD**

Washing Powder: *Baby, Color, Love, Perfect, Perfume*  
 Floor Liquid: *Blue Wax, Green Pine, Purple Flowers*  
 Fabric Softener Max: *Baby, Blue, Pink, Purple, Red*  
 Fabric Softener: *Aromatherapy, Baby, Blue, Green, Jasmine, Love, Pink, Sensation, White*  
 Hand Wash Shampoo

**TOP SOAD**

Dish 24% Classic, Dish 24% Fruit, Dish 24% Lemon, Dish 24% Winter, Dish Wash 36%

**SPICES & SEASONINGS**

**BENZ'S**

Allspice, Basil, Black Pepper, Cinnamon, Coriander, Dill, Ginger, Granulated Garlic, Granulated Onion, Nutmeg, Oregano, Paprika, Parsley, Red Pepper, Rosemary, Sage, Tarragon, Thyme, Turmeric, White Pepper

**GEFEN**

Allspice Ground, Cinnamon Ground, Cinnamon Stick, Garlic Cubes Frozen, Garlic Minced, Garlic Powder, Ginger, Onion Minced, Onion Powder, Paprika, Pepper Black Ground, Pepper Black Whole, Pepper White, Sour Salt

**HADDAR**

Cinnamon, Cloves Ground, Cloves Whole, Garlic Frozen, Garlic Minced, Garlic Powder, Ginger, Onion Minced, Onion Powder, Oregano, Paprika, Parsley Flakes, Pepper Black, Pepper Black Ground, Pepper Black Whole, Pepper White, Pizza Seasoning

**JANES KRAZY MIXED-UP SEASONINGS**

Krazy Mixed Up Salt

**PEREG**

Mixed Spices: *BBQ, Fish, Grilled Chicken, Meatballs, Schwarma*  
 Allspice, Basil, Bay Leaves, Chili Pepper Crushed, Chili Pepper Whole, Cinnamon Ground, Cinnamon Sticks, Coriander Leaves, Cumin, Dillweed, Garlic Crystal, Garlic Powder, Ginger, Mint Leaves, Onion Crystal, Onion Ground, Onion Sliced, Onions Fried, Oregano, Paprika Hot Dry, Paprika Hot in Oil, Paprika Sweet Dry, Paprika Sweet in Oil, Parsley, Pepper Black Ground, Pepper Black Powder, Pepper Black Whole, Pepper White Ground, Rosemary, Thyme, Turmeric

**TOOTHPASTE**

**KOSHER INNOVATIONS**

Toothwash

**WATER**

**AMERICA'S CHOICE**

**AQUA PANNA**

**ARCTIC SOL**

**ARIZONA**

**BADOIT ROUGE**

**BADOIT VERT**

**BALDUCCI'S**

**BE'ER MAYIM**

**BEST HEALTH**

**BEST YET**

**BIG Y**

**BOGOPA**

**C & C**

**CANADIAN ESSENCE**

**CLOVER VALLEY**

**COMPLIMENTS**

**COMPLIMENTS VALUE**

**CREAM O' LAND**

**CRYSTAL CHOICE**

**DIAMOND SPRING WATER**

**DOWSER**

**EL TAPATIO**

**EVIAN**

**EXACT**

**FERRARELLE**

**FIJI NATURAL ARTESIAN WATER**

**FIRST QUALITY**

**FLAVORITE**

**FOODTOWN**

**FOX LEDGE**

**FOX WOOD**

**FRESH MARKET**

**FRY'S**

**GOLD MARK**

**GREAT VALUE**

**H-E-B GLACIA**

**H2O**

**HEINEN'S**

**HY-TOP**

**ICE RIVER SPRINGS**

**ICELAND SPRING**

**ICELANDIC GLACIAL**

**IDEAL MTN. SPRINGS**

**IGA**

**JERICHO**

**KABBALAH**

**KEY FOOD**

**KINGS**

KIRKLAND  
 KRASDALE  
 KROGER  
 LABRADOR  
 LANGER'S  
 LIFE  
 LYON'S NORTHERN SPRING  
 MARKET PANTRY  
 MISCOE SPRINGS  
 MIZMOR  
 MOUNTAIN VALLEY  
 NAKED  
 NATIA  
 NATURE'S PRIDE  
 NAYA  
 NEW YORK  
 NIAGARA  
 NICE!  
 NIRVANA  
 PARADE  
 PATHMARK  
 PINCHAS  
 PIONEER  
 POCONO  
 POCONO SPRING  
 PRESIDENT'S CHOICE  
 PRICE CHOPPER  
 PRICE RITE  
 PUBLIX  
 PURAQUA  
 PURE AMERICAN  
 PUREAU  
 RALEY'S  
 RALPHS  
 REAL CANADIAN  
 REALTREE  
 RED & WHITE  
 REFRESHE  
 REJUUV  
 REXALL  
 RITA'S  
 ROCHE BROS.  
 RUTTER'S  
 SAHTAIN

SAN PELLEGRINO  
 SARATOGA  
 SEQUANA  
 SHAW'S  
 SPARKLETTES  
 STATER BROS.  
 STOP & SHOP  
 STOP & SHOP/ACADIA  
 SUNLAND  
 SYFO  
 TABLEROCK  
 THE RITZ CARLTON  
 THE RITZ-CARLTON  
 THIRSTER PURIFIED  
 DRINKING WATER  
 TIM HORTONS  
 TRADER JOE'S  
 TROPICAL FANTASY  
 TRUE ESSENCE  
 TRULY  
 TURKEY HILL  
 VERMONT PURE SPRINGS  
 VINTAGE  
 VOLVIC  
 VOSS  
 WALNUT GROVE MARKET  
 WAWA  
 WEIS  
 WEIS QUALITY  
 WELSH FARMS  
 WESTERN BEEF  
 WINN-DIXIE

### WINES, LIQUORS & GRAPE JUICE

**BATCH 21**  
 Red, Rose, White  
**ALEXANDER WINERY**  
 Brono, Chardonnay, Merlot,  
 Sandro Cabernet Merlot,  
 Sauvignon Blanc, Syrah  
**ALEXELI**  
 Pinot Noir  
**ALTOONA HILLS**  
 Cabernet Merlot, Cabernet Shiraz,  
 Merlot, Shiraz, Shiraz Rose

**APPALINA**  
 Cabernet Sauvignon, Merlot,  
 Merlot Rose, Merlot Rouge  
**APPELLATION**  
 Cabernet Franc, Cabernet  
 Sauvignon, Cabernet Sauvignon  
 Shiraz, Carignan, Chardonnay,  
 Petite Sirah  
**ARCO NUEVO**  
 Malbec, Pinot Noir, Shiraz  
**ARMON BRANDY**  
 Concord, Slivovitz  
**ARMON WINE**  
 Black Rouge, Burgundy, Concord  
 Grape, Cooking Wine, Cream  
 Malaga, Cream Niagara, Cream  
 Ping, Cream Red, Cream Rose,  
 Cream White, Light Concord  
 Grape, Light Pink Concord,  
 Malaga, Nuvée Soft, Regal Rose,  
 Rose Sparkling, Sauterne,  
 Sparkling Red, Sparkling White,  
 Tokay, Vin Rose

**ARTISTAS DEL SUR**  
 Merlot Tannat, Tannat Rose  
**ASTRO D' ARGENTE**  
 Moscato  
**AVNEI HACHOSHEN/THE  
 CHOSEN**  
 Aquamarine Cabernet Sauvignon,  
 Diamond, Ruby Sirah - Dry Red  
 Wine  
**AVVIO**  
 Grape Juice

**BACKSBERG**  
 Chardonnay, Merlot, Pinotage  
**BANERO**  
 Brut Premium Sparkling Wine,  
 Prosecco, Spumante

**BARON CLOVIS**  
 Red Bordeaux Superieur

**BARON DAVID**  
 Red Bordeaux Superieur

**BARON HERZOG**  
 Cabernet Sauvignon, Champagne  
 Brut, Chardonnay, Chenin Blanc,  
 Clone, Jeunesse Black Muscat,  
 Jeunesse Cabernet Sauvignon,  
 Jeunesse Cabernet Sauvignon  
 Napa Reserve, Jeunesse  
 Chardonnay, Jeunesse Pinot Noir  
 Reserve, Pinot Grigio, Pinot Noir,  
 White Riesling

**BARTENURA**  
 Asti, Barbera D'Asti, Brachetto,  
 Chianti, Dolcetto de' Alba,  
 Malvasia, Moscato, Moscato

Piemonte, Moscato Rose, Ovadia  
 Estates Barbera d'Alba, Ovadia  
 Estates Barolo, Ovadia Estates  
 Bracheto, Ovadia Estates Chianti,  
 Ovadia Estates Morellino Di  
 Scansano, Ovadia Estates Nobile  
 Di Montepulciano, Ovadia Estates  
 Rosso Di Montepulciano, Pinot  
 Grigio, Prosecco Brut, Rosato,  
 Rosato Toscano, Sparkling  
 Moscato, Valpolicella

**BARTENURA CORDIALS**  
 Etrog

**BETRANON**  
 Bordeaux

**BIG IN YOUR MOUTH WINE**  
 Sweetish Red Wine

**BIKURIM**  
 Tosafot

**BIN**  
 Cabernet Sauvignon, Chardonnay,  
 Merlot, Shiraz

**BINYAMINA & TEVA**  
 Cabernet Blush Semi Dry Blush  
 Wine, Chardonnay Dry White  
 Wine, Dry Red wine, Emerald  
 Riesling, Merlot, Muscato,  
 Pinotage, Shiraz- Dry Red Wine,  
 Tempranillo

**BINYAMINA LIQUEUR &  
 ALCOHOLIC BEVERAGES**  
 Amaretto, Apple Sour, Banana,  
 Brandy, Chocolate, Crème de  
 Cassis, Limonchello, Peach,  
 Vodka, Wishniak

**BINYAMINA RESERVE/  
 SPECIAL RESERVE**  
 Carignan, Gewurztraminer,  
 Sauvignon Blanc, Shiraz,  
 Zinfandel

**BOKOBZA**  
 Baron Lamour, Rouge, Rose,  
 Blanc, Baron Rocheau Bordeaux  
 Rouge, Baron Rocheau: Bordeaux  
 Superieur, Cellier De Dauphins:  
 Coteaux De Tricastin, Chateau  
 Gramet: Bordeaux, Cotes du  
 Rhone Cuvee du Centenaire, Gris  
 Rose, Le Vieux Cellier Rouge,  
 Marquis de la Goulette Rouge

**BORDEAUX HAUT-BAZIGNAN**  
 Bordeaux Bazignan

**BORDEAUX HAUT-MARMONT**  
 Bordeaux Haut Marmont

**BORDEAUX LA GARENNE**  
 Bordeaux La Garenne

**BORDEAUX LAVAGNAC**  
 Bordeaux Rouge de Lavagnac

# Count Sefirah with the OU

... and leave the reminding to us!

Every afternoon we'll send you a friendly email reminder of that evening's count, along with valuable information on the halachot of Sefirat ha-Omer.

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Count on us to help you successfully complete this mitzvah. Sign up today.



**BORDEAUX MAYNE VALENCE**

Bordeaux Rouge Mayne de Valence

**BORGO BELLA**

Peach Flavored Must, Strawberry Flavored Must

**BORGO REALE**

Asti, Asti Spumante, Barolo, Brunello, Brunello Di Montalcino, Chianti, Chianti Classico, Chianti Riserva, Maturo, Montepulciano, Montepulciano d'Abruzzo, Moscato D'Asti, Moscato D'Asti, Pinot Grigio, Pinot Nero, Pinot Noir, Prosecco, Sangiovese di Puglia, Toscana Rosso

**BOUKHA BOKOBSA**

Fig Alcohol

**BRENDIZI**

Primov Brut Premium

**BRIGEL WINE**

Cabernet Sauvignon, Merlot, Muscat, Ruby Red, Zinfandel

**BROBDINGNAGIAN**

Grenache, Petit Sirah, Petit Verdot, Syrah

**CANTINA GABRIELE**

Chianti, Dolcemente, Dry Red wine, Dry Sparkling White Wine, Montepulciano D'Abruzzo, Moscato, Pinot Grigio, Sangiovese

**CAPCANES**

Flor De Flor, Peraj Ha'abib, Peraj Pardez, Peraj Petita

**CARMEL BRANDY**

Brandy

**CARMEL RIDGE**

Carignan Shiraz, White

**CARMEL SINGLE VINEYARD**

Kayoumi Cabernet Sauvignon

**CARMEL YOUNG**

Carignano, Moscato

**CASA DA CORCA**

Douro, Douro Reserve

**CASA DI LUIGI**

Cabernet Sauvignon, Merlot, Reisling, Shiraz, Syrah

**CASTEL FRENTANO**

Vino Bianco, Vino Rosso

**CASTELLO D'ATRI**

Rose Semi Sweet Wine, White

Wine

**CASTILLON CÔTES DE BORDEAUX**

Castillon Cotes de Bordeaux

**CAVE COOP DE ST PEY**

Bordeaux

**CHARDONNAY**

Blanc, Cabernet Sauvignon, Gris, Merlot, Rose, White

**CHATEAU LEPERON**

Bordeaux, Bordeaux Superieur, Red Bordeaux Superieur

**CHATEAU BOIS - CARDON**

Red Medoc

**CHATEAU CANTELAUDETTE**

Red Wine

**CHATEAU DE CALLAC**

Sauternes Saint Michel

**CHATEAU DE LANGLAIS**

Cotes de Castillon

**CHATEAU DE MOLE**

Puisseguin Saint Emilion

**CHÂTEAU DU COURNEAU**

Margaux

**CHATEAU HAUT BRETON LARIGAUDIERE**

Cabernet, Margaux Cru Bourgeois

**CHATEAU HAUT CONDISSAS**

Medoc

**CHATEAU HAUT MARMONT**

Bordeaux Rose

**CHÂTEAU HAUT PHILIPPON**

Chateau Haut Philippon

**CHATEAU JAUMARD**

Bordeaux Supérieur

**CHATEAU LA CLARE**

Medoc

**CHATEAU LA FLEUR DE BY**

Medoc

**CHATEAU LA NAUDE**

Red Bordeaux Superieur

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Medoc Cru Bourgeois, Red Medoc

**CHATEAU LES REMPART DE**

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and the love of  
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**BEL AIR**

Red Bordeaux Superieur

**CHATEAU ROC SAINT-JACQUES**

Puisseguin Saint Emilion

**CHATEAU ROLLAN DE BY**

Cru Bourgeois-Medoc

**CHATEAU TOUR BALADOZ**

Saint-Emilion Grand Cru

**CHATEAU TOUR RIGAUD**

Puisseguin Saint Emilion

**CHATEAU TOUR SERAN**

Medoc

**CHATEAU TRIGANT PESSAC - LEOGNAN**

Red, Rose, White

**CHATEAUX LA NAUDE**

Bordeaux Superior

**CLARO**

Cabernet Sauvignon, Chardonnay, Merlot, Sauvignon Blanc

**CLOS BEL AIR**

Montagne Saint-Emilion

**CONCORDIA**

Table Red Wine, Vin De Pays D'ouveillon

**COOPERATIVE D'OUVEILLAN**

Cooperative D'ouveillon

**COTEAUX DE SITRYA**

Cabernet Sauvignon, Malbec, Merlot, Reserve

**COTES DE BORDEAUX**

Cotes de Bordeaux

**COVENANT**

Cabernet Sauvignon, Solomon

**CRUSE**

Brut Wine, Demi-Sec Wine, Mousseux Brut et Demi-Sec

**DALTON WINERY**

Alma Cabernet Merlot, Alma Cabernet/Merlot/Cabernet Franc, Alma Chardonnay Viognier, Alma Shiraz Mourverdre Viognier, Barbera, Cabernet Merlot, Cabernet Sauvignon, Canaan Cabernet Sauvignon, Canaan Merlot, Chardonnay Dalton, Fume Blanc, Marom Red, Marom White, Matatia, Merlot, Petite Sirah, Red Canaan, Rose, Safsufa Cabernet, Safsufa Merlot, Safsufa

Sauvignon Blanc, Safsufa Sauvignon Blanc/Chardonnay, Safsufa Shiraz, Sauvignon Blanc Fume, Shiraz, Syrah Reserve, Viognier Reserve, White Canaan, Zinfandel

**DAVID KINOR**

Chardonnay, Gris du Sud, Red/Rose/White

**DECCOLIO**

Moscato Puglia

**DELIKSTAR**

Cabernet Sauvignon, Chardonnay, JP by JP Chenet, Merlot Rose, Merlot Rouge

**DOMAINE NETOFA**

Red Galilee Wine, Rose Galilee Wine, White Galilee Wine

**DON ERNESTO VINEYARDS**

Clarinet, Collage, Crescendo, Vin Gris Rose

**DON FELIPE**

Cabernet Sauvignon, Chardonnay, Merlot, Shiraz

**DON GUILLERMO**

Cabernet Sauvignon, Malbec, Pinot Noir

**DON JULIO**

Cabernet Sauvignon, Chardonnay, Merlot, Shiraz

**DON MENDOZA RESERVA**

Cabernet Sauvignon, Malbec, Merlot

**DUCHESSE DE FRANCE**

Red/Rose/White

**ECLAT DE DIAMANT**

Red/Rose/White

**EFRAT WINECELLARS**

Grape Juice: Red, White

Cabernet Sauvignon Merlot, Chardonnay, Merlot, Riesling, Shiraz, White Zinfandel

**ELIMANU4**

Casa Muestra, Levana, Levana Roble, Ness Rosado, Sangria Pancho, Sito Rioja

**ELLA VALLEY**

Fume Blanc, Petite Sirah-Shiraz

**ELVI WINES**

EL26, Herenza Crianza Rioja, Invita, Mati Rioja, Metodo Tradicional, Ness Blanco

**ELYSEE PALACE**

Grenache Rose, Red/Rose/White, Syrah Red

**EMUNA**

Mehadrin Malbec, Mehadrin Muscat, Mehadrin Red, Semi Sweet White Wine, Sweet Rose

**EXCELLENCE**

Cabernet Sauvignon, Sauvignon Blanc

**FALESCO**

Marciliano, Montiano

**FINCAS MARUMATOK**

Cabernet Sauvignon Malbec, Cabernet Syrah, Chardonnay, Malbec, Tempranillo

**FLECHAS DE LOS ANDES**

Cabernet Sauvignon Syrah, Gran Malbec

**FLEURON ROYAL**

Table Rose Wine, Table White Wine

**FREEZANTE**

Freezante Red, Freezante White, Red, White

**GAFNI**

Muscat Grape Juice

**GEFEN**

Grape Juice: Concord, Muscat

**GEORGES DUBCEUF**

Nouveau Beaujolais

**GEULA**

Grape Juice: Blush, Concord, Golden Red

Matuk Soft Rouge, Royal Red

**GOOSE BAY**

Viognier

**GRAVES RED LA TUILIERE**

Graves Bel air Gallier Rouge

**GRAVES WHITE TUILIERE**

Graves Bel air Gallier Blanc

**GRINALDA**

White Wine, White Wine- Vinho Verde

**GUSH ETZION WINERY**

Blackberry Wine, Cabernet, Merlot, Petit Verdot Blend, Carbenet Franc, Chardonnay Dessert Wine, Dry Chardonnay, Merlot, Shiraz, Sour Cherry Liqueur, Sour Cherry Wine, White Riesling

**HAGAFEN**

Brut Cuvee Sparkling Wine, Cabernet Franc, Cabernet Sauvignon, Couvee de Noirs Sparkling Wine, Merlot, Pinot Noir, Roussanne, Sauvignon Blanc, Syrah, White Riesling,

Zinfandel

**HAI**

Cabernet, Emerald Riesling

**HASOD**

Cabernet Sauvignon, Carmenere

**HAUT-BRETON-LARIGAUDIERE**

Margaux Haut-Breton-Larigaudiere

**HERZOG**

GPS, Lodi Zin Gris, Meritage, Meritage Red Wine, Merlot, Muscat, Petit Sirah, PS II Special Edition, Syrah, Zinfandel

**HERZOG FRENCH**

Baron Rothchild, Bordeaux Merlot, Boukha Fig Brandy, Cellier des Dauphins Merlot Grenache, Chablis Pascal Bouchard, Chablis Beauroy-Pascal Bouchard, Charteau Malartic La Graviere, Chateauf du Pape, Chateau Courtieu, Chateau D'Arveyres, Chateau de Parsac, Chateau Fourcas Dupre, Chateau Guiraud Sauternes, Chateau La Clare, Chateau La Mouline, Chateau Le Crock, Chateau Le Petit Chaban, Chateau Leoville Poyferre, Chateau Montviel Pomerol, Chateau Patris, Chateau Piada Sauternes, Chateau Pontet Canet, Chateau Rollan de By, Chateau Rollan de By, Chateau Royaumont, Chateau Tour Seran, Chateau Valandraud, Chateneuf Rouge, Chateneuf Semi Dry White Bordeaux, Clos Vougeot, Cognac Louis Royer, Cognac Three Star Montaigne, Corton Charlemagne, Coteaux du Triscastin Special Reserve, Cotes du Rhone, De La Grave Dry Red Bordeaux, De La Grave Dry White Bordeaux, Margaux Giscours, Margaux Labegorce, Meursault, Rose Brut, Rose de Clarke, Valflore Semi Dry Red, Vouvray, Vouvray Clos de Noyes

**HEVRON HEIGHTS WINERY**

Chardonnay, Isaac's Ram, Syrah, Tempranillo

**IMPERIAL REMPART**

Gris de Gris, Sauvignon Blanc

**JAUMARD**

Bordeaux Chateau

**JELINEK**

Silver Slivovitz, Williams Pear Brandy

**JERUSALEM WINERY**

Cabernet Shiraz, Gewutztraminer, Merlot, Muscat, Riesling, Sauvignon Blanc, Shiraz Rose

**JEUNESSE**

Black Muscat, Duette, Pink Moscato

**JONATHAN TISHBI SPECIAL RESERVE**

Brandy, Brut, Chardonnay, Merlot

**JP CHENET**

Cabernet Sauvignon, Chardonnay, Merlot Rose, Merlot Rouge

**JUDEAN HILLS**

Red Dry Wine, White Dry Wine

**KEDEM**

Sparkling Grape Juice: *Blush, Catawba, Chardonnay, Concord, Cranberry, Merlot, Peach, Pomegrape, Raspberry, Rose, White*

Grape Juice: *Blush, Concord, Concord All Natural, Concord Organic, Cranberry, Gold Muscat, Golden Red, Kids Fruity, Kids Peachy, Light Concord Beverage, Light White Beverage, Mitz de Moscato, Mitz de Moscato, Mitz de Rouge, Mitzbarie, Peach, Pomegrape, White*

Blanc de Blancs, Blush Concord, Burgundy, Cabernet, Chablis, Cherry Royale, Concord, Concord Kal, Cooking Sherry, Cooking Wine Chardonnay, Cooking Wine Merlot, Cooking Wine Red, Cooking Wine White, Cream Malaga, Cream Niagara, Cream Pink, Cream Red, Cream Rose, Cream Sherry, Cream White, Gold, Kedem Blanc, Kedem Rouge, Malaga, Marsala, Marsala Cooking Wine, Matuk Kal, Matuk Soft Rouge, Muscatel, Pink Champagne, Plum, Port, Sauterne, Sherry, Vermouth Dry, Vermouth Sweet, Vodka, White Champagne

**KEDEM ESTATES**

Blush Chablis, Classic Red, Classic White, De Chaunac, Eshkol Ruby Red, Light White, Riesling Rose

**KINERET**

Cabernet Merlot Franc, Cabernet Sauvignon, Merlot Petite Sirah Shiraz

**KING DAVID**

Concord, Muscat, Red Wine, Sacramental

**KINNERET**

Muscat, Riesling

**KINOR**

Grape Juice: *Muscat, Red, Rose*

**KLEINE DRAGEN**

Grape Juice: *Red Chardonnay, Merlot, Natural Sweet Red, Natural Sweet White,*

THE **TEACHER**

THE **SCHOLAR**

THE **LEADER**

THE **INNOVATOR**

THE **MENTOR**

**THE RAV**

COMMEMORATING THE 20<sup>TH</sup> YAHRZEIT OF  
**RAV YOSEF DOV SOLOVEITCHIK ZT"l**

**Sunday, April 14, 2013**

**Yeshiva University's  
Wilf Campus**

**9:30 a.m. - 3:30 p.m.**

**Full day of discussions, conversations, shiurim,  
multimedia presentations – and an exhibit – on the  
life and impact of Rav Yosef Dov Soloveitchik zt"l**

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**לזכר נשמת הרבנית טובא בת שבת הלוי ע"ה**



ישיבת רבנו יצחק אלחנן

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*Sauvignon Blanc***KRAEMER**

Brut Wine, Demi-Sec Wine,  
Mousseux Brut et Demi-Sec

**KRAMIN**

Dry Red wine, Semi Dry White  
Wine

**L'CHAIM**

Concord Red, Concord White

**LA BOUTEILLE**

Bleue

**LANDSMAN**

Pinot Noir, Syrah, Zinfandel

**LANZUR**

Carmenere, Chardonnay, Rose,  
Sauvignon Blanc

**LATOUR NETOFA**

Red Galilee Wine, White Galilee  
Wine

**LAURENT PERRIER**

Brut Champagne, Champagne  
Blanc, Champagne Laurent, Rose  
Champagne

**LAURENT PERRIER BRUT**

Champagne Blanc/ Rose

**LE LISSE**

Rainbow, Rose Sparkling

**LIERGUES RHONE**

Cabernet Sauvignon Rose, Cotes  
Du Rhone Rouge, L'Excellence,  
L'Excellence Moelleux, Moriah,  
Sauvignon Blanc Vin de Pays d'Oc

**LOUIS BLANC**

Cabernet, Chateau Bazignan,  
Chateau Bel Air Gallier, Chateau  
de Lavagnac Bordeaux Superieur,  
Chateau L'Oree de Bel Air,  
Chateau La Garenne, Chateau La  
Tuillerie de Bel Air, Chateau  
Mayne de Valence Bordeaux  
Superieur, Cotes Du Rhone,  
Etalon Blanc, Etalon Noir Dry,  
Etalon Rose, L'Excellence Dry,  
L'Excellence Semi Dry, Merlot,  
Syrah, Tradition, Tradition Dry,  
Tradition Rouge

**MAAYANE**

Red Bordeaux Superieur

**MANISCHEWITZ**

Grape Juice: *Concord*

*Blackberry Wine, Concord Grape  
Wine, Cream Red Concord, Cream  
White Concord, Malaga, Medium  
Dry Concord, Traditional Cherry*

**MARGAUX DU-COURNEAU**

Margaux Du-Courneau

**MARLBOROUGH HILLS**

Rose, Sparkling Rose

**MARTINS**

Chardonnay

**MERON**

Cabernet Sauvignon/ Merlot

**MOLON LAVE VINEYARDS  
AND WINERY**

Noiret, Riesling

**MONT BLANC**

Red/ Rose/ White

**MONTICELLO WINE**

Blueberry, Cherry, Plum

**MONTS DE FRANCE**

Red/ Rose/ White

**MOSES**

Vodka

**NATURE'S OWN**

Grape Juice: *Regular*

**NETOFA TINTO**

Red Galilee Wine

**NO. 209**

Gin

**NOAH WINERY**

Cabernet Sauvignon, Petite Sirah,  
Riesling, Sauvignon Blanc, Syrah

**NOBLESSE**

Cabernet Sauvignon/Merlot

**O'DWYERS CREEK**

Chardonnay, Sauvignon Blanc

**OHRA**

Grape Juice: *Natural Red,  
Natural White*

Kiddush Wine, Ohra Kal

**PACIFICA**

Meritage

**PACIFICA - EVAN'S  
COLLECTION**

Cabernet Sauvignon, Pinot Noir

**PAVILLON MOUGNEAUX**

Red Bordeaux Superieur

**PEREZ DA COSTA**

Ruby Porto

**PLAZA PRESTIGE**

Red/ Rose/ White

**POUILLY FUME**

White Pouilly Fume

**PRICE D'OR**

Red/ Rose/ White

**PRIMO V ITALY**

Pinot Grigio

**PRINCE GEORGE**

Red/ Rose/ White

**PRINCE GEORGES**

Vin De Pays De Cassan

**PRIVATE COLLECTION**

Cabernet Merlot, Cabernet  
Sauvignon, Cabernet Shiraz,  
Merlot, Sauvignon Blanc

**PRIVATE COLLECTION  
SPARKLING**

Brut

**PRIX**

Melange

**PSAGOT**

Cabernet Frank, Cabernet  
Sauvignon, Chardonnay, Edom,  
Merlot, Port NV, Shiraz, Viognier,  
White Desert

**QUADRI LATERO**

Cabernet Sauvignon, Chardonnay,  
Dolcezza, Merlot, White  
Zinfandel, Zinfandel Blush

**R.W. KNUDSEN**

Grape Juice: *Concord, Sparkling  
Concord*

**RAMON CARDOVA**

Crianza, Rioja

**RASHI**

Grape Juice: *Concord Grape Juice*

Black Muscat, Claret, Concord  
Dry Grape, Joyvin Red, Joyvin  
White, Light Pink Concord, Light  
Red Concord, Light White  
Concord, Moscato D'Asti, Pinot  
Brut, Soft

**REAL IMPERIAL**

Gris du Sud

**RECANATI**

Cabernet Sauvignon, Cabernet  
Franc, Cabernet Sauvignon,  
Carignan, Chardonnay,  
Chardonnay Reserve, Merlot,  
Petit Syrah Zinfandel, Reserve  
Cabernet Sauvignon, Reserve  
Carignan, Reserve Merlot,  
Reserve Petit Syrah Zinfandel,  
Reserve Syrah Viognier, Rose,  
Sauvignon Blanc, Shiraz, Special  
Reserve, Special Reserve White,  
Syrah, Syrah Vigonier, Yasmin  
Red, Yasmin White

**REMPART IMPERIAL**

Cabernet Rose

**RESIDENCE IMPERIALE**

Red/ Rose/ White

**ROYAL WINE**

Petit Verdot

**SABRA LIQUEURS**

Coffee, Orange Brandy, Sabra  
Orange Chocolate

**SANCERRE**

White Sancerre

**SANTERO ITALY**

Asti Spumante, Moscato D'Asti

**SARA BEE**

Puglia Moscato

**SELECTED SPARKLING**

Sparkling

**SELECTED/VINEYARDS  
SELECTED**

Cabernet Sauvignon, Cabernet  
Sauvignon Merlot, Red Wine,  
Riesling, White Zinfandel

**SEVEN SPRINGS BRANDY**

Brandy

**SFORNO**

Cabernet Sauvignon, Monastrell  
Dulce

**SHIRAH**

Bro.Deux - Bordeaux Blend,  
Grenache Syrah, Syrah, The  
Coalition - California Red Wine,  
Thompson Vineyard Syrah/  
Mourvedre, Touriga Nacional/  
Petit Verdot/Syrah

**SILVER CLOUD WINE**

Sparkling Red, Sparkling White

**SITO**

Red Bordeaux Superieur

**SPIRIT OF SOLOMON**

Brandy, Cherry, Cranberry,  
Lemon, Slivovitz, Sweet Fire,  
Triple Sec, Wishniak

**ST. EMILLION GRAND CRU  
CHEVAL BRUN**

Saint Emilion Grands Crus  
Cheval Brun

**ST. EMILLION GRAND CRU  
LE CLOS DES MENUTS**

Saint Emilion Grands Crus Clos  
des Menuts

**ST. EMILLION GRAND CRU  
TOUR DE BALADOZ**

Saint Emilion Grand Cru

**STAR OF ABRAHAM**

New York Champagne

**SWEET WINE**

Caesarea- Sweet Red Wine,  
Pumpedita

**TAL**

Malvasia Lazio

**TAM PREE**

Sparkling Grape Juice: *Catawba, Concord, Peach, Rouge*

Grape Juice: *with Sugar Tokay*

**TAM PREE LIGHT**  
White Concord

**TAVEL**  
Rose

**TEAL LAKE**  
Moscato D'Aussie

**TEKIAH**  
Cabernet Sauvignon, Syrah

**TEPERBERG SELECTION**  
Chardonnay Sauvignon, Meritage

**TERRA VEGA**  
Cabernet Sauvignon, Chardonnay, Chirza, Merlot, Rose, Sauvignon Blanc, Shiraz, Shiraz-Cabernet Sauvignon

**TERRENAL**  
Cabernet Sauvignon, Garnacha, Merlot, Tempranillo

**TERRENAL SPAIN**

Tempranillo

**TERROSO**  
Macabeo

**TERROSO SPAIN**  
Merlot

**TEVA & GAMLA**  
Muscato - Sweet White Wine

**THE ABARBANEL**  
Red/ Rose/ White

**THE CAVE**  
Cave Dry Red Wine

**TIERRA SALVAJE SPAIN**  
Mobnastrell

**TISHBI**  
Chenin Blanc

**TISHBI ESTATE**  
Cabernet Sauvignon, Pinot Noir, Riesling, Sauvignon Blanc

**VEUVE ALBAN**  
Brut Wine, Demi-Sec Wine, Mousseux Brut et Demi-Sec

**VICONTY**

Red/ Rose/ White

**VICTOR CAVES & DOMAINES**  
Chardonnay, Malvasia Semi Dry Wine, Merlot

**VIGNE DE TERRACINO**  
Rosato, Spumante Rosso-Sparkling Rose, Spumnte Bianco Secco, Trebbiano

**VILLA DIJULIANN**  
Moscato

**WEINSTOCK**  
Petit Sirah, Pink by W, White by W

**WEINSTOCK CELLAR SELECT**  
Alicante Bouschet, Cabernet Franc, Petit Sirah, Petit Syrah, Zinfandel

**YATIR WINERY**  
Forest, Merlot Shiraz Cabernet, Viognier

**YAYIN**  
Blush Chablis, Classic Red, Cream White, Rouge Wine

**YEKEV TURA**

Blanc Cabernet Merlot, Cabernet Sauvignon, Fortura, Merlot

**YIKVEI ZION**  
Grape Juice: *Blue, Saba, Saba Muscat*

Apirion Wine, Arak, Cabernet, Cabernet Merlot, Etzion Rose Semi Dry Wine, Etzion Sweet Wine, Gan Eden Wine, Lemon Vodka, Low Alcohol Wine, Merlot, Merlot Petite Syrah, Red Etzion Dry Wine, Riesling, Slivovitz, Timor Red Dessert, Timor White Dessert, Vodka, White Etzion Dry Wine, White Etzion Semi Dry Wine

**YOGEV**  
Cabernet & Merlot, Cabernet & Shiraz, Cabernet Sauvignon, Malbec & Carignan- Rose Wine, Sauvignon Blanc & Chardonnay

**ZACHLAWI**  
Arak, Fig Arak, Sweet Potato Vodka, Vodka

**ZWACK**  
Slivovitz

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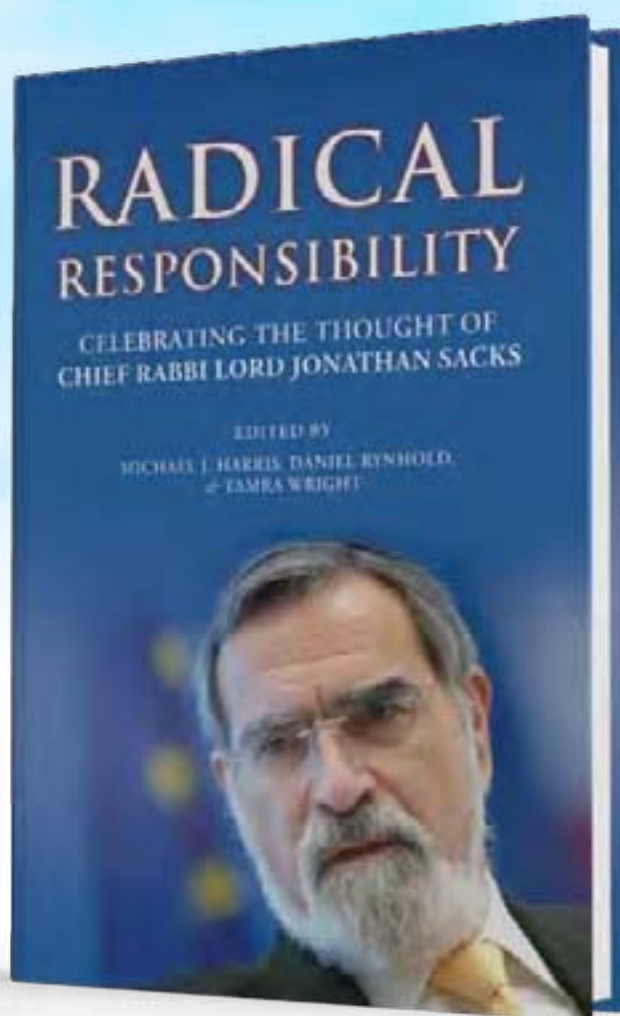
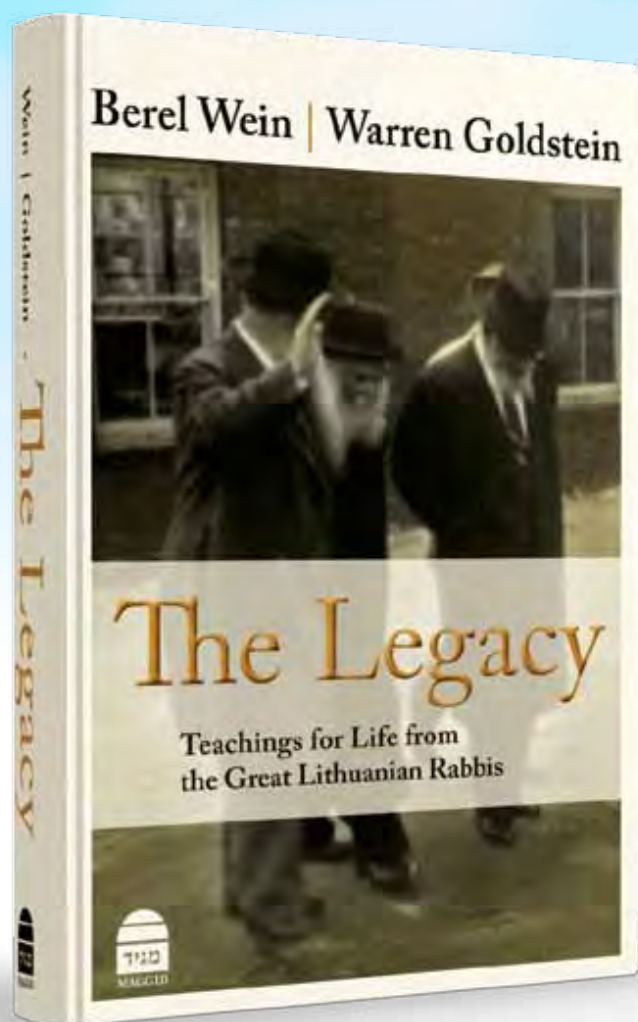


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# Guidelines for Medicines

**1** Known and tested medications in the form of creams, non-chewable pills and injections may be owned, used and consumed on Passover, even if they contain *chametz* or *kitniyot*, since they are inedible. This covers most medicines used by adults.

If an equally effective *chametz*-free alternative is available or procurable, this should be used instead.

**a.** It is permissible to grind pills and mix the powder into food items so that a child can take medicine on Passover. However, a doctor must be consulted to make sure that the child is getting the correct dosage and that the potency of the pill is not compromised by altering its consistency.

**2** Liquid medicines, chewable pills and pills coated with a flavored glaze are considered palatable and may contain *chametz*. Also Gelpcaps may present a problem because they may contain non-kosher edible gelatin. Therefore:

**a.** If possible, they should be replaced — under the direction of a doctor — with a non-chewable, uncoated pill.

**b.** If substitution is not possible and the person is in a state of *sakanah* or *safek sakanah* (any possible danger to human life), the medica-

tion may be owned and consumed. The same applies if the condition is not yet a *safek sakanah* but may deteriorate to that point.

A Rabbi should be consulted as to whether it is preferable to purchase the medicine before or on Passover, and as to how to dispose of the medicine once the danger passes.

**c.** If substitution is not possible and a doctor determines that there is no possibility of *sakanah* if the person does not take the medicine, a Rabbi should be consulted. He may be able to determine that the medicine does not contain *chametz* and/or *kitniyot*, or he may decide that the medicine may be consumed due to the seriousness of the patient's condition.

**3** In many cases, medicinal items which contain *kitniyot* are permitted for people who are ill. Questions on this issue should be directed to your Rabbi.

**4** You should exercise extreme caution and consult with your doctor and Rabbi before making a decision not to take a medicine.

**5** These guidelines do not address the more general prohibition of consuming medicines on *Shabbat* and *Yom Tov*.



*The product brands listed below are not certified Kosher for Passover by the OU. Nonetheless, the OU has identified these products as halachically acceptable for infants and those who are ill.*

# Infant Formula, Nutritional & Dietary Supplements



## INFANT FORMULAS

Alsoy  
America's choice  
Baby Basics  
Bear Essentials  
Belacta  
Berkley & Jensen  
Bright Beginnings  
CVS  
Daily Source  
Discount Drug  
EnfaCare  
Enfalac  
Enfalyte  
Enfamil  
Enfapro  
Follow-Up  
Food Lion  
Full Circle  
Giant  
H-E-B  
Hannaford  
Heinz Nurture  
Home 360 Baby  
Hy-Vee  
Isomil  
Kirkland Signature  
Kozy Kids

Kuddles  
Lactofree  
Laura Lynn  
Life Brand  
Little Ones  
Ameijer  
Member's Mark  
Mother's Choice  
My Organic Baby  
Nature's Place  
Nestle Good Start  
Next Step  
Nutra Enfant  
O Organic Baby  
Parent's Choice  
Pathmark  
PBM Solutions  
Premier Value  
President's Choice  
Price Chopper  
ProSobee  
Publix  
Rite Aid  
Safeway Select  
Shopko  
Similac  
Supervalu  
Supreme

Target  
Top Care  
Topco  
Up & Up  
Vermont Organics  
Walgreens  
Wegmen's  
Western Family

## PEDIATRIC SUPPLEMENTS

Boost Kid Essentials  
D-Vi-Sol (U.S. & Canada)  
Enfamil 5% Glucose Water  
Fer-In-Sol (R) Drops  
Poly-Vi-Sol (R) Drops  
Tri-Vi-Sol (R) Drops  
Resource Just for Kids with  
Fiber

## MEDICAL NUTRITIONAL SUPPLEMENTS

Arginaid  
Arginaid Extra  
Benecalorie  
Beneprotein  
Boost Glucose Control

Boost High Protein  
Boost Kid Essentials  
Boost Kid Essentials 1.0  
Boost Kid Essentials 1.5  
Boost Kid Essentials with  
Fiber  
Boost Nutritional Pudding  
Boost Plus  
Diabetisheid  
Diabetisource AC  
Dietsource Sweet N' Free  
Sugar Free Drink Mix  
Ensure (not Ensure Fiber  
with FOS)  
Ensure Complete Nutrition  
Shake  
Ensure Complete  
Therapeutic Nutrition  
Ensure Enlive  
Ensure Flavored Powder  
Ensure Glucerna OS  
Ensure Healthy Mom  
Shake  
Ensure High Calcium  
Shake  
Ensure High Protein Shake  
Ensure HN  
Ensure Homemade Shake

Ensure Plus  
 Ensure Plus HN  
 Ensure Plus HN Drink  
 Ensure Plus Next  
     Generation  
 Ensure Shake  
 Isocal Globe  
 Isosource VHN  
 Jevity (except Jevity 1.2  
     and 1.5)  
 Liquid Diabetisource AC  
 Liquid Fibersource HN  
 Liquid Fibersource  
     with Nutrishield  
 Liquid Isosource  
 Liquid Isosource HN  
     with Fiber  
 Liquid Isosource  
     with Nutrishield  
 Nepro  
 Nepro Vanilla  
 Nepro with Carb Steady  
     Flavored  
 Novasource 2.0  
 Novasource Renal  
 Nutra Balance  
 Nutra Focus  
 Nutren (Product line)  
 Nutritious Drink Mix  
 Nutritious Pudding  
 Optifast 800  
 Optifast 800 Soup  
 Optifast HP Drink Mix  
 Optitrim  
 Osmolite (unflavored)  
 Osmolite Fiber  
 Osmolite HN (unflavored)  
 Oxepa  
 PBM  
 Pediasure Vanilla Powder  
 Pediatric Electrolyte  
     Solution  
 Peptamen  
 Peptinex  
 Polydose  
 Promote (except Promote  
     with fiber)  
 Pulmocare  
 Resource 2.0  
 Resource Benefiber  
 Resource Boost Breeze  
 Resource Boost Fruit

Flavored Beverage  
 Resource Dairy Thick  
 Resource Diabetic  
 Resource Diabetishield  
 Resource Frosty Thick  
 Resource Fruit Beverage  
 Resource Glutasolve  
 Resource Health Shake  
 Resource Health Shake  
     No Sugar  
 Resource Just for Kids  
     with Fiber  
 Resource Milk Shake Mix  
 Resource Optisource High  
 Protein Drink  
 Resource Plus  
 Resource Sweet N' Free  
     Sugar Free Drink Mix  
 Resource Thicken Up  
 Resource Thickened Coffee  
     Powder  
 Resource Thickened Juice  
 Resource Thickened Water  
 Shake Plus  
 Suplena  
 Tow-Cal HN  
 Ultracal  
 Vivonex Pediatric  
 Vivonex Plus  
 Vivonex Ready to Feed  
 Vivonex Ten

### SOY MILK

**ORIGINAL:**  
 365 Everyday Value  
     (Original, Light, and  
     Unsweetened)  
 Best Choice Clearly Organic  
 Fit & Active Organic  
 Fit & Active  
 Fresh & Easy Soysense  
 Giant  
 Green Way  
 Harris Teeter Naturals  
     Organic  
 Harvest Farms  
 Hy-Vee  
 Krasdale Organic  
 Market Basket  
     Unsweetened  
 Meijer  
 Natural Directions Organic

Nature's Place  
 Nature's Promise Organic  
 O Organics  
 O Organics  
 Shop Rite Organic  
 Shop Rite  
 Smart Menu Organic  
 Stop & Shop  
 Western Family Aseptic  
 Winn-Dixie Organic  
**ORIGINAL ENRICHED:**  
 Brighton Falls  
 Full Circle  
 Hy-Vee Health Market  
 Market Basket  
 Our Family  
 Price Chopper  
 Roundy's  
 Soy Dream  
 SoySense  
 Wild Harvest

### ALMOND MILK

**ORIGINAL:**  
 365 Everyday Value  
 AlmondSense  
 Essential Everyday  
 FredMeyer  
 Fresh & Easy  
 Friendly Farms  
 Full Circle  
 Harris Teeter  
 H-E-B  
 Hy-Vee  
 King Soopers  
 Kroger  
 Laura Lynn  
 Market Basket  
 Meijer  
 Natural Directions  
 Nature's Place  
 Price Chopper  
 Ralphs  
 Roundy's  
 Shop Rite  
 Sunnyside Farms  
 Trader Joe's  
 Tree Of Life  
 Winn-Dixie

### RICE MILK

**ORIGINAL:**

Clearly Organic  
 Harris Teeter  
 RiceSense  
 Full Circle  
 Hy-Vee  
 Krasdale Organic  
 Meijer  
 Nature's Place  
 Shop Rite  
 Market Basket  
 Nature's Promise  
 Price Chopper  
 RiceSense  
 Wild Harvest  
 Rice Dream –  
     (unsweetened only)

### PLEASE NOTE THE FOLLOWING POINTS:

- > *Many of the products contain kitniyot, some as the primary ingredient.*
- > *Some of the products may contain minor ingredients that are possibly, though unlikely, produced from chametz-based raw materials. All such ingredients are used at a less than 1:60 ratio.*
- > *Liquid versions of these products are preferable to their powdered counterparts.*
- > *Products that contain flavors should only be provided when no unflavored alternative exists.*
- > *Products should be purchased before Passover and be maintained segregated from kosher for Passover foods.*
- > *Materna brand infant formula from Israel, under the Passover certification of the BaDatz is available in some markets in the USA. Consult your doctor before changing infant formula.*

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# Non-Food Items



*The consensus of the OU's poskim (rabbinic authorities) is that the following may be used on Passover without certification:*

Aluminum foil  
Aluminum foil baking pans  
Baby ointments  
Bags (paper or plastic)  
Body wash  
Bowl and tub cleaners  
Candles  
Cardboard  
Carpet cleaners  
Charcoal  
Conditioners  
Copper and metal cleaners  
Cork  
Cosmetics (*except possibly lipsticks, see below*)  
Cupcake holders  
Cups (paper, plastic or styrofoam)  
Detergents  
Dishwashing Detergents

Drain openers  
Fabric protectors  
Furniture polish  
Glass cleaners  
Hair gels, sprays and mousse  
Hair removers and treatments  
Insecticides  
Isopropyl alcohol  
Jewelry polish  
Laundry detergents  
Lotions  
Napkins (paper)  
Oven cleaners  
Paper towels  
Perfumes  
Plastic containers  
Plates (paper, plastic or styrofoam)  
Scouring pads and powders

Shampoos  
Shaving cream and gel  
Shaving lotion  
Silver polish  
Skin cream  
Soaps  
Deodorant  
Suntan lotion  
Talcum powder (100% talc)  
Toilet bowl cleaner  
Water filters



**Oral Hygiene (Toothpaste, Mouthwash) & Flavored Lip Treatment (Lipstick, Lip Balm) Products:**

*Rabbinical authorities disagree as to whether kosher certification of these items is required (both for Passover and year-round). Consult your Rabbi. Please see product pages for OU certified Toothpaste.*

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# Food Round-Up

## CONSUMER GUIDE

### Alcoholic Beverages

Alcoholic beverages must be certified to be used for Passover. There are numerous issues involving what the alcohol is made from, the equipment it is produced in, and the fermentation process itself. We encourage all kosher consumers to find alcoholic beverages with reliable certification.

### Baby Rice Cereals

Rice is *kitniyot*, but is permitted for consumption by infants. However, manufactured baby rice cereals can contain actual *chametz*.

Here is a recipe to prepare rice cereal at home:

1. 1/4 cup rice powder (brown or white [not enriched] rice ground in blender, food processor, or coffee grinder).
2. 1 cup water.
3. Bring liquid to boil in saucepan. Add the rice powder while stirring constantly.
4. Simmer covered for 10 minutes, mix in formula or breast milk and fruits if desired.
5. Serve warm.

### Bottled Water

All unflavored bottled water is kosher for Passover, even without any kosher supervision.

### Brown Sugar

Brown sugar often shares tanks with items

that contain *chametz* and therefore requires special Passover certification.



### Canola Oil

Canola oil, which is a form of rapeseed oil, should be considered *kitniyot*.

### Coffee

**REGULAR GROUND COFFEE:** All regular ground coffees are acceptable for Passover use when bearing an Ⓞ.

**DECAFFEINATED COFFEE:** Coffee is often decaffeinated by means of ethyl acetate, which is derived from either *kitniyot* or *chametz*. Therefore, decaffeinated coffees are not acceptable for Passover unless specifically listed in the white or gray pages of this *Guide*.

**INSTANT COFFEE:** Instant coffees often contain maltodextrin, which is derived from either corn (*kitniyot*) or wheat (*chametz*). Therefore, all instant coffees require special Passover certification unless explicitly mentioned in the white or gray pages of this *Guide*.



## Dairy Foods

Dairy foods are particularly kosher-sensitive due to the prevalence of enzymes, stabilizers, flavors and vitamins which are made from *chametz* and *kitniyot* and are present in most dairy products. Although plain whole, low-fat and skim milk (fresh—not long shelf-life) may be purchased before Passover without special certification, it is proper not to purchase it during Passover unless reliably certified for Passover. All other dairy products require reliable Passover certification regardless of when they are purchased.



## Dried Fruits

Dried fruits are usually treated with oils derived from *kitniyot* and therefore require Passover certification.

### Extra Virgin Olive Oil

All cold-pressed extra virgin olive oils are Kosher for Passover, even without special supervision. All other oils (including pure olive oil) require a reliable kosher certification.

### Frozen Fish

Due to the frequent application of glazes to raw fish, it should be purchased only with reliable kosher supervision.

### Frozen Fruits and Vegetables

Frozen vegetables are washed in water that often contains anti-foaming agents, which are not appropriate for Passover use. Moreover, some companies also pack pasta products on shared packing machinery. Therefore, frozen vegetables require Passover certification.

However, these issues are not a concern at facilities that process frozen fruit, which does not require Passover certification.

## Gluten Allergies

Regretfully, because one can only perform the mitzvah of eating matzah at the *Seder* with a matzah that is made from one of the five varieties of grain (barley, wheat, rye, oats, and spelt), eating matzah using any of the other flours that are gluten free would still not enable one to fulfill the mitzvah.

Some people with the gluten allergy use either oat matzah or spelt matzah. While not completely gluten-free, oat matzah is especially soluble and easy to digest. Those with this allergy should discuss the matter with their allergist and Rabbi.

Lakewood Matzoh Bakery has both hand and machine matzah *shmurah*, baked under GFCO (Gluten Free Certification Organization) supervision. This matzah is not OU-certified.

To place an order, contact: Lakewood Matzoh Bakery, 501 Prospect Street, Uit 104B, Lakewood, NJ 08701. Tel: 732.364.8757. Fax: 732.364.4250. email: sales@lakewoodmatzoh.com. Website: lakewoodmatzoh.com.

As always, if the performance of a mitzvah such as eating matzah at the *Seder* would cause a life-threatening allergic reaction, clearly the mitzvah should not be performed. If the allergic reaction, while severe, would not be life-threatening, ask your Rabbi.

## Lactose Intolerance

Lactaid production is likely to involve *chametz*. This renders chewable lactaid tablets problematic. However, our Rabbinical authorities have decided that lactaid milk is permissible if purchased before Passover since any *chametz* contained within Lactaid milk would be nullified (*bateil*).

Lactaid non-chewable tablets are more complicated. Many Rabbis permit non-chewable vitamins and supplements without regard to their kosher status. According to such opinions, one may take these tablets just like any other non-chewable pill. Other Rabbinical authorities believe that vitamins and supplements are akin to food even when swallowed. According to this opinion one may take the lactaid tablet when wrapped, for example, in tissue paper. However, one who is unable to do that may swallow the tablet without wrapping it, and rely on the lenient authorities, since milk is such an important health need. Ask your Rabbi for guidance.





## Lemon Juice

Lemon juice may be processed on the same equipment as products that contain *chametz* and *kitniyot*. Therefore, only those brands listed in the gray pages of this *Guide* may be used.

## Meat and Poultry

All kosher certified raw unprocessed meat and poultry that contain no other ingredients do not require special Passover certification and therefore may be used for Passover.



## Nuts

Raw nuts in their shell do not require Passover certification. Shelled nuts that list BHA or BHT (preservatives) in the ingredients require special Passover certification as they are sprayed on the nuts using corn derivatives (*kitniyot*).

## Peanuts

There are various customs regarding the use of peanuts and peanut products. Ask your Rabbi if you are unsure. The OU does not certify peanut products for Passover.

## Quinoa

There is a difference of opinion among Rabbinic decisors (*machloket ha-poskim*) as to whether quinoa is considered *kitniyot*. Ask your Rabbi for his guidance.

Additionally, while quinoa is not one of the five grains that can create *chametz* (wheat, oat, barley, spelt and rye), and quinoa is not grown in the same vicinity as the grains mentioned above, the processing of quinoa is sometimes done at the same location where they process wheat and wheat flour. It is highly doubtful that the mills are effectively cleaned between grains. The concern of wheat flour or particles finding their way into the quinoa flour would be a serious one.

## Salt

Salt that is iodized by means of a corn derivative is *kitniyot* and therefore iodized salt requires Passover

certification. Un-iodized salt does not require Passover certification, nor does sea salt.

## Soy Milk

Anyone for whom it is necessary to consume *kitniyot* may drink these products.

However, because we are unable to verify the kosher for Passover status of the equipment on which they are produced, we recommend purchasing these items before Passover, at which point any traces of *chametz* would be *batel* (nullified).

## Spices

Ground spices require Passover certification as they can be processed on equipment that contains *chametz* and can also be adulterated with *kitniyot* or *chametz*.

## Splenda

While the OU does certify Splenda for year-round use, Splenda is not certified Kosher for Pzassover as it contains *kitniyot*.

There is an industrial kosher for Passover Splenda, but it is not available for consumers.

## Wine

Please note that not all Ⓢ kosher wines are certified for Passover use. Some wines, Ⓢ certified and otherwise, are made with flavorings and colorings to improve the bouquet and the color. Some of these wines do contain *kitniyot*, and therefore are not marked for Passover use. But the vast majority of Ⓢ certified wines are Ⓢ<sup>P</sup>, and do not contain *chametz* or *kitniyot* flavors or sweeteners.

Please be sure to check wine labels carefully before purchasing.



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Where?

What ages?

How long?

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# Sefirat Ha'Omer

*Sefirah* is the counting of seven complete weeks from the second evening of Passover until *Shavuot*. The count, which takes place after nightfall for the following day, is preceded by the blessing only if done in the evening and no days have been missed in the count.

count at night, you may count all of the next day – but without a blessing. You may resume counting the next evening with a blessing.

Visit [www.ou.org](http://www.ou.org) to receive an email each day, reminding you which day of the *sefirah* to count that evening. Emails are electronically pre-programmed to go out on each of the 49 days of the *sefirah*.

{ Sign up for the OU Sefirah Reminder daily email at [ou.org/sefirah](http://ou.org/sefirah)

NOTE: if you forget to

ברוך אתה ה' א-לקינו מלך העולם, אשר קדשנו במצותיו וצונו על ספירת העומר.

**היום יום אחד לעומר.** TUES. EVENING MARCH 26 **1**

הרחמן, הוא יחזיר לנו עבודת בית המקדש למקומה, במהרה בימינו. אמן סלה.

היום שני ימים לעומר.	WED. EVENING	MARCH 27	<b>2</b>
היום שלשה ימים לעומר.	THURS. EVENING	MARCH 28	<b>3</b>
היום ארבעה ימים לעומר.	FRI. EVENING	MARCH 29	<b>4</b>
היום חמשה ימים לעומר.	SAT. EVENING	MARCH 30	<b>5</b>
היום ששה ימים לעומר.	SUN. EVENING	MARCH 31	<b>6</b>
היום שבועה ימים, שהם שבוע אחד, לעומר.	MON. EVENING	APRIL 1	<b>7</b>
היום שמונה ימים, שהם שבוע אחד ויום אחד, לעומר.	TUES. EVENING	APRIL 2	<b>8</b>
היום תשעה ימים, שהם שבוע אחד ושני ימים, לעומר.	WED. EVENING	APRIL 3	<b>9</b>
היום עשרה ימים, שהם שבוע אחד ושלשה ימים, לעומר.	THURS. EVENING	APRIL 4	<b>10</b>
היום אחד עשר יום, שהם שבוע אחד וארבעה ימים, לעומר.	FRI. EVENING	APRIL 5	<b>11</b>
היום שנים עשר יום, שהם שבוע אחד וחמשה ימים, לעומר.	SAT. EVENING	APRIL 6	<b>12</b>
היום שלשה עשר יום, שהם שבוע אחד וששה ימים, לעומר.	SUN. EVENING	APRIL 7	<b>13</b>
היום ארבעה עשר יום, שהם שני שבועות, לעומר.	MON. EVENING	APRIL 8	<b>14</b>
היום חמשה עשר יום, שהם שני שבועות ויום אחד, לעומר.	TUES. EVENING	APRIL 9	<b>15</b>

היום ששה עשר יום, שהם שני שבועות ושני ימים, לעומר.	WED. EVENING	APRIL 10	<b>16</b>
היום שבעה עשר יום, שהם שני שבועות ושלשה ימים, לעומר.	THURS. EVENING	APRIL 11	<b>17</b>
היום שמונה עשר יום, שהם שני שבועות וארבעה ימים, לעומר.	FRI. EVENING	APRIL 12	<b>18</b>
היום תשעה עשר יום, שהם שני שבועות וחמשה ימים, לעומר.	SAT. EVENING	APRIL 13	<b>19</b>
היום עשרים יום, שהם שני שבועות וששה ימים, לעומר.	SUN. EVENING	APRIL 14	<b>20</b>
היום אחד ועשרים יום, שהם שלשה שבועות, לעומר.	MON. EVENING	APRIL 15	<b>21</b>
היום שנים ועשרים יום, שהם שלשה שבועות ויום אחד, לעומר.	TUES. EVENING	APRIL 16	<b>22</b>
היום שלשה ועשרים יום, שהם שלשה שבועות ושני ימים, לעומר.	WED. EVENING	APRIL 17	<b>23</b>
היום ארבעה ועשרים יום, שהם שלשה שבועות ושלשה ימים, לעומר.	THURS. EVENING	APRIL 18	<b>24</b>
היום חמשה ועשרים יום, שהם שלשה שבועות וארבעה ימים, לעומר.	FRI. EVENING	APRIL 19	<b>25</b>
היום ששה ועשרים יום, שהם שלשה שבועות וחמשה ימים, לעומר.	SAT. EVENING	APRIL 20	<b>26</b>
היום שבעה ועשרים יום, שהם שלשה שבועות וששה ימים, לעומר.	SUN. EVENING	APRIL 21	<b>27</b>
היום שמונה ועשרים יום, שהם ארבעה שבועות, לעומר.	MON. EVENING	APRIL 22	<b>28</b>
היום תשעה ועשרים יום, שהם ארבעה שבועות ויום אחד, לעומר.	TUES. EVENING	APRIL 23	<b>29</b>
היום שלשים יום, שהם ארבעה שבועות ושני ימים, לעומר.	WED. EVENING	APRIL 24	<b>30</b>
היום אחד ושלשים יום, שהם ארבעה שבועות ושלשה ימים, לעומר.	THURS. EVENING	APRIL 25	<b>31</b>
היום שנים ושלשים יום, שהם ארבעה שבועות וארבעה ימים, לעומר.	FRI. EVENING	APRIL 26	<b>32</b>
היום שלשה ושלשים יום, שהם ארבעה שבועות וחמשה ימים, לעומר.	SAT. EVENING	APRIL 27	<b>33</b>
היום ארבעה ושלשים יום, שהם ארבעה שבועות וששה ימים, לעומר.	SUN. EVENING	APRIL 28	<b>34</b>
היום חמשה ושלשים יום, שהם חמשה שבועות, לעומר.	MON. EVENING	APRIL 29	<b>35</b>
היום ששה ושלשים יום, שהם חמשה שבועות ויום אחד, לעומר.	TUES. EVENING	APRIL 30	<b>36</b>
היום שבעה ושלשים יום, שהם חמשה שבועות ושני ימים, לעומר.	WED. EVENING	MAY 1	<b>37</b>
היום שמונה ושלשים יום, שהם חמשה שבועות ושלשה ימים, לעומר.	THURS. EVENING	MAY 2	<b>38</b>
היום תשעה ושלשים יום, שהם חמשה שבועות וארבעה ימים, לעומר.	FRI. EVENING	MAY 3	<b>39</b>
היום ארבעים יום, שהם חמשה שבועות וחמשה ימים, לעומר.	SAT. EVENING	MAY 4	<b>40</b>
היום אחד וארבעים יום, שהם חמשה שבועות וששה ימים, לעומר.	SUN. EVENING	MAY 5	<b>41</b>
היום שנים וארבעים יום, שהם ששה שבועות, לעומר.	MON. EVENING	MAY 6	<b>42</b>
היום שלשה וארבעים יום, שהם ששה שבועות ויום אחד, לעומר.	TUES. EVENING	MAY 7	<b>43</b>
היום ארבעה וארבעים יום, שהם ששה שבועות ושני ימים, לעומר.	WED. EVENING	MAY 8	<b>44</b>
היום חמשה וארבעים יום, שהם ששה שבועות ושלשה ימים, לעומר.	THURS. EVENING	MAY 9	<b>45</b>
היום ששה וארבעים יום, שהם ששה שבועות וארבעה ימים, לעומר.	FRI. EVENING	MAY 10	<b>46</b>
היום שבעה וארבעים יום, שהם ששה שבועות וחמשה ימים, לעומר.	SAT. EVENING	MAY 11	<b>47</b>
היום שמונה וארבעים יום, שהם ששה שבועות וששה ימים, לעומר.	SUN. EVENING	MAY 12	<b>48</b>
היום תשעה וארבעים יום, שהם שבעה שבועות, לעומר.	MON. EVENING	MAY 13	<b>49</b>

# Shavuot

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